# MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES NASHIK

1<sup>ST</sup> YEAR BASIC B.Sc. NURSING SYLLABUS 2005-2006

# ENGLISH

## **Placement:** First year

#### Theory - 60 Hours

**Course description:** The course is designed to enable students to enhance ability to comprehend spoken and written English (and use English) required for effective communication in their professional work. Students will practice their skills in verbal and written English during clinical and classroom experience.

Specific objectives: At the end of the course the students are able to:

- 1) Develop good vocabulary skills or better communication.
- 2) Effectively communicates with patients while rendering care.
- 3) Understands methods of writing and drafting letters in English.
- 4) To plan and write effective nursing process and records.

Unit	Time (Hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
Ι	10	• Speak & write grammatic ally correct English	<ul> <li>Review of Grammar</li> <li>Remedial study of grammar</li> <li>Building Vocabulary</li> <li>Lexical sets</li> </ul>	<ul> <li>Demonstrate use of grammar Dictionary</li> <li>Exercise on use of Grammar</li> <li>Practice in using appropriate expression</li> </ul>	<ul> <li>Objective type</li> <li>Fill in the blanks</li> <li>Do as directed</li> </ul>
Π	4	<ul> <li>Developi ng listening skills</li> </ul>	<ul> <li>Listening Comprehensio n</li> <li>Media, audio, video, speeches etc.</li> <li>Audio rendition of text.</li> </ul>	<ul> <li>Exercise on:</li> <li>Listening to audio, video tapes and identify the key points, accent &amp; information pattern</li> </ul>	• Assessment of skills based on the check list
III	6	• Developi ng speaking skills	<ul> <li>Spoken English Phonetics, public speaking</li> <li>Oral report</li> <li>Group Discussion</li> <li>Debate</li> <li>Telephonic Conversion</li> <li>Conversationa I skills (Formal,</li> </ul>	<ul> <li>Exercise on:</li> <li>Debating</li> <li>Participating in Seminar, Panel, Symposium</li> <li>Telephonic Conversion</li> <li>Conversation in different situations, practice in public speaking</li> </ul>	• Assessment of the skills based on the checklist.

Unit	Time (Hrs)	Learning Objectives	Objectives		Assessment Methods	
IV	30	• Develop ability to read, understan d and express meaningf ully, the prescribe d text.	<ul> <li>Neutral &amp; informal situation)</li> <li>Read and comprehend prescribed course books</li> <li>Skimming &amp; Scanning</li> <li>Reading in sense groups</li> <li>Reading between the lines.</li> </ul>	Exercise on: • Reading • Summarizing • Comprehension	<ul> <li>Short Answers type questions.</li> <li>Essay type questions.</li> </ul>	
V	10	• Develop writing skills	<ul> <li>Various forms of composition</li> <li>Letter writing</li> <li>Note making &amp; Note takings</li> <li>Précis writings</li> <li>Nurses Notes</li> <li>Anecdotal records</li> <li>Diary writing</li> <li>Reports on health problem</li> <li>Resume /CV</li> <li>Notices, Agenda, minutes</li> <li>Telegram</li> <li>Essay</li> </ul>	<ul> <li>Exercise on:</li> <li>Letter writing</li> <li>Note making &amp; Note takings</li> <li>Précis writings</li> <li>Précis writings</li> <li>Nurses Notes</li> <li>Anecdotal records</li> <li>Diary writing</li> <li>Reports on health problem</li> <li>Resume /CV</li> <li>Notices, Agenda, minutes, telegram, essay</li> <li>Discussion on written reports / documents</li> </ul>	• Assessment of the skills based on the checklist.	

#### Further suggested teaching learning activities

Unit I

- > GRAMMER AND VOCABULARY
  - Revising parts of speech
  - Pairs of confused words, synonyms & Antonyms
  - Lexical sets & collocations
  - Using appropriate words and expressions

Unit II

#### > LISTENTING SKILLS

- Audio rendition of British & American Dialects of English.
- Students listening to cassettes.
- Teachers reading the loudly.

Unit III

#### > SPEAKING SKILLS

- Pronunciation.

- Accentual & intonation pattern.
- Maxims of conversational skills.

#### Unit IV

#### READING SKILLS

- Text:
- 1. Developing your English by Gokhale & Robinson
- 2. Discourse skills in English by Grace Jecob, Narkar & Halliday
- 3. Eight short stories by K.N. Vasudeva Panikkar
  - Skimming & Scanning, reading in sense group.
  - Avoiding Clumsiness & ambiguities
    - Example: (Indian wives eat after eating their husbands)

#### Unit V

- > WRITING SKILLS
  - Choice of words and structures for effective writing Example: Nurses make a lot of money. It is nurses who make a lot of money.
  - Punctuation
    - Example: Hang, not leave him. Hang not, leave him.
    - Organization of material effectively.

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- 3. Enriching your competence in English, by Thorat, Valke, Orient Publication, Pune
- 4. English Grammar & Composition Wren & Martin, S. Chand Publications-2005, Delhi.
- 5. Selva Rose, Carrier English for Nurses, 1<sup>st</sup> edition -1999, published by Orient Long man Pvt. Ltd. 1997, Chennai.

### **Evaluation Scheme:**

Subject	Hours	Internal Assessment	Total
* English		100	100
_		(College level qualifying exam, minimum	
		passing Marks 40%.)	

\* College level qualifying exam to appear in University Examination, minimum passing Marks 40%.

Details as follows:

#### Internal Assessment: 100 Marks

(Out of 100 Marks from mid-term & prelim to be send to the University along with Internal Assessment Marks of other subjects for inclusion in the Mark Sheet.)

Mid-Term:	50 Marks
Prelim:	50 Marks
Total:	100 Marks

# **ANATOMY AND PHYSIOLOGY**

Theory - Anatomy : 60 Physiology : 60

#### **Placement : First Year**

**Course Description** -The course is designed to assist students to acquire the knowledge of the normal structure of human body & functions. To ensure the students to understand the alternation in anatomical structure and function in disease and practice of Nursing.

**Specific objectives** – At the end of the course the students will be able to:

- 1) Describe the general structure and functions of the body as a whole.
- 2) Describe the general and microscopic structure and functions of each system of the body.
- 3) Explain the macroscopic and microscopic structure and functions of each organs of the body.
- 4) Understand the effects of alterations in structures and functions of as whole.
- 5) Apply the knowledge of anatomy and physiology in the practice of nursing.

## Anatomy

Theory – 60 hours (Class 40+ lab 20 hours)

UNIT	HRS	LEARNING OBJECTIVE	CONTENTS	TEACHING LEARNING ACTIVITIES	ASSESSMENT METHODS
I Introduction	<b>6 Hrs</b> T = 5 P = 1	Describe the anatomical terms, organization of human body and structure of cell, tissues membranes and glands.	<ul> <li>Systems</li> <li>Cell &amp; Cell division Tissues</li> <li>(including glands)</li> <li>Regions, cavities Membranes</li> </ul>	Lecture, Discussion Explain using charts, microscopic slides skeleton and torso. • Demonstrate cell types of tissues membranes and glands. • Journal	Short answer questions Objective type

UNIT	HRS	LEARNING OBJECTIVE	CONTENTS	TEACHING LEARNING ACTIVITIES	ASSESSMENT METHODS
II Skeletal System	<b>7</b> <b>Hrs</b> T = 4 P = 3	Classify the Principal types of bones on the basis of its shape Describe anatomical position structure and functions of bones and joints - List various abnormal conditions of bones and joints	Skeletal System Function of bones Typical bone Bone-growth- healing of fracture Skeleton – Axial, Appendicular Bones- Classification Joints – Classification Typical Synovial joint Alteration in Disease Application and implication in nursing	Lecture Discussion Explain using charts, Skeleton loose bones and joints Journal	Short answer questions, Objective type and Short notes
III Muscular System	<b>7 Hrs</b> T = 5 P = 2	Explain the structure and functions of principal muscles of the body. List the disorders of muscular system	Muscular tissue review Typical skeletal muscle/Principles of lever Classification- Shape, red & pale, prime mover, Antagonist, Synergist Muscle groups & movements at a joint Head, face, neck, Back, Upper Limb, Thorax, Abdominal, Pelvis, Perineum, Lower Limb Alteration in Disease Application and implication in nursing	Lecture Discussion Explain using charts, models, and films Demonstrate muscular movements Journal	Short answer questions Objective type

UNIT	HRS	LEARNING OBJECTIVE	CONTENTS	TEACHING LEARNING ACTIVITIES	ASSESSMENT METHODS
IV Respiratory System	<b>4 Hrs</b> T = 2 P = 2	Describe the anatomical position, size, shape and structure of organs of respiratory system. Enumerate the principal muscles of respiration. List the abnormalitie s of respiratory	Trachea, lung, pleura Musculoskeletal frame Mechanism of respiration Alteration in Disease Application and implication in nursing	Lecture Discussion Explain using models, torso, charts, slides and specimens Journal.	Long answer and Short answer questions Objective Type and Short notes
V Digestive System	<b>6 Hrs</b> T = 4 P = 2	Describe the anatomical position, size, shape and structure of organs of digestive system List the abnormalities of digestive system.	Mouth- Tooth, mastication Salivary glands deglutition, Esophagus Stomach Intestines, Liver, Biliary Apparatus, Pancreas Peritoneum Alteration in disease Application and implication in nursing	Lecture discussion Explain using models torso, charts, slides and specimens Journal.	Long answer and Short answer questions Objective type and Short notes.
VI Cardiovascular System	<b>6 Hrs</b> T= 4 P=2	Describe the anatomical position, size, shape and structure of organs Explain arterial, venous and lymphatic circulation. Enumerate the	Heart & Pericardium Arterial & venous system(Systemic , Pulmonary, Hepatoportal Coronary ) Lymphatic System and Lymphoid tissue Thymus Lymph node Spleen Lymph	Lecture discussion Explain using models torso, charts, slides and specimens Journal.	Long answer and Short answer questions Objective Type and Short notes

UNIT	HRS	LEARNING OBJECTIVE	CONTENTS	TEACHING LEARNING ACTIVITIES	ASSESSMENT METHODS
		disorders of heart and circulatory system.	nodules		
VII Urinary System (Excretory)	<b>5 Hrs</b> T =3 P =2	Describe the anatomical position, size, shape and structure of organs of urinary system Explain incontinence and list the abnormalities of urinary system.	Kidney Ureter, Urinary bladder Urethra & continence Skin	Lecture Discussion Explain using models torso, charts, slides and specimens Journal.	Short answer questions Objective type and Short notes
VIII Reproductive system	<b>3 Hrs</b> T=2 P=1	Describe the anatomical position, size, shape and structure of male and female reproductive organs List the abnormalities male and female reproductive system.	Male reproductive Female reproductive Breast	Lecture Discussion Explain using models torso, charts, slides and specimens Journal.	Short answer questions Objective type and Short notes
IX Endocrine System	<b>3 Hrs</b> T= 2 P=1	Describe the anatomical position, size, shape and structure of various organs of the endocrine system. List the abnormalities of system.	Pituitary Thyroid Parathyroid & Pancreas Suprarenal	Lecture Discussion Explain using models torso, charts, slides and specimens Journal.	Short answer questions Objective type and Short notes

UNIT	HRS	LEARNING OBJECTIVE	CONTENTS	TEACHING LEARNING ACTIVITIES	ASSESSMENT METHODS
X Nervous System	<b>9 Hrs</b> T= 7 P=2	Describe the anatomical position, size, shape and structure of various organs of the nervous system. Compare the functions of different parts of the brain. List the abnormalities of nervous system.	Cerebrum Diencephalon Brainstem & Spinal cord Cerebellum ANS & PNS Ventricles, CSF & Meninges	Lecture Discussion Explain using models torso, charts, slides and specimens Journal.	Short answer questions Objective type and Short notes
XI Sense organs	<b>4 Hrs</b> T= 2 P= 2	Describe the anatomical position, size, shape and structure of various sensory organs. List the abnormalities related to the sense organs.	Eye Ear Nose & tongue Skin	Lecture Discussion Explain using models torso, harts, slides and specimens Journal.	Short answer questions Objective type and Short notes

# Physiology

## **Placement : First Year**

## Theory – 60 hours

## (Class 50+ Lab 10 hours)

UNIT	HRS	LEARNING	CONTENTS	TEACHING	ASSESSMENT
		OBJECTIVES		LEARNING	METHODS
				ACTIVITIES	
I Cell Physiology	T=2	Describe the physiology of cell, tissues membranes and glands	Tissue formation and repair. Membranes and glands functions Alteration in disease Application in nursing	Lecture discussion	Short answer questions Objective type
II Blood	<b>6Hrs</b> T=4 P=2	Describe the physiology of blood. Demonstrate blood, cell count, coagulation, and grouping, Hb.	Composition and functions of blood. Classification of blood cells Blood groups, blood coagulation. Hemoglobin: Structure, synthesis and breakdown, variations of molecules, etimation.	Lecture discussion Explain using charts and films Demonstration of blood cell counts, coagulation, grouping, and Hemoglobin estimation. Journal	Long answer and Short answer questions Objective type
III Lymphatic & immuniological system.	T=2	Describe the physiology of Lymphatic & immunological system.	Circulation of lymph. Immunity. Formation of T cells & B Cells. Types of immune response. Antigens Cytokines Antibodies <u>.</u>	Lecture discussion Explain using charts, and films	Short & Long Answer questions Objective type

UNIT	HRS	LEARNING	CONTENTS	TEACHING	ASSESSMENT
		OBJECTIVES		LEARNING	METHODS
				ACTIVITIES	
IV Muscular System	<b>4Hrs</b> T=3 P=1	Describe the neuro muscular transmission, and demonstrate muscle contraction and tone	Neuro muscular transmission. Stimulus and nerve impulse definitions and mechanisms. Physiology of muscle contraction. Alterations in disease.	Lecture discussion Explain using charts, models, slides, specimen and films Demonstration of muscle tone and contraction Journal	Short answer questions Objective type
V The Respiratory System	<b>6Hrs</b> T =4 P=2	Describe the Physiology and Mechanism of Respiration Demonstrate Spirometry.	Functions of Respiratory organs. Physiology of Respiration. Pulmonary ventilation, Volume Mechanics of respiration. Gaseous exchange in lungs. Carriage of Oxygen and carbon dioxide. Exchange of gases in tissues. Regulation of respiration. Alterations in disease.	Lecture discussion Explain using charts and films Demonstration in spirometry. Journal.	Long answer and Short answer questions Objective type
VI_ The Digestive System	T =5	Describe Physiology of Digestive system. Demonstrates BMR.	Functions of organs of digestive tract. Movements of alimentary tract. Digestion in Mouth, stomach, small intestine, large intestine. Absorption of food. Functions of liver, Gall bladder & pancreas	Lecture discussion Explain using charts and films Demonstration of BMR. Journal.	Long answers And Short Answer questions. Objective type

UNIT	HRS	LEARNING	CONTENTS	TEACHING	ASSESSMENT
		OBJECTIVES		LEARNING	METHODS
				ACTIVITIES	
VII Circulatory System	<b>6Hrs</b> T=4 P=2	Describe the functions of heart. Demonstrates B.P and pulse monitoring	Functions of heart, conduction, cardiac cycle, circulation Principles, control, factors influencing B.P and pulse Alterations in disease.	Lecture discussion Explain using charts and films Demonstrates measurement of pulse and B.P., Journal.	Long answer and Short answer questions Objective type
VIII_ The Excretory System.	T=5	Describe the Physiology of excretory system	Functions of kidneys, ureters , urinary bladder and urethra. Composition of urine. Mechanism of Urine formation. Structure & Functions of skin. Regulation of body temperature. Fluid and electrolyte balance. Alteration in disease.	Lecture discussion Explain using charts and films	Long answer And Short Answer questions Objective type
IX_ The Reproductive System	T=5	Describe the Physiology of Male & Female Reproductive System.	Spermatogenesis Oogenesis. Function of Female Reproductive Organ. Function of Breast, Placenta, Ovaries. Female sexual cycle. Introduction to Embryology. Functions of the Male Reproductive Organs, Male function in reproduction, Male fertility system. Alteration in disease.	Lecture discussion Explain using charts, Models, specimen and films	Short answer Questions Objective type

UNIT	HRS	LEARNING	CONTENTS	TEACHING	ASSESSMENT
		OBJECTIVES		LEARNING	METHODS
				ACTIVITIES	
X_ The Endocrine System.	T=5	Describe the physiology of Endocrine Glands.	<ul> <li>Functions of pituitary ,thymus, thyroid, Parathyroid (Calcium Metabolism) Pancreas, Supra renal Glands.</li> <li>Alteration in disease</li> </ul>	• Lecture discussion Explain Using charts And Films	Short answer questions. Objective type.
XI	8Hrs	Describe the	•Functions of	Lecture	Short answer
Nervous System	T=7	physiology of reflexes, brain,	neurolgia and neurons	discussion Explain using	questions Objective type
	P=1	cranial and spinal nerves. Demonstrate reflex action .	<ul> <li>Functions of brain, spinal cord, and cranial and spinal nerves.</li> <li>Cerebrospinal fluidcomposition, circulation and function.</li> <li>Reflex arc, reflex action and reflexes Muscle tone and posture</li> <li>Autonomic functionsPain: somatic, visceral and referred</li> <li>Autonomic learning and biofeedback</li> <li>Alterations in disease</li> </ul>	charts, models, and films Demonstrates nerve stimulus, reflex action, and reflexes.	
XII_ The Sensory	6Hrs	Describe the physiology of	• Functions of skin,	Lecture discussion	Short answer questions.
Organs.	T=4 P=2	sensory organs.	eye, ear, nose &	Explain using charts and	Öbjective
			<ul><li>tongue.</li><li>Alterations in disease</li></ul>	film	type

# BIBLIOGRAPHY

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- Anthony & Thibodcon (2000), "Anatomy & Physiology for nurses" 11<sup>th</sup> ed., C.V. Mosby Co., London.
- 3. Greig, Rhind, "Riddle's Anatomy & Physiology", 7<sup>th</sup> ed., Churchill Livingstone.
- 4. Singh, I. B. (2005), "Anatomy & Physiology for nurses", 1<sup>st</sup> ed., Jaypee.
- 5. Tortora, (2003), "Principles of Anatomy & Physiology," 10<sup>th</sup> ed., Wiley inter.
- 6. Chaurasia, B.D. (2004), "Human Anatomy", 4<sup>th</sup> ed., CBS publishers.
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   Edition, William Hernmarni Medical BK. Ltd.
- 8. Ganong. F. William, "Review of Medical Physiology", 15<sup>th</sup> Edition, Prentice Hall International Inc., Appleton and Lange.
- 9. Guyton and Hall, "Textbook of Medical Physiology," 9<sup>th</sup> Edition, A Prism2. Indian Edn. Pvt. Ltd.

## **Evaluation Scheme**

Subject			Ass	essment
Anatomy & Physiology	Hours	Internal	External	Total
Theory	3	25	75	100

Details as follows:

]	nternal Assessment:	Total:	(Writing Jour larks to be send	nal): 10	Marks Marks Marks ty)
		Anatomy	Physiology	Total Marks	Average out of
	Mid-Term	25	25	50	

Prelim	37	38	75	
Total			125	15
Assignment (Writing Journal)	25	25	50	10
Total				25 Marks

(125 Marks from mid-term & prelim (Theory) to be converted into 15 Marks and 50 Marks from Assignment (Writing Journal) to be converted into 10 Marks)

External Assessment:	75 Marks
(University Examination)	
Section A: Anatomy:	37 Marks
Section B: Physiology:	38 Marks
Total:	75 Marks

# **GUIDE LINE FOR JOURNAL**

## ANATOMY

	Topics
1	Abdominal Region
2	The Cell
3	The Tissues – Epithelial, muscular, nervous and connective
4	Bones of appendicular skeleton – Scapula, humerus, radius, ulna
5	Bones of the axial skeleton – Hip, Femur, ankle and foot
6	The Joints
7	Principal Muscles – Deltoid, Biceps, triceps, respiratory, abdominal and gluteal
8	Respiratory System – Tracheo-broncheal tree, lungs
9	Digestive System – Stomach, Biliary tract, Pancreas, Liver (microscopic) Large intestine.
10	Circulatory System – Structure of heart, aorta and its branches, venous branches, lymph node.
11	Urinary System – gross and microscopic structure of kidney, KUB
12	Reproductive Male – testes with spermatic cord
	Female – uterus and its support
13	Endocrine system – Pituitary gland
14	Nervous system – Brain, ventricles, areas of cerebrum
15	Sense organs – Skin, Eye, Ear.

## **EVALUATION CRITERIA FOR JOURNAL: 25 marks**

SN	Item	Maximum Marks	Mark allotted
1	Description		
	Organization	4	
	Adequacy of content	5	
	• Related	4	
2	Illustration		
	• Adequacy	4	
	• Neatness	4	
	Presentation	4	

# **GUIDE LINE FOR JOURNAL**

## PHYSIOLOGY

SN	Topics					
1	Properties of cardiac and skeletal Muscles					
2	Reflex arc					
3	Blood – Bleeding time, clotting time, Hb estimation, Blood Group, RBC, WBC					
4	Heart Sound					
5	Cardiac Cycle					
6	Action Potentials, ECG					
7	Spirometry					
8	BMR					
9	Menstrual Cycle					
10	Cranial Nerves					

## **EVALUATION CRITERIA FOR JOURNAL: 25 marks**

SN	Item	Maximum Marks	Mark allotted
1	Description		
	Organization	4	
	Adequacy of content	5	
	• Related	4	
2	Illustration		
	• Adequacy	4	
	• Neatness	4	
	Presentation	4	

## લજીભ્લજી

# **NUTRITION & BIOCHEMISTRY**

## Nutrition

#### **Placement: First Year**

**Theory 60-hours** (Class 45 + lab 15)

**Course Description**: The Course is designed to assist the students to acquire knowledge of the normal biochemical composition and functioning of human body and understand the alterations in biochemistry in diseases for practice of nursing.

Specific objectives: At the end of the course the students will be able to

- 1. To Understand the concept of nutrition & health.
- 2. Understand different types of nutrients, their importance, sources, functions and problems due to deficiency.
- 3. To plan balanced diet for individuals and groups.
- 4. Plan menu efficiently.
- 5. Explain methods of effective cooking and food preservation.
- 6. Apply the principles of food preparation in the practical field effectively

Unit	Time (Hrs)	Learning objectives	Content	Teaching Learning Activities	Evaluation
Ι	T=4	Describe the relationsh ip between nutrition & Health.	<ul> <li>Introduction</li> <li>Nutrition:</li> <li>History</li> <li>Concepts</li> <li>Role of nutrition in maintaining health</li> <li>Nutritional problems in India</li> <li>National nutritional policy</li> <li>Factors affecting food &amp; nutrition : socio-economic, cultural, tradition, production, system of distribution, life style &amp; food habits etc</li> <li>Role of food &amp; its medicinal value</li> <li>Classification of foods</li> <li>Food standards</li> <li>Elements of nutrition: macro and micro</li> <li>Calorie, BMR</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> <li>Panel Discussion</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

Unit	Time (Hrs)	Learning objectives	Content	Teaching Learning Activities	Evaluation
Π	T=2	• Describe the classificat ion, functions, sources and recomme nded daily allowance s (RDA) of carbohydr ates	<ul> <li>Carbohydrates</li> <li>Classification</li> <li>Caloric value</li> <li>Recommended daily allowances</li> <li>Dietary sources.</li> <li>Functions</li> <li>Digestion, absorption and storage, metabolism of carbohydrates</li> <li>Malnutrition: Deficiencies and Over consumption</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
III	T=2	• Describe the classificat ion, functions, sources and recomme nded daily allowance s (RDA) of Fats.	<ul> <li>FATS</li> <li>Classification</li> <li>Caloric value</li> <li>Recommended daily allowances</li> <li>Dietary sources.</li> <li>Functions</li> <li>Digestion, absorption and storage, metabolism</li> <li>* Malnutrition: Deficiencies and Over consumption</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> </ul>	<ul><li>Short answers</li><li>Objective type</li></ul>
IV	T=4	• Describe the classificat ion, functions, sources and recomme nded daily allowance s (RDA) of Proteins.	<ul> <li>Proteins</li> <li>Classification</li> <li>Caloric value</li> <li>Recommended daily allowances</li> <li>Dietary sources.</li> <li>Functions</li> <li>Digestion, absorption and storage, metabolism of carbohydrates</li> <li>* Malnutrition: Deficiencies and Over consumption</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
V	T=4	• Describe the classificat ion, functions, sources and	<ul> <li>Energy</li> <li>Unit of Energy <ul> <li>Kcal</li> </ul> </li> <li>Energy <ul> <li>requirements of</li> <li>different</li> <li>categories of</li> </ul> </li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> <li>Exercise Demonstration</li> </ul>	<ul><li>Short answers</li><li>Objective type</li></ul>

Unit	Time (Hrs)	Learning objectives	Content	Teaching Learning Activities	Evaluation
		recomme nded daily allowance s (RDA) of Energy.	<ul> <li>people.</li> <li>Measurements of energy</li> <li>Body Mass Index (BMI) and basic metabolism</li> <li>Basal Metabolic Rate (BMR) - determination and factors affecting</li> </ul>		
VI	T=4	*Describe the classification, functions, sources and recommende d daily allowances (RDA) of Vitamins.	<ul> <li>Vitamins</li> <li>Classification</li> <li>Recommended daily allowances</li> <li>Dietary sources.</li> <li>Functions</li> <li>Absorption, synthesis, metabolism storage &amp; excretion</li> <li>Deficiencies</li> <li>Hypervitaminosis</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> </ul>	<ul><li>Short answers</li><li>Objective type</li></ul>
VII	T=4	Describe the classification, functions, sources and recommende d daily allowances (RDA) of Minerals.	<ul> <li>Minerals</li> <li>Classification</li> <li>Recommended daily allowances</li> <li>Dietary sources.</li> <li>Functions</li> <li>Absorption, synthesis, metabolism storage &amp; excretion</li> <li>Deficiencies</li> <li>Over consumption and toxicity</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> </ul>	<ul><li>Short answers</li><li>Objective type</li></ul>
VIII	T=3	Describe the sources, functions and requirements of water & electrolytes	<ul> <li>Water &amp; electrolytes</li> <li>Water: Daily requirements, regulation of water metabolism, distribution of body water,</li> <li>Electrolytes: Types, sources, composition of body fluids.</li> <li>Maintenance of</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining Using charts</li> </ul>	<ul><li>Short answers</li><li>Objective type</li></ul>

Unit	Time (Hrs)	Learning objectives	Content	Teaching Learning Activities	Evaluation
			<ul> <li>fluid &amp; electrolyte balance</li> <li>Over hydration, dehydration and water intoxication</li> <li>Electrolyte imbalances</li> </ul>		
IX	10 Hrs T=5 P=5	*Describe the Cookery rules and preservation of nutrients * Prepare & serve simple beverages & different types of foods	<ul> <li>Cookery rules and preservation of nutrients</li> <li>Principles, methods of cooking and serving</li> <li>Preservation of nutrients</li> <li>Safe food handling – toxicity</li> <li>Storage of food</li> <li>Food preservation, food additives and its principles</li> <li>Prevention of food adulteration Act(PFA)</li> <li>Food standards</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Practice session</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessment practice sessions</li> </ul>
X	<b>10</b> Hrs T=0 P=10	Describe and plan balanced diet for different categories of people	<ul> <li>Balance diet</li> <li>Elements</li> <li>Food groups</li> <li>Recommended Daily Allowance</li> <li>Nutritive value of foods</li> <li>Calculation of balanced diet for different categories of people</li> <li>Factors influencing food selection, marketing and budgeting for various cultural and socioeconomic group</li> <li>Planning menu</li> <li>Introduction to</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining using charts</li> <li>Practice session</li> <li>Meal Planning</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Exercise on menu planning</li> </ul>

Unit	Time (Hrs)	Learning objectives	Content	Teaching Learning Activities	Evaluation
XI	T=4	• Describe	therapeutic diets: Naturopathy-Diet Demonstration: Fluid diet, Egg flip, Soup, barley water, whey water Soft diet: custard, Caramel custard, kanji, jelly Semisolid diet: Khichadi, mashed potatoes, kheer <b>Role of nurse in</b>	• Lecture	Short answers
		<ul> <li>Describe various national program mes related to nutrition</li> <li>Describe the role of nurse in assessme nt of nutritiona l status &amp; nutrition education</li> </ul>	<ul> <li>Note of nurse in nutritional</li> <li>Programmes</li> <li>National programmes related to nutrition</li> <li>Vitamin A deficiency programme</li> <li>National iodine deficiency disorders (IDD) programme</li> <li>Mid-Day meal programme</li> <li>Integrated child development scheme (ICDS)</li> <li>National and International agencies working towards food/nutrition</li> <li>NIPCCD, CARE, FAO, NIN, CFTRI (Central food technology &amp; research institute) etc.</li> <li>Assessment of nutrition education and role of nurse</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explaining with</li> <li>Slide/film shows</li> <li>Demonstration of Assessment of nutritional status</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

## **Bibliography :**

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   Dr. M. Swaminathan, *Handbook of Food and Nutrition*, The Banglore printing and
- publishing Co. Ltd. (Banglore press) 2004.

- 3) C. Gopalan, B. V. Ramasastri and S.C. Balasubramanian *Nutritive value of Indian Foods,* National Institute of Nutrition, Indian Council of Medical Research, Hyderabad 1999.
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### **Biochemistry**

Placement: First Year

#### Theory – 30 hours

**Course Description**: The Course is designed to assist the students to acquire knowledge of the normal biochemical composition and functioning of human body and understand the alterations in biochemistry in diseases for practice of nursing.

Specific objectives: at the end of the course the students will be able to:

- 1) To understand normal biochemistry of human body
- 2) To understand biochemical changes occurring in illness
- 3) To assist with simple biochemical test, interpret the results and draw inference.

Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activities	Assessment methods
Ι	3	<ul> <li>Describe the structure Composition and functions of cell</li> <li>Differentiate between Prokaryote and Eukaryote cell</li> <li>Identify techniques of Microscopy</li> </ul>	<ul> <li>Introduction</li> <li>Definition and significance in nursing.</li> <li>Review of structure, Composition and functions of cell.</li> <li>Prokaryote and Eukaryote cell organization</li> <li>Microscopy</li> </ul>	<ul> <li>Lecture discussion using charts, slides</li> <li>Demonstrat e use of microscope</li> </ul>	<ul> <li>Short answer questions</li> <li>Objective type.</li> </ul>
II	6	Describe the Structure and functions of Cell membrane	<ul> <li>Structure and functions of Cell membrane</li> <li>Fluid mosaic model tight junction, Cytoskeleton</li> <li>Transport mechanism: diffusion, osmosis, filtration, active channel, sodium pump.</li> <li>Acid base balance-maintenance &amp; diagnostic tests.</li> <li>PH buffers</li> </ul>	Lecture     Discussion	<ul> <li>Short answer questions</li> <li>Objective type.</li> </ul>
Ш	6	• Explain the metabolism of carbohydrates	<ul> <li>Composition and metabolism of carbohydrates</li> <li>Types, structures, composition and uses.</li> <li>Monosaccharides , Disaccharides,</li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstrati on of blood glucose monitoring</li> </ul>	<ul> <li>Short answer questions</li> <li>Objective type.</li> </ul>

Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activities	Assessment methods
			<ul> <li>Polysaccharides, Oligosaccharides</li> <li>Metabolism <ul> <li>Pathways of glucose :</li> <li>Clycolysis</li> <li>Gluconeogenesis : Cori's cycle, Tricarboxylic acid (TCA) cycle</li> <li>Glycogenolosys</li> <li>Pentose phosphate pathways (Hexose mono phosphate)</li> <li>Regulation of blood glucose level</li> </ul> </li> <li>Investigations and their interpretations.</li> </ul>		
IV	4	• Explain the metabolism of Lipids	<ul> <li>Composition and metabolism of Lipids</li> <li>Types, structure, composition and uses of fatty acids <ul> <li>Nomenclature, Roles and Prostaglandins</li> </ul> </li> <li>Metabolism of fatty acid <ul> <li>Breakdown</li> <li>Synthesis</li> </ul> </li> <li>Metabolism of triacylglycerols</li> <li>Cholesterol metabolism <ul> <li>Biosynthesis and its Regulation</li> <li>Bile salts and bilirubin</li> <li>Vitamin D</li> <li>Steroid hormones</li> </ul> </li> <li>Lipoproteins and their functions : <ul> <li>VLDLs- IDLs, LDLs and HDLs</li> <li>Atherosclerosis Investigations and their</li> </ul> </li> </ul>	<ul> <li>Lecture Discussion using charts</li> <li>Demonstrati on of laboratory tests</li> </ul>	<ul> <li>Short answer questions</li> <li>Objective type.</li> </ul>
V	6	• Explain the metabolism of Lipids	<ul> <li>interpretations.</li> <li>Composition and metabolism of Amino acids and Proteins         <ul> <li>Types, structure, composition and uses of Amino acids and Proteins</li> <li>Metabolism of Amino acids and Proteins             <ul></ul></li></ul></li></ul>	<ul> <li>Lecture discussion</li> <li>Demonstrati on of blood glucose monitoring</li> </ul>	<ul> <li>Short answer questions</li> <li>Objective type.</li> </ul>

Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activities	Assessment methods
			<ul> <li>Metabolism of Nitrogen         <ul> <li>Fixation and Assimilation</li> <li>Urea Cycle</li> <li>Hemes and chlorophylls</li> </ul> </li> <li>Enzymes and co-enzymes         <ul> <li>Classification</li> <li>Properties</li> <li>Kinetics and inhibition</li> <li>Control</li> </ul> </li> <li>Investigations and their interpretations.</li> </ul>		
VI	2	Describe types, composition and utilization of Vitamins & minerals	Composition of Vitamins and minerals • Vitamins and minerals: • Structure • Classification • Properties • Absorption • Storage & transportation • Normal concentration Investigations and their interpretations	<ul> <li>Lecture Discussion using charts</li> <li>Demonstrati on of laboratory tests</li> </ul>	<ul> <li>Short answer questions</li> <li>Objective type.</li> </ul>
VII	3	Describe Lmmunochemi stry	<ul> <li>Immunochemistry</li> <li>Immunochemistry</li> <li>Immunoglobins</li> <li>Mechanism of antibody production.</li> <li>Antigens: HLA typing.</li> <li>Free radical and Antoxidants.</li> <li>Specialised Protein : Collagen, Elastin, Keratin, Myosin, Lens Protein.</li> <li>Electrophoretic and Quantitative determination of immunoglobins - ELISA etc.</li> <li>Investigation and their interpretations.</li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstrati on laboratory tests</li> </ul>	<ul> <li>Short answer questions</li> <li>Objective type.</li> </ul>

#### **Bibliography:**

- 1. U. Satyanarayan, Essentials of biochemistry, Books & allied (P) Ltd., Kolkata publisher, 2004.
- 2. Deb A.C.: Concepts of biochemistry (Theory & Practical) 1st edition, books & allied (P) Ltd. Publisher, Kolkata, 1999.
- 3. Deb. A.C. Fundamentals of biochemistry of biochemistry: 1st edition New central book Ag (P) Ltd., 2004.
- Jacob Anthikad, Biochemistry for nurses; 2<sup>nd</sup> edition, Jaypee; 2001..
   Gupta. R.C., Multiple choice questions in Biochemistry, 2<sup>nd</sup> edition, Jaypee, 2004.

### **Evaluation Scheme:**

Subject	Assessment				
Nutrition and Biochemistry	Hours	Internal	External	Total	
Theory	3	25	75	100	

Details as follows:

Internal Assessment:	Theory:	15 Marks
	Laboratory (Practicum):	10 Marks
	Total:	25 Marks
	(Out of 25 Marks to be send to	o the University)

Theory	Examination:			15 Marks
	Nutrition	Biochemistry	Total Marks	Average out of
Mid-Term	35	15	50	
Prelim	45	30	75	
		Total	125	15

(125 Marks from mid-term & prelim (Theory) to be converted into 15 Marks)

Laboratory (Practic	10 Marks	
Subject	Internal Exam Out of	Average Out of
Nutrition	25	05
Biochemistry	25	05
Total	50	10

Details as follows:

#### **Evaluation Criteria for Nutrition (Practicum):** 05 Marks

Sr. No.	Items	Marks
1	Selection of menu for specific group	05
2	Calculation of relative requirement	10
3	Presentation and recording	10
Total		25
(05)(		

(25 Marks from Nutrition Practicum to be converted into 05 Marks)

#### Evaluation Criteria for Biochemistry (Journal): 05 Marks

Sr. No	Items	Marks
1	Investigations related to altered CHO metabolism	05
2	Investigations related to altered protein metabolism	05
3	Investigations related to altered lipid metabolism	05
4	Investigations related to altered vitamins and minerals	05
5	Investigations related to altered immunochemistry	05
Total		25

(25 Marks from Biochemistry Practicum to be converted into 05 Marks)

## External Assessment:

(University examination) Section A: Nutrition: Section B: Biochemistry: Total: 75 Marks

45 marks

30 marks

75 Marks

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# **NURSING FOUNDATIONS**

#### **Placement:** First year

Theory 265 hrs Practical- 650hrs (200 lab and 450 Clinical)

**Course Description :** This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various supervised clinical settings. It is aimed at helping the students to acquire the knowledge, understanding and skills in techniques of nursing and practice them in supervised clinical setting.

**COURSE OBJECTIVEE :** At the end of the course students will be able to develop:

- 1) Knowledge on concept of health, health-illness continuum and health care delivery system.
- 2) Knowledge on scope of nursing practice.
- 3) Knowledge on concept, theories and models of nursing practice.
- 4) Desirable attitude to ethics and professional conduct.
- 5) Skill in communicating effectively with patients and families and team members to maintain effective human relations.
- 6) Skill in health assessment and monitoring of patients.
- 7) Skill in carrying out basic nursing care procedures.
- 8) Skill in caring for patients with alterations in body functions.
- 9) Skill in applying steps of nursing process in the care of clients in the hospital and community.
- 10) Skill in applying scientific principles while performing nursing care.
- 11) Skill in documentation.
- 12) Skill in meeting basic psychosocial needs of the clients.
- 13) Knowledge on principles and techniques of infection control.
- 14) Confidence and competence in caring of terminally ill patients.

## Theory Hours : 265

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
I	15	• Describe the concept of health, illness and health care agencies	<ul> <li>Introduction</li> <li>Concept of Health : Health illness continuum</li> <li>Factors influencing health</li> <li>Causes and risk factors for Developing illness.</li> <li>Body defenses: Immunity and immunization</li> <li>Illness and illness Behavior</li> <li>Impact of illness on patient and family</li> <li>Health care services:</li> <li>Health Promotion and Prevention, Primary care, Diagnosis, Treatment, Rehabilitation and Continuing care</li> <li>Health care teams</li> <li>Types of health care agencies:</li> <li>Hospitals: Types, Organization and Functions</li> <li>Heath Promotion and levels of disease Prevention</li> <li>Primary health care and its delivery: role of Nurse</li> </ul>	<ul> <li>Lecture discussion</li> <li>Visit to health care agencies</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objectiv e type</li> </ul>
II	20	<ul> <li>Explain concept and scope of nursing</li> <li>Describe values, code of ethics and professional conduct for nurses</li> </ul>	<ul> <li>Nursing as a profession</li> <li>Definition and Characteristics of a profession</li> <li>Nursing :-         <ul> <li>Definition , Concepts, philosophy , objectives</li> <li>Characteristics, nature and scope of nursing practice</li> <li>Functions of nurse</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Role plays</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> </ul>

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			<ul> <li>Categories of nursing personnel</li> <li>Nursing as a profession</li> <li>History of Nursing in India</li> <li>Values : Definition, Types, Values Clarification and values in professional Nursing : Caring and Advocacy</li> <li>Ethics :         <ul> <li>Definition and Ethical Principal</li> <li>Code of ethics and professional conduct for nurses</li> <li>Consumer rights</li> <li>Patients Bill of rights</li> </ul> </li> </ul>		
III	4	<ul> <li>Explain the admission and discharge procedure</li> <li>Performs admission and discharge procedure</li> </ul>	<ul> <li>Hospital admission and discharge</li> <li>Admission to the hospital <ul> <li>Unit and its preparation admission bed</li> <li>Admission procedure</li> <li>Special considerations</li> <li>Medico-legal issues</li> <li>Roles and Responsibilities of the nurse</li> </ul> </li> <li>Discharge from the hospital <ul> <li>Types: Planned discharge, LAMA and abscond, Referrals and transfers</li> <li>Discharge procedure</li> <li>Special considerations</li> <li>Medico-legal issues</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Lab Practice</li> <li>Supervise clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assess skills with check list</li> <li>Clinical practical examinati on.</li> </ul>

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
IV	12	<ul> <li>Communicate effectively with patient, families and team members and maintain effective human relations (professional image)</li> <li>Appreciate the importance of patient teaching in nursing</li> </ul>	<ul> <li>discharge</li> <li>Communication and Nurse patient relationship</li> <li>Communication : Levels , Elements, Types, Modes, Process, Factors influencing Communication <ul> <li>Methods of effective Communication</li> <li>Attending skills</li> <li>Rapport building skills</li> <li>Rapport building skills</li> <li>Empathy skills</li> <li>Barriers to effective communication</li> </ul> </li> <li>Helping Relationships (NPR): Dimensions of ? Helping Relationships, Phases of a helping relationships</li> <li>Communication effectively with patient, families and team members and maintain effective human relations with special reference to communication with vulnerable group (children ,women physically and mentally challenged and elderly)</li> <li>Patient Teaching : Importance, Purposes, Process, role of nurse and Integrating teaching in Nursing process</li> </ul>	<ul> <li>Lecture discussion</li> <li>Role play and video film on the nurses interacting with the patient</li> <li>Practice session on patient teaching</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> </ul>
V	20	<ul> <li>Explain the concept, uses, format and steps of nursing process</li> <li>Documents nursing process as per the format</li> </ul>	<ul> <li>The Nursing Process</li> <li>Critical Thinking and Nursing Judgment <ul> <li>Critical Thinking: Thinking and Learning.</li> <li>Competencies , Attitudes for critical Thinking , Levels of critical thinking in Nursing</li> </ul> </li> </ul>		

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			Nursing Process		
			Overview: Application		
			in Practice		
			• Nursing process		
			format : INC current		
			format		
			• Assessment		
			- Collection of Date:		
			Types, Sources,		
			Methods		
			- Formulating Nursing		
			judgment : Data		
			interpretation		
			<ul> <li>Nursing diagnosis</li> </ul>		
			- Identification of		
			client problems '		
			- Nursing diagnosis		
			statement		
			- Difference between		
			medical and nursing		
			diagnosis		
			o Planning		
			- Establishing		
			Priorities		
			- Establishing Goals		
			and Expected		
			Outcomes,		
			- Selection of		
			interventions:		
			Protocols and		
			standing Orders		
			- Writing the Nursing		
			Care Plan		
			• Implementation		
			- Implementing the		
			plan of care		
			• Evaluation		
			- Outcome of care		
			- Review and Modify		
			• Documentation and		
			Reporting		
<b>1</b> 7 <b>1</b>	.	• Describe the	Documentation and	•Lecture	
VI	4	purposes,	Reporting	discussion	• Essay type
		types and	• Documentation :	•Demonstration	• Short
		techniques of	Purpose of Recording	Practice Session	answers
		recording and	and reporting	•Supervised	• Objective
		reporting	Communication within	clinical practice	type
			the Health Care Team,		
			• Types of records; ward		
		1	records, medical/nursing		

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
VII	15	<ul> <li>Describe principles and techniques of monitoring and maintaining vital signs</li> <li>Monitor and maintain vital signs</li> </ul>	<ul> <li>records,</li> <li>Common Record-keeping forms, Computerized documentation</li> <li>Guidelines for Reporting: Factual basis, Accuracy, completeness, Organization, confidentiality</li> <li>Methods of recording</li> <li>Reporting: Change –of shift reports, Incident reports</li> <li>Minimizing legal Liability through effective record keeping</li> <li>Vital signs</li> <li>Guidelines for taking vital signs:</li> <li>Body temperature:</li> <li>Physiology ,Regulation Factors affecting body temperature,</li> <li>Assessment of body temperature: sites, equipments and techniques, special considerations</li> <li>Temperature alterations: Hyperthermia, Heatstroke, Hypothermia</li> <li>Hot and cold applications</li> <li>Pulse:</li> <li>Physiology and regulation, Characteristics of the pulse, Factors affecting pulse</li> <li>Assessment of pulse : Sites, location , equipments and technique, special considerations</li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice Session</li> <li>Supervised clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objectiv e type</li> <li>Assess with check list Clinical practical examinati</li> </ul>

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
VIII	25	<ul> <li>Describe purpose and process of health assessment</li> <li>Describe the health assessment of each body system</li> <li>Perform health assessment of each body system</li> </ul>	<ul> <li>Alterations in pulse:</li> <li>Respiration:</li> <li>Physiology and Regulation, Mechanics of breathing Characteristics of the respiration, factors affecting respiration</li> <li>Assessment of respirations: technique, special considerations</li> <li>Alterations in respiration</li> <li>Blood pressure:</li> <li>Physiology and Regulation, Characteristics of the blood pressure, Factors affecting blood pressure.</li> <li>Assessment of blood pressure: sites, equipments and technique, special considerations</li> <li>Alterations in blood pressure</li> <li>Recording of vital signs</li> <li>Health assessment</li> <li>Purposes</li> <li>Process of Health assessment</li> <li>Health history</li> <li>Physical examination:</li> <li>Methods-Inspection, palpation ,Percussion, Ausculatation</li> <li>Olfaction</li> <li>Preparation for examination : Patient and unit</li> <li>General assessment</li> <li>Assessment of each body system</li> <li>Recording of health</li> </ul>	•Lecture discussion •Demonstration •Practice Session •Supervised Clinical practice	• Essay type • Short answers • Objective type
IX	5	• Identifies the various machinery	assessment Machinery ,Equipment and linen • Types: Disposables and	<ul> <li>Lecture discussion</li> <li>Demonstration</li> </ul>	•Essay type •Short

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
		equipment and linen and their care	<ul> <li>Re-usables-Linen, rubber goods, glass ware, metal , plastics, furniture, machinery</li> <li>Introduction: <ul> <li>Indent</li> <li>Maintenance</li> <li>Inventory</li> </ul> </li> </ul>		answers •Objective type
X	55	<ul> <li>Describe the basic, physiological and psychosocial needs of patient</li> <li>Describe the principles and techniques for meeting basic, Psychosocial and Psychosocial needs of patient</li> <li>Perform nursing assessment, plan, implement and evaluate the care for meeting basic, physiological and psychosocial needs of patient</li> </ul>	<ul> <li>Meeting needs of patient</li> <li>Basic needs (Activities of daily living)</li> <li>Maslow's hierarchy of Needs</li> <li>Providing safe and clean Environment: <ul> <li>Physical-environment:</li> <li>Physical-environment:</li> <li>Temperature, Humidity, Noise, Ventilation, light, Odor, pests control</li> <li>Reduction of Physical hazards: fire, accidents</li> <li>Safety devices: Restraints, side rails, airways, trapez etc.</li> <li>Role of nurse in providing safe and clean environment</li> <li>Hygiene: <ul> <li>Factors Influencing Hygienic Practice</li> <li>Hygienic care : Care of the Skin-Bath and pressure points, feet and nail, Oral cavity, Hair care , Eyes, Ears and Nose</li> </ul> </li> <li>Assessment, Principles Types, Equipments, Procedure, Special Considerations</li> <li>Patient environment: Room Equipment and lines, making patient beds</li> </ul></li></ul>	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice sessions</li> <li>Supervise</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assess with check list and clinical practical examination</li> </ul>

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			<ul> <li>Types of beds and</li> </ul>	11001110105	
			bed making		
			• Comfort:		
			- Factors Influencing		
			Comfort		
			- Comfort devices		
			•Physiological needs:		
			• Sleep and Rest:		
			- Physiology of sleep		
			- Factors affecting		
			sleep		
			- Promoting Rest and		
			sleep		
			- Sleep Disorders		
			• Nutrition:		
			- Importance		
			- Factors affecting nutritional needs		
			- Assessment of		
			nutritional needs:		
			Variables		
			- Meeting Nutritional		
			needs: Principals,		
			equipment		
			procedure and		
			special		
			considerations		
			Oral		
			<ul> <li>Enteral: Naso/Oro-</li> </ul>		
			gastric, gastrostomy		
			• Urinary Elimination		
			- Review of		
			Physiology of Urine		
			Elimination,		
			Composition and characteristics of		
			urine		
			- Factors Influencing		
			Urination		
			- Alteration in		
			Urinary Elimination		
			- Types and		
			Collection of urine		
			specimen:		
			Observation, urine		
			testing		
			- Facilitation urine		
			elimination:		
			assessment, types,		
			equipments,		

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			procedures and	110111000	
			special		
			considerations		
			<ul> <li>Providing urinal/bed</li> </ul>		
			pan		
			Condom drainage		
			Perineal care		
			Bowel Elimination - Review of		
			- Review of Physiology of		
			Bowel elimination ,		
			composition and		
			characteristics of		
			faces		
			- Factors affecting		
			Bowel elimination		
			- Alteration in Bowel		
			elimination		
			- Type and Collection		
			of specimen of		
			faces:		
			Observation		
			- Facilitation bowel		
			elimination:		
			assessment, equipments		
			procedures and		
			special		
			considerations		
			<ul> <li>Passing of Flatus tube</li> </ul>		
			<ul> <li>Enemas</li> </ul>		
			<ul> <li>Suppository</li> </ul>		
			<ul> <li>Sitz bath</li> </ul>		
			<ul> <li>Bowel wash</li> </ul>		
			Mobility and Immobility		
			- Principles of Body		
			Mechanics		
			- Maintenance of		
			normal body		
			Alignment and		
			- Factors affecting		
			body Alignment		
			and mobility		
			- Hazards associated		
			with immobility		
			- Alteration in body		
			Alignment and		
			Mobility		
			- Nursing		

Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
Hrs		Contentinterventions for impaired Body Alignment and Mobility: Assessment, types, devices used method and special considerations. Rehabilitation aspectsRange of motion exercisesRange of motion exercisesMaintaining body alignment : PositionsMoving 		
		<ul> <li>assessment, types,</li> <li>equipment used,</li> <li>procedure and special</li> <li>considerations</li> <li>Maintenance of patent</li> <li>airway</li> </ul>		
		<ul> <li>Inhalations : Dry and moist</li> <li>Chest Physiotherapy and postural drainage</li> <li>Pulse oximetry</li> <li>CPR-Basic life support</li> <li>Fluid, Electrolyte, and Acid Base Balances</li> <li>Review of Physiological</li> </ul>		
	Hrs		Inis       Objective       Content         interventions for impaired Body Alignment and Mobility: Assessment, types, devices used method and special considerations. Rehabilitation aspects       Rage of motion exercises         Range of motion exercises       Range of motion exercises         Maintaining body alignment : Positions         Moving       Lifting         Transferring       Walking         Restraints       Oxygenation         Oxygenation       Retrieve of Cardiovascular and respiratory Physiology         Factors Affecting Oxygenation       Oxygenation         Alteration in oxygenation       Nursing Intervention in oxygenation         Nursing       Intervations         Maintenance of patent airway       Oxygen administration         Inhalations : Dry and moist       Chest Physiotherapy and postural drainage         Pulse oximetry       CPR-Basic life support         Fluid, Electrolyte, and Acid Base Balances       Review of	Hrs     Dearning Objective     Content     Learning Activities       interventions for impaired Body Alignment and Mobility: Assessment, types, devices used method and special considerations. Rehabilitation aspects     Name aspects       Range of motion exercises     Range of motion exercises       Maintaining body alignment : Positions       Moving     Lifting       Transferring     Walking       Review of     Cardiovascular and respiratory Physiology       Factors Affecting Oxygenation     Oxygenation       Alteration in oxygenation     Nursing Intervention in oxygenation       Nursing     Intervention in oxygenation       Nursing     Oxygen administration       Intervention in oxygen administration     Maintenance of patent airway       Oxygen administration     Inhalations : Dry and moist       Chest Physiotherapy and postural drainage       Pulse oximetry     CPR-Basic life support       Fluid, Electrolyte, and Acid Base Balances       Review of

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			<ul> <li>Base Balance</li> <li>Factors Affecting Fluid Electrolyte, and Acid Base Balance</li> <li>Nursing intervention in Fluid, Electrolyte and Acid</li> <li>Base Imbalances : assessment, procedure and special considerations</li> <li>Measuring fluid intake and output</li> <li>Correcting Fluid Electrolyte imbalance :</li> <li>Psychosocial Needs</li> <li>Concepts of Cultural Diversity, Stress and adaptation, Self- Health, Coping with loss, death &amp; grieving</li> <li>Assessment of psychosocial needs</li> <li>Nursing intervention for Psychosocial needs</li> <li>Assist with coping and adaptation</li> <li>creating therapeutic environment</li> <li>Recreational and divers ional therapies</li> </ul>		
XI	20	Describe principles and techniques for infection control and biomedical waste management in supervised Clinical setting	<ul> <li>Infection control in Clinical setting <ul> <li>Infection control</li> <li>Nature of infection</li> <li>Chain of infection</li> <li>Chain of infection transmission</li> <li>Defenses against infection : natural and acquired</li> <li>Hospital acquired infection (Nosocomial infection)</li> <li>Concept of asepsis: medical asepsis and surgical asepsis</li> <li>Isolation precautions (Barrier nursing)</li> <li>Hand washing: simple,</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised Clinical practice</li> </ul>	

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			<ul> <li>hand antisepsis and surgical antisepsis (scrub)</li> <li>Isolation: source and protective</li> <li>Personal protecting equipments: types, uses and technique of wearing and removing</li> <li>Decontamination of equipment and unit</li> <li>Transportation of infected patients</li> <li>Standard safety precautions(Universal precautions)</li> <li>Transmission based precautions</li> </ul>		
XII	25	<ul> <li>Explain the principles, routes, effects of administration of medications</li> <li>Calculate conversions of drugs and dosages within and between systems of measurements</li> <li>Administer drugs by the following routs-oral, inhalation</li> </ul>	Administration of Medications • General	<ul> <li>Lecture</li> <li>discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assess with check list and clinical practical examination</li> </ul>

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			<ul> <li>Measurements Units: conversion within one system, conversion between systems, Dosage Calculation.</li> <li>Terminologies and abbreviations used in prescriptions of medication</li> <li>Oral Drugs Administration: Oral, sublingual and Buccal : Equipment, procedure</li> <li>Topical Administration : Purposes, site equipment procedure special considerations for</li> <li>Application to Skin</li> <li>Application to Skin</li> <li>Application to Skin</li> <li>Direct application of liquids – Gargle and swabbing the throat</li> <li>Insertion of Drug into body cavity: Suppository / medicated packing in rectum / vagina</li> <li>Inhalation : Nasal, oral, endo tracheal / tracheal (steam oxygen and medications) purposes, types, equipment procedure, special considerations</li> </ul>	Activities	
XIII	10	Prepare post	<ul> <li>Recording and reporting of medications administered</li> <li>Recovery Unit</li> </ul>	Lecture	
		<ul> <li>operative unit</li> <li>Apply Bandages Slings.</li> <li>Apply heat and cold</li> </ul>	<ul> <li>Post operative unit</li> <li>Postoperative care surgical asepsis</li> <li>Application of Bandages, Binders, Splints, Slings</li> <li>Heat and cold Therapy</li> </ul>	• Discussion Demonstration	
XIV	15	• Explain care of patients	Meeting special needs of the patient	<ul><li>Lecture</li><li>Discussion</li></ul>	

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
		having alterations in body functioning	<ul> <li>Care of patients having alteration in         <ul> <li>Temperature                 (hyper and hypothermia): Types, Assessment, Management</li> <li>Sensorium                 (Unconsciousness): assessment, Management</li>                 Urinary Elimination                 (retention and unconsciousness)Assessm ent , Management</ul></li>                 Urinary Elimination                 (retention and unconsciousness)Assessm ent , Management                 Functioning of sensory organs: (visual &amp; hearing impairment)                 assessment of self- Care ability                 communication Methods and special considerations                 Mobility (physical challenged, cast) assessment of self-care ability:                 Communication Methods and special considerations                 Mental state (mentally challenged ), assessment of Self-Care ability;                 Communication Methods and special considerations                 Respiration (distress);Types, Assessment, Management                 Comfort-(pain)-Nature, Types, Factors influencing pain, coping ,Assessment; Management;</ul>	Demonstration	
XV	10	• Explain care of terminally ill patient	ManagementCare of Terminally ill patient••Concepts of Loss, Griefgrieving process••Signs of clinical death••• <tr< td=""><td><ul> <li>Lecture Discussion</li> <li>Demonstrations</li> <li>Case discussion/Role</li> </ul></td><td><ul> <li>Essay type</li> <li>Short Answers</li> </ul></td></tr<>	<ul> <li>Lecture Discussion</li> <li>Demonstrations</li> <li>Case discussion/Role</li> </ul>	<ul> <li>Essay type</li> <li>Short Answers</li> </ul>

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
XVI	10	• Explain the	<ul> <li>special considerations         <ul> <li>-Advance</li> <li>directives:</li> <li>euthanasia will</li> <li>dying</li> <li>declaration ,organ</li> <li>donation etc</li> </ul> </li> <li>Medico-legal issues</li> <li>Care of dead body:</li> <li>Equipment, procedure</li> <li>and care of unit</li> <li>Autopsy</li> <li>Embalming</li> <li>Professional Nursing</li> </ul>	<ul> <li>play</li> <li>Practice session</li> <li>Supervised</li> <li>Clinical practice</li> </ul> • Lecture	<ul> <li>Objectiv         <ul> <li>type</li> </ul> </li> <li>Essay</li> </ul>
		basic concepts of conceptual and theoretical models of nursing	<ul> <li>concepts and practices</li> <li>Conceptual and theoretical models of nursing practice: Introduction to models-holistic model, health belief model, health promotion model etc</li> <li>Introduction to Theories in Nursing ; Peplau's , Henderson's Orem's , Neumann's Roger's and Roy's</li> <li>Linking theories with nursing process</li> <li>Complimentary and alternate healing techniques.</li> </ul>	Discussion	type • Short Answers

### **NURSING FOUNDATIONS- PRACTICAL**

#### **Placement: First Year**

#### Practical 650hours

(200 lab and 450 clinical)

**Course Description**: This course is designed to help he students to develop an understanding of the philosophy, objectives, theories and process of nursing in various clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in clinical settings.

Areas	(Hrs)	Objective	Skills	Assignments	Assessment Methods
Areas         Demonstratio         n Lab         General         Medical and         surgery ward	(Hrs) 10	Objective • Performs admission and discharge procedure	<ul> <li>Hospital admission and discharge (III)</li> <li>Admission</li> <li>Prepare Unit for new patient</li> <li>Performs admission procedure</li> <li>New patient</li> <li>Transfer in</li> <li>Prepare patient records</li> <li>Discharge/ Transfer out</li> <li>Gives discharge counseling</li> <li>Perform discharge procedure</li> <li>(Planned discharge, LAMA and abscond, Referrals and transfers)</li> <li>Prepare records of discharge/ transfer</li> <li>Dismantle, and disinfect unit and equipment after discharge / transfer</li> </ul>	<ul> <li>Assignments</li> <li>Practice in Unit/ hospital</li> <li>Write nursing Process records of patient</li> <li>Simulated -1</li> <li>Actual-1</li> </ul>	<ul> <li>Wethods</li> <li>Evaluate with check list</li> <li>Assessme nt of clinical performance with rating scale</li> <li>Completi on of Practical record</li> <li>Assessment of nursing process records with</li> </ul>
			-		with checklist • Assessmen t of actual care given with rating

Areas	(Hrs)	Objective	Skills	Assignments	Assessment Methods
			Prioritization, goals & Expected Outcomes, selection of interventions • Write Nursing care plan • Gives care as per the plan		scale
	10	<ul> <li>Communicate effectively with patient, families and team members and</li> <li>Maintain effective human relations</li> </ul>	Communication <ul> <li>Use verbal and non verbal communicatio n techniques</li> </ul> Prepare a plan for patient teaching session	• Role – plays in simulated situations on communicat ion	<ul> <li>Asses role plays with the checklist on communi- cation techniques</li> <li>Assesmen t of</li> </ul>
	20	<ul> <li>Prepare patient reports</li> <li>Presents Reports</li> <li>Monitor vital signs</li> </ul>	<ul> <li>Write patient report</li> <li>Change pf shift reports Transfer reports, Incident reports etc.</li> <li>Presents patient Report</li> </ul>	• Write nurses notes and present the patient report of 2-3 assigned patient.	<ul> <li>of</li> <li>communi-</li> <li>cation</li> <li>techniques</li> <li>by rating</li> <li>scale</li> <li>Assessme</li> <li>nt</li> <li>of</li> <li>perform-</li> <li>mance with</li> </ul>
	15	<ul> <li>Perform health assessment of each body system</li> </ul>	Vital signs • Measure, Records and interpret alterations in body temperature , pulse respiration and blood pressure	<ul> <li>Lab practice</li> <li>Measure vital signs of assigned patient</li> </ul>	<ul> <li>rating scale</li> <li>Assessme nt of each skill with checklist</li> <li>Completi on of activity record</li> </ul>
			<ul> <li>Health assessment</li> <li>Health history taking</li> <li>Perform assessment:</li> <li>General</li> <li>Body systems</li> <li>Use various methods of</li> </ul>		

Areas	(Hrs)	Objective	Skills	Assignments	Assessment Methods
			<ul> <li>physical</li> <li>examination</li> <li>Inspection,</li> <li>Palpation,</li> <li>Percussion,</li> <li>Auscultation,</li> <li>Olfaction</li> <li>Identification of</li> <li>system wise</li> <li>deviations</li> </ul>		

Areas	(Hrs)	Objective	Skills	Assignments	Assessment Methods
	10	• Provide basic nursing care to patients	<ul> <li>Prepare Patient's unit:</li> <li>Prepare beds:</li> <li>Open, closed,</li> <li>Occupied, operation,</li> <li>amputation,</li> <li>Cardiac, fracture,</li> <li>burn, Divided, &amp;</li> <li>Fowlers bed</li> <li>Pain assessment and</li> <li>provision for comfort</li> </ul>	<ul> <li>Practice in lab &amp; hospital</li> <li>Simulated exercise on CPR manikin</li> </ul>	<ul> <li>Assessme nt of each skillwith rating scale</li> <li>Completio n of activity record</li> </ul>
	14		<ul> <li>Use comfort devices</li> <li>Hygienic care:</li> <li>Oral hygiene:</li> <li>Baths and care of pressure points</li> <li>Hair wash, Pediculosis Treatment</li> </ul>		
	7		<ul> <li>Feeding :</li> <li>Oral, Enteral, Naso Orogastirc.</li> <li>Naso-gastric insertion, suction, and irrigation</li> </ul>		
	5		<ul> <li>Assisting patient in urinary elimination</li> <li>Provides urinal/ bed pan</li> <li>Condom drainage</li> <li>Perineal care</li> <li>Catheterization</li> <li>Care of urinary</li> </ul>		
	6		drainage Assisting bowel Elimination: • Insertion of flatus tube • Enemas		

Areas	(Hrs)	Objective	Skills	Assignments	Assessment Methods
	8		<ul> <li>Insertion of Suppository</li> <li>Bowel wash</li> <li>Body Alignment and Mobility:         <ul> <li>Range of motion exercises</li> <li>Positioning: Recumbent, Lateral (rt/lt), Fowlers, Sims, Lithotomy, Prone, Trendelenburg, position</li> </ul> </li> </ul>		
			<ul> <li>Assist patient in Moving, lifting transferring, walking</li> <li>Restraints</li> </ul>		
	8		Oxygen administration Chest physiotherapy and postural drainage		
	5		CPR- Basic life support		
	5		Collect/ assist for collection of specimens for investigations Urine, sputum, faces, vomitus blood and other body fluids Perform lab tests: • Urine: Sugar, albumin, acetone • Blood: sugar (with strip/ gluco meter)		
Field visit Field visit	8		Hot and clod applications: local and general sitz bath Communicating and assisting with self care of visually & hearing impaired patients Communicating and assisting with self care of mentally challenged / disturbed patients		
	1		Recreational and diversional therapies Caring of patient with alteration in sensorium		

Areas	(Hrs)	Objective	Skills	Assignments	Assessment Methods
	10	Perform infection control procedures	<ul> <li>Infection control</li> <li>Perform following procedures:         <ul> <li>Hand washing techniques</li> <li>(Simple, hand antisepsis and surgical antisepsis (scrub)</li> <li>Prepare isolation unit in lab/ ward</li> <li>Practice technique of wearing and removing personal protective equipment (PPE)</li> <li>Practice standard</li> </ul> </li> </ul>	<ul> <li>Observation study-2</li> <li>Department of infection control &amp; CSSD</li> <li>Visits CSSD write observation report 1</li> <li>Collection of</li> </ul>	<ul> <li>Methods</li> <li>Assess observation study with checklist</li> <li>Evalutall procedures with checklist</li> </ul>
	5		safety precautions (Universal precautions) Decontamination of equipment and unit: • Surgical asepsis;	control department and write report Practice in lab/ward	
	10		<ul> <li>Sterilization</li> <li>Handling sterilized equipment</li> <li>Calculate strengths of lotions,</li> <li>Prepare lotions</li> <li>Care of articles</li> <li>Application of Bandages, Binders, splints &amp; slings.</li> <li>Bandaging of various</li> </ul>		
	18	Administer drugs	<ul> <li>Administration of medications</li> <li>Administer Medications in different forms and routes</li> <li>Oral, Sublingual and Buccal</li> <li>Drug measurements and dose calculations</li> <li>Preparation of lotions and solutions</li> <li>Administers topical Applications</li> <li>Insertion of drug into</li> </ul>		

Areas	(Hrs)	Objective	Skills	Assignments	Assessment Methods
			<ul><li>medicated packing etc.</li><li>Inhalations: dry and moist</li></ul>		
	3	<ul> <li>Provide care to dying and dead</li> <li>Counsel and support relatives</li> </ul>	<ul> <li>Care of dying patient</li> <li>Caring and packing of dead body</li> <li>Counseling and supporting grieving relatives</li> <li>Terminal care of the unit</li> </ul>		

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- 3. Dugas B.W. Introduction to patient care Saunders, 4<sup>th</sup> edition 1983.
- 4. Brunnerr and Suddarth Test book of Medical surgical nursing 10<sup>th</sup> edition 2002
- 5. Brunner & Sudharth Lippincot manual of nursing practice JB Lippincot company
- 6. Zwemer A. professional Adjustments and Ethics for nurse in India BI Publications. Bangalore 6<sup>th</sup> edition 1995.
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- 10. Carl Taylor Fundamental of Nursing, Carol Lillis et al Lippincot, 5th edition 2005.

#### **Evaluation Scheme :**

Subject	Assessment			
Nursing Foundation	Hours	Internal	External	Total
Theory	3	25	75	100
Practical & Viva Voce		100	100	200

Details as follows:

# Internal Assessment (Theory):25 MarksInternal Assessment (Practicum):100 Marks

(Out of 125 Marks to be send to the University)

Details as follows:

Internal Assessment (Theory):	25 Marks
Mid-Term:	50 Marks
Prelim:	75 Marks
Total:	125 Marks
(125)(12) (12) (12) (12) (12) (12) (12) (12)	1 1 1

(125 Marks from mid-term & prelim (Theory) to be converted into 25 Marks)

Internal Assessment	(Practicum): 100 Marks	
Numing Foundation	Clinical evaluation – 1 (Medical)	100 Marks
Nursing Foundation	Clinical evaluation – 1 (Surgical)	100 Marks
Practical & Clinical Assignment	Nursing care plan – 2	50 X 2 = 100 Marks
	Procedure evaluation	50 Marks

Internal Practical	Midterm	50 Marks
Examination & Viva voce	Pre - Final Examination	75 Marks
	Total Marks	475 Marks

(475 Marks from practicum to be converted into 100 Marks)

<b>External Assessment:</b>	175 Marks
(University Examination)	
Theory:	075 Marks
Practical & Viva Voce:	100 Marks
Total:	175 Marks

#### **EVALUATION CRITERIA:**

#### PRACTICAL EXAMINATION UNIVERSITY

INTERNAL EXAMINER:50• Procedure evaluation:30• Viva voce:20EXTERNAL EXAMINER:50• Nursing Process:30• Viva voce:20

Total marks 100

# GUIDELINES FOR CLINICAL / PRACTICAL EXPERIENCE (FOUNDATIONS OF NURSING)

#### 1] CONTENTS OF NURSING PROCEDUER BOOK

	<b>•</b> /	Dat	te	
	I st year	Class room	Ward	- Signature
FU	NAMENTALS OF NURSING			
A.	Comfort Measures :			
-	1. Bed making			
	a. Open bed			
	b. Occupied bed			
	c. Post-operative bed			
	2. Nursing Positions:			
	a. Lateral			
	b. fowler's			
	c. Sims, Recumbent			
	3. Changing the position of a helpless patient			
	4. Use of comfort devices			
	a. Use of cardiac table			
	b. Use of bed cradle			
				1
R	Hygienic Needs:			
<b>D</b> .	1. Hand Washing			
	2. Bed bath			
	3. Care of nails and feet			
	4. Care of Pressure points			
	5. Oral Hygiene			
	a. Helpless patient			
	b. Unconscious patient			
	6. Care of hair			
	a. Pediculosis treatment			
	b. Bed shampoo			
	0. Ded shampoo			
C.	Nutritional Needs:			
С.	1. Preparation and serving of Diet			
	a. Fluid			
	b. Soft solid			
	2. Maintenance of intake and output record			
	3. Feeding a helpless patient			
	4. Feeding by different methods			
	a. Nasogastric feeding			
	a. masogasule recuing			
D.	Elimination Needs:			
<b>D</b> .	1. Cleansing Enema			
	2. Bowel wash			
	<ol> <li>Suppositories</li> <li>Use of flatus tube</li> </ol>			
	5. Bowel Irrigations			

T /	Dat	Date		
I st year	Class room	Ward	- Signature	
E. Specific Observational Skills:				
1. Measuring & Recording of Vital Signs				
a. Temperature : I. Oral				
II. Rectal				
III. Axillary				
b. Pulse				
c. Respiration				
d. Blood Pressure				
2. Physical examination				
Setting up & assisting for				
a. General examination				
b. Rectal examination				
F. Diagnostic Procedures:				
1. Collection of specimens				
a. Farces				
b. Sputum				
c. Urine I. Routine				
II. 24 Hours				
III. Culture				
2. Urine Testing				
a. Albumin				
b. Specific gravity				
c. Reaction				
d. Sugar				
e. Ketone				
A. Hot & Cold application & Therapeutic				
Measures				
1. Hot water bag				
2. Ice cap				
3. Cold sponge				
4. Cold compress				
5. Simple fomentation				
H. Medication and Therapeutic Measures:				
1. Oral medication				
2. Steam Inhalation				
3. Oxygen inhalation	+ +			

T	Date		G• /
I year	Class room	Ward	– Signature
I. General procedures:			
1.Admission of a patient			
2. Discharge of a patient			
3. Transfer of a patient			
4. Lifting and transporting patients			
a. By stretcher			
b. By Wheelchair			
5. Active & Passive exercise			
6. Deep Breathing exercise			
J. Nursing Process:			
1. Simple history taking			
2. General physical examination			
3. Planning of care			
4. Writing Nursing care plans	_		
K. Bandages:			
1. Circular turn			
2. Spiral turn			
3. Spiral reverse			
4. Figure of eight			
5. Spica			
a. Shoulder, Hip, Ankle, Thumb, Finger,			
Caplin, Stump			
b. Bandaging of eye, Ear ,Jaw, Arm sling,			
Cuff and collar			
c. Triangular Bandage			
L. Binders			
1. Abdominal Binder			
2. Breast Binder			
M. Death care			
	+ +		
Signature of Supervisor	D	Date	
Signature of Principal	E	Date	

#### 2] FORMAT FOR HISTORY TAKING (CLINICAL EXPERIENCE)

#### I DEMOGRAHIC DATA

NAME :-

AGE :-

SEX

MARITAL STATUS :

RELIGION

EDUCATION :

OCCUPATION

INCOME :

ADDRESS :

- II CHIEF COMPLANINTS / PRESENT MEDICAL HISTORY
- III PAST MEDICAL HISTORY :-
- IV PAST SURGICAL HISTORY :-
- V MENSTRUCAL HISTORY (FEMALES) :-
- VI FAMILY HISTORY :-

SN	Name of family Members	Age	Sex	Relation with patient	Occupatio n	Health status	Health habits

- VII DIETARY HISTORY :-
- VIII HEALTH HABITS :-
- X SOCIO ECONOMIC HISTORY :-
- XI PHYSICAL ASSESSMENT :-
- Head to foot assessment
- Interpretation of data.
- Nursing diagnosis.
- Proposed nursing care plan.

#### **3] ADULT ASSESSMENT FORMAT** <u>General information:</u>

Name			
Age Sex			
occupation	IP No		
Admission date	Time		
Diagnosis			
History of other illness	s/operation/ Allergy		
General appearance:	Body built (thin / Well / obese )		
	Posture :	grooming :	
Habits : smoking/ alco	ohol/drug abuse/other		
Behavior : Normal / Relaxed /Anxious/Distressed/Depressed/Withdrawn.			

Level of Consciousness : Conscious/Confused/Semiconscious/Unconscious

Assessment of Daily Activities.

ADL	Subjective data(report)	Objective data(exhibits)	Nursing diagnosis
A M	Usual Activities	Uses aids	
C O T B	Gait	Coordinated / uncoordinated	
I I V L	Limitations	Immobile / Partial ambulatory Ambulatory	
I T T	Sleep	Insomnia / Sleep apnea / other	
Y Y	Body movement	Purposeful movement / tremor	
	Deformities	Handicap Grasp / muscle strength and grade Deep tendon reflex Cutaneous reflex	
С	Eyes- vision loss	Color, vision acuity	
O M	Wears glasses / Aid	Visual fields / normal / limited	
M S U E N N I S	Conjunctiva Corneal reflex	Pale / yellow / Red / other Pupil reaction : present /absent Infection : present /absent	
C E	Ears - Hearing loss	Hearing Acuity	
A S T I	Speech – Problems	Communication Verbal / nonverbal relevant / irrelevant	
O N	Skin	Temperature, color / texture / turgor / Any other Response to touch	
	Nose	(painful stimuli, hot / cold) Sense of smell	
	Pain	Facial grimacing / guarding	

ADL	Subjective data(report)	Objective data(exhibits)	Nursing diagnosis
N	Usual diet	Weight height / BMI	
U	Eating		
Т	(Likes & dislikes)	Recent changes	
R	Drinking		
I	Anorexia	Vomitus	
T	Nausea/vomiting	I.V. infusion	
I		NGT	
0			
Ň	Swallowing	Gag reflex : present / absent	
E	Usual bowel pattern	Bowel sounds/abdominal girth	
L	Bleeding/constipation	Feces	
I	Diarrhea		
M	Uses laxatives	Urine-amount/ color	
I	Urine	Drainage	
N N	Frequency	On CBD/condom	
A	Difficulty	I&O chart	
T T	Diffedity		
I	Menstruation(Female)	Bleeding	
	Weitstruation(Feinale)	Dysmenorrhoea	
N N		LMP	
1	Cough	Dry / productive	
	Cough		
R		Respiratory rate	
E	Sentum	Dyspnoea	
S	Sputum	Cyanosis	
P		Sputum (color, consistency,	
I		amount)	
R		On Auscultation	
A		Breath sounds	
T T		(Rales / Rhonchi / wheezes /	
		pleural friction rub)	
I		Chest expansion	
O N		(Equal / unequal)	
IN		Oxygen saturation (optional)	
		ABG (optional)	
	Smoking	use of Anesthetics	
C	Chest pain, numbness	Heart rate	
I	Tingling	Edema	
R		Bleeding	
C		Wound	
U		BP	
L	Extremities	НВ	
A		Peripheral pulse	
Т		Color-temperature	
Ι		Nail beds	
0		Capillary refill	
N		Lesion	
		Lymph nodes	

ADL	Subjective data(report)	Objective data(exhibits)	Nursing diagnosis
Н	Skin-	Clean / unclean / body odour	
Y	wound	Drainage / odour	
G I E N E	Mouth/teeth Dirty/odor/Teeth Hair, scalp	Dentures / Swallowing Halitosis / dental caries / any other Lice / dandruff / lesions / other	
EGO integrity	Clam. Anxious Sighs deeply	Calm / tensed / Anxious / relaxed Excited / dull / restless Fearful / nervous	

Remarks : Interpretation of above data - Proposed nursing care plan. -Discharge plan :

Signature of Nurse.

Date :

## 3] FORMATE FOR NURSING CARE PLAN

Name of the Patie	ent ———		Reg No	)		Date & Time		
			Reg. No			Of Admission		
Sex			Bed No	·		Diagnosis :		
Dr's Unit			Ward n	0 0		Surgery & Date of	surgery	
							<b>Marks : 50</b>	
	ssment 2)	Nursing Diagnosis (3)	Goal (2)	Outcome Criteria (2)	Nursing Intervention (15)	Rationale (3)	Evaluation (3)	
Subjective	Objective							

Nurses notes / Progress report of the patient – (10)

Signature of Nurse.

Date :

# GUIDELINE FOR CLINICAL ASSESSMENT OF STUDENT (FOUNDATIONS OF NURSING)

#### CLINICAL ASSESSMENT FORM

Students Name :-

Group / Year :-

Students Number :-

Hospital :-Unit / Ward :-From

to

Max 100 marks

SN	PERFORMANCE CRITERIA	(5) Excellen t	(4) very Good	(3) Good	(2) Satisfactor y	(1) Poor	Remarks
	Nursing Process (75)						
Ι	Assessment and Nursing Diagnosis (15)						
1.1	Collects data accurately						
1.2	Identifies & Categorizes basic Needs of Patients						
1.3	Formulates Nursing Diagnosis						
II	Planning (15)						
2.1	Prioritizes patients needs						
2.2	Plans nursing action for each of need						
2.3	States rationale for nursing action						
III	Implementation (20)						
3.1	Implements nursing care Accurately and safely with in given time						
3.2	Applies scientific Principles						
3.3	Maintains safe and comfortable environment						
3.4	Gives health teaching as per plan to the patients / family						
IV	Evaluation (10)						
4.1	Evaluate patient's response to nursing care						
4.2	Reexamines & Modifies care plan						
V	Documentation (15)						
5.1	Records patient information accurately						
5.2	Report patient information accurately						
5.3	Maintains self up to date						

SN	PERFORMANCE CRITERIA	(5) Excellen t	(4) very Good	(3) Good	(2) Satisfactor y	(1) Poor	Remarks
	Professional Conduct – (25)						
VI	<b>Uniform and Punctuality</b>						
6.1	Always well groomed, neat						
	& conscious about						
	professional appearance						
6.2	Is always punctual in						
	Clinical & completing						
	assignments						
6.3	Readily accepts						
	responsibility for own						
	behavior & has initiative						
VII	<b>Communication skills</b>						
7.1	Establishes & Maintains						
	effective working /						
	communication relationship						
	with patients and family						
7.2	Establishes good inter						
	personal relationship with						
	members of health team /						
	supervisors / Teachers						
	Total Marks						

#### Comment / Remarks by Teacher / Supervisor:

Total marks 100

Total marks obtained

Signature of Teacher

Date :

Evaluation is seen and discus by the student

Signature of student

Date of Sign

#### FOUNDATIONS OF NURSING

#### GUIDELINES FOR UNIVERSITY PRACTICAL AND ORAL EXAMINATION

#### INTERNAL EXAMINER

Maximum 50 marks

SN	NURSING PROCEDURE	Total marks	Marks allotte d	Remarks
Ι	Planning and Organizing	10		
	1-Preparation – day	06		
	2-Environment	02		
	3-Preparation of patient	02		
Π	Execution of Procedure	14		
	1-Applies scientific principles	06		
	2-Proficiency in skill	06		
	3-Ensures sequential order	02		
III	Termination of procedure	06		
	1-Makes patient comfortable	02		
	2-Reports & Records	02		
	3-After care of articles	02		
	TOTAL	30		
	VIVA			
	1-Knowledge related to Principles	06		
	2-Equipment & Articles	06		
	3-Medical & Surgical asepsis	04		
	4-Bandaging	04		
	TOTAL	20		

#### Date :-

Signature of the Internal Examiner

(Refer to examination section)

#### <u>FOUNDATIONS OF NURSING</u> GUIDELINES FOR UNIVERSITY PRACTICAL AND ORAL EXAMINATION

EXTE	RNAL EXAMINER		Maximum :	50 marks
	NURSING PROCESS	Total	Marks	Remarks
		marks	allotted	
1	Assessment	06		
2	Nursing Diagnosis	04		
3	Goal	02		
4	Outcome criteria	02		
5	Nursing intervention	06		
6	Rationale	04		
7	Evaluation	02		
8	Nurses notes	04		
	TOTAL	30		
	VIVA			
1	Knowledge of Drugs and Solutions	04		
2	Assessment data	06		
3	Dietary management	04		
4	Health education	06		
	TOTAL	20		

Date :-

Signature of the External Examiner

Refer – examination section

#### MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES

#### FOUNDATIONS OF NURSING PRACTICAL / ORAL MARK LIST

NAME OF THE EXAMINATION :

MONTH :- YEAR :-

FIRST YEAR B.SC. NURSING:-

MARKS :-

SUBJECT :- NURSING FOUNDATION PAPER :-

CENTRE :-

Seat No.	Internal	examiner	External	examiner	Grand Total
	Procedure	Viva voce	Nursing process	Viva voce	
	30	20	30	20	100

Signature of the Internal Examiner Signature of the External Examiner

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# **PSYCHOLOGY**

# **Placement : First Year**

#### Theory 60 hours (Class 50 + Lab 10 hrs)

**Course Description:** This course is designed to assist the students to acquire knowledge of fundamentals of psychology and develop an insight into behaviour of self and others. Further it is aimed at helping them to practice the principles of mental hygiene for promoting mental health in nursing practice.

Specific Objectives: At the end of the course the students will be able to:

- 1. Understand the importance of psychology in personal and professional life.
- 2. Understands the biology of human behaviour.
- 3. Understands cognitive and affective processes of human mind.
- 4. Develops an understanding of self and others.
- 5. Understand the influence of personality of human behaviour.
- 6. Appreciates developmental psychology.
- 7. Understands the significance of mental hygiene and mental health.
- 8. Assist with psychological assessments and tests.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activity	Assessment Methods
Ι	4	• Describe the history, scope and methods of psychology	<ul> <li>Introduction:</li> <li>History, development and origin of science of psychology</li> <li>Definitions, scope, branches of psychology and relations with other subjects.</li> <li>Various application of psychology in nursing practice including importance in human and interpersonal behavioral Methods of Psychology</li> </ul>	• Lecture Discussion	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activity	Assessment Methods
Π	4	• Explain the biology of Human behaviour	<ul> <li>Biology of behaviour</li> <li>Dynamics of human behaviour</li> <li>Body mind relationship- modulation process in health and illness</li> <li>Genetics and behaviour: Heredity and environment</li> <li>Brain and behaviour: Nervous System., Neurons and synapse,</li> <li>Association Cortex, Rt and Lt Hemispheres</li> <li>Psychology of Sensations Muscular and glandular controls of behaviour</li> <li>Nature of behaviour of an organism/Integrated responses</li> <li>Nature of behaviour of an organism/Integrated responses</li> </ul>	Lecture Discussion	<ul> <li>Essay type</li> <li>Short answers</li> </ul>
III	14	Describe various cognitive processes and their applications	<ul> <li>Cognitive process</li> <li>Maiming of cognition</li> <li>Attention: Types, determinants, Duration &amp; degree, alterations</li> <li>Perception: Meaning, Principles, factors affecting,</li> <li>Perception of objects, depth, distance and motion.</li> <li>Errors in perception.</li> <li>Learning: Nature, types, learner and learning, factors influencing, laws and theories, process, transfer, study habits</li> <li>Memory: Meaning, Types, Nature factors influencing, Development Theories and methods of memorizing and Forgetting</li> <li>Thinking: Types and levels, stages of development, Relationship with language and communication.</li> <li>Intelligence: Meaning, classification, uses, theories</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Psychometric assessment</li> <li>Practice sessions</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

<b>T</b> T •/	Time	Learning		Teaching	Assessment
Unit	(Hrs.)	Objectives	Content	Learning Activity	Methods
			<ul> <li>Aptitude: Concept, types, Individual differences and variability</li> <li>Psychometric assessments of cognitive processes</li> <li>Alterations in cognitive process</li> <li>Applications</li> <li>Learning</li> <li>Theories of learning:</li> <li>Theories of transfer.</li> <li>Memory</li> <li>Methods of memorizing:</li> <li>Methods of measuring memory</li> <li>Methods of measuring</li> <li>Thinking</li> <li>Stages of thinking development:</li> <li>Stages of creative thinking and problem solving.</li> <li>Nature of thinking</li> <li>Elements of thought</li> <li>Language comprehension</li> <li>Listening skill</li> <li>Reasoning and problem solving</li> <li>Deduction</li> <li>Induction</li> <li>Induction</li> <li>Intelligence</li> <li>Nature of intelligence</li> <li>Effect of heredity and environment</li> <li>Intelligence Test</li> <li>Mental deficiency</li> <li>Factors of individual difference in intelligente.</li> <li>Development of intelligent behaviour</li> </ul>		

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning	Assessment Methods
IV	(Hrs.) 6	<b>Objectives</b> Describe motivation, emotions, stress, attitudes and their influence on behaviour	ContentMotivation and Emotional Processes:• Motivation: Meaning, Concepts, Types, Theories,• Motives and behaviour,• Maslow's theory• Formation of self concept,• Conflicts and frustration, conflict resolution• Emotions & stress• Emotion: Definition, components, Changes in emotions, theories, emotional adjustments, emotions in health and illness• Stress: stressors, cycle, effect, adaptation & coping• Attitude: Meaning, nature, development, factors affecting,• Behaviour and attitudes• Attitude and Nurse.• Psychometric assessment of emotions and attitudes• Alterations in emotions• Applications• Development of emotions• Handling emotions in self and others	Activity <ul> <li>Lecture Discussion</li> <li>Role plays</li> <li>Case Discussion</li> <li>Demonstration</li> <li>Project work</li> </ul>	<ul> <li>Methods</li> <li>Essay type</li> <li>Short answer</li> </ul>

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activity	Assessment Methods
V	5	• Explain the concept of personality and its influence on behaviour	<ul> <li>Personality</li> <li>Definitions, topography, types, Theories</li> <li>Self actualization</li> <li>Psychometric assessments of personality</li> <li>Development &amp; Alterations in personality</li> <li>Adjustment and maladjustment</li> <li>Personality disorders</li> <li>Factors affecting development of personality</li> <li>Self actualization</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

Unit	Time	Learning		Teaching Learning	Assessment
	(Hrs.)	Objectives	Content	Activity	Methods
VI	5	Describe	<b>Developmental Psychology</b>	• Lecture	• Essay
		psychology of	• Psychology of people at	Discussion	type
		people during	different ages from	Case Discussion	Short
		the life cycle	infancy to old age.		answers
			• Psychology of vulnerable		
			individuals-challenged,		
			women, sick, etc.		
			Psychology of groups		
			• Psychology of people at		
			different ages from		
			infancy to old age: In		
			health and illness.		
			• Psychology of vulnerable		
			individuals:		
			Can be specified as: for		
			example • Daughter of alcoholic		
			<ul> <li>Daughter of alcoholic parents or wife or</li> </ul>		
			alcoholic husband.		
			<ul> <li>Physically/ sexually</li> </ul>		
			abused		
			o Rape,		
			o Prostitute		
			<ul> <li>Alcoholic</li> </ul>		
			• Physically or mentally		
			challenged		
			• Constant exposure to		
			stress etc.		
			<ul> <li>Psychology of Groups:</li> </ul>		
			for example		
			<ul> <li>Family, social and</li> </ul>		
			professional groups		
			<ul> <li>Interpersonal</li> </ul>		
			relationship among		
			group members.		
			<ul> <li>Inter group relationship.</li> </ul>		
			<ul> <li>Group morale.</li> </ul>		
L					

Unit	Time	Learning		Teaching Learning	Assessment
	(Hrs.)	Objectives	Content	Activity	Methods
VII	8	<ul> <li>Describe the characteristics of</li> <li>Mentally health person</li> <li>Explain ego defense mechanisms</li> </ul>	<ul> <li>Mental hygiene and mental Health</li> <li>Concepts of mental hygiene and mental health</li> <li>Characteristics of mentally healthy person</li> <li>Warning signs of poor mental health.</li> <li>Promotive and preventive mental health strategies and services.</li> <li>Ego defense mechanisms and implications</li> <li>Personal and social adjustments</li> <li>Guidance and counseling</li> <li>Role of nurse</li> <li>Personal and social adjustments:</li> <li><i>Personal Maladjustments</i></li> <li><i>Regression</i></li> <li><i>Withdrawal</i></li> </ul>	<ul> <li>Lecture Discussion</li> <li>Case Discussion</li> <li>Role play</li> <li>Demonstration</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>
VIII	<b>14 Hrs</b> T=4 P=10	• Explain the psychological assessments and role of nurse	<ul> <li>Psychological assessment &amp; tests</li> <li>Types, development, Characteristics, Principles, Uses, Interpretations and Role of nurse in psychological assessment</li> <li>Practicals</li> <li>Identifying intelligence and coping skills:         <ul> <li>Wechsler's Adult Intelligence scale</li> <li>W I S C</li> <li>Basic skill of Guidance and counseling</li> <li>Role play.</li> </ul> </li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstra-tion</li> <li>Practice sessions</li> </ul>	• Assess- ment of practice

#### **Bibilography:**

- Bhcetic B. D. & Craig M : Element of psychology and mental hygien for Nurses, Chennai. Orient Longmal.
- Dodge Fernald and Peter S. Fernald, Introduction to Psychology, 5 edition, AITBS, 2004.
- 3. Jacob Anthikad, Psychology for Graduate Nurses, 3 edition, Jaypee, 2004.
- 4. Morgan C.T. & King, Introduction to Psychology, 7 edition, Megrow bill international.
- Second course in psycholog, Higher secondary std. XII K.T. Basantani, Sheth publishers Pvt. Ltd,9<sup>th</sup> ed. 2005
- Second course in Psycholog, Higher secondary std. XI K.T. Basantani, Sheth publishers Pvt. Ltd,8<sup>th</sup> ed. 2005
- 7. Hurlock E : Development psychology : Tata MC grow Hill Book Co.

# **Evaluation Scheme:**

Subject	Assessment				
Psychology	Hours	Internal	External	Total	
Theory	3	25	75	100	

Details as follows:

Internal Assessment:25 Marks(Out of 25 Marks to be send to the University)Details as follows:Theory:15 MarksMid-Term:50 MarksPrelim:75 MarksTotal:125 Marks

(125 Marks from mid-term & prelim (Theory) to be converted into 15 Marks) Assignment: 10 Marks

External Assessment (University Examination): 75 Marks

# MICROBIOLOGY

#### Placement : First Year

#### Theory -60 Hours (Theory 45+15 lab)

**Course Description :** This course is designed to enable students to acquire understanding of fundamentals of Microbiology and identification of various micro-organisms. It also provides opportunities for practicing infection control measure in hospital and community setting.

Specific objectives: At the end of the course student will be able to:

- 1. Explain concepts and principles of microbiology and their importance in nursing.
- 2. Understand the commensal, opportunistic and pathogenic organisms of human body and describe host parasite relationship.
- 3. State the sources and modes of transmission of pathogenic and opportunistic organisms including vectors and their role in transmission of diseases.
- 4. Be conversant with proper methods of collection, storage and transport of clinical material for microbiological investigations.
- 5. Understand the principles of immunology and its application in the diagnosis and prevention of infectious diseases.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment
I	T=5	• Explain concepts and principles of microbiology and their importance in nursing	• Importance and	• Lecture Discussion	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
II	<b>15 Hrs</b> T=10 P=5	<ul> <li>Describe structure, classification morpholoyg and growth of bacteria</li> <li>Identify Micro- organisms</li> </ul>	<ul> <li>General characteristics of Microbes</li> <li>Structure and classification of Microbes.</li> <li>Morphological types</li> <li>Size and form of bacteria</li> <li>Motility</li> <li>Colonization</li> <li>Growth and nutrition of microbes         <ul> <li>Temperature</li> <li>Moisture</li> <li>Blood and body fluids</li> </ul> </li> <li>Laboratory methods for Identification of Micro- organisms</li> <li>Staining techniques,</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>Short answers</li> <li>Objective type.</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment
			Gram staining, Acid fast staining, Hanging drop Preparation • Culture; various medias		
III	<b>12 Hrs</b> T=10 P=2	<ul> <li>Describe the methods of infection control</li> <li>Identify the role of nurse in hospital infection control programme</li> </ul>	Infection control Infection : Sources, portals of entry and exit, transmission. Asepsis Disinfection; Types and methods Sterilization ; Types and Methods Chemotherapy and antibiotics Standard safety measures Biomedical waste management Role of Nurse Hospital acquired infection Hospital infection control programme * Protocols, collection of samples, preparation of report and status of rate of infection in the unit / hospital, nurse's accountability, continuing education etc.	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Visits to CSSD</li> <li>Clinical practices</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
IV	<b>16 Hrs</b> T=12 P=4	• Describe the different disease producing organisms	<ul> <li>Pathogenic organisms</li> <li>Micro-organisms <ul> <li>Cocci – gram positive and gram negative</li> <li>bacilli-gram positive gram negative</li> <li>Spirochaete</li> <li>Mycoplasms</li> <li>Rickettsiae</li> <li>Chlamydie</li> </ul> </li> <li>Viruses</li> <li>Fungi-Superficial and Deep mycoses</li> <li>Parasites</li> <li>Rodents &amp; vectors Characteristics, Source, portal of entry, transmission of infection Identification of disease producing micro-organisms Collection, handling and transportation of various specimens.</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Clinical practice</li> </ul>	<ul> <li>Short answers</li> <li>Objective type.</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment
V	<b>12 Hrs</b> T=8 P=4	Explain the concept of immunity, hyper sensitivity and immunization	<ul> <li>Immunity</li> <li>Immunity – Types, classification</li> <li>Antigen and antibody reaction</li> <li>Hypersensitivity – skin test</li> <li>Serological tests</li> <li>Immunoprophylaxis</li> <li>Vaccines &amp; sera – Types &amp; Classi-fication, storage and handling, cold chain</li> <li>Immunization for various diseases</li> <li>Immunization Schedule</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Clinical practices</li> </ul>	<ul> <li>Short answers</li> <li>Objective type.</li> </ul>

#### **Bibliography :**

- 1. Alice Corraine Smith, "Microbilogy and pathology" 9<sup>th</sup> ed., Mosby Co.
- Bernard D. Davis, Rentap Dalbecco Herman N. Eisen & Harold S. Ginsberg,
   "Microbiology", 3<sup>rd</sup> ed, A Harper International edition.
- 3. Hug L. L Moffet, (1981) "Clinical microbiology", 2<sup>nd</sup> ed., J. B. Lippincott Co.
- 4. Macbie and Mecartney, (1980), "Medical microbiology" 13<sup>th</sup> ed., Printed.
- P. Ananthanarayan and C. K. Jayarm Panikar, "Textbook of microbiology", 8<sup>th</sup> ed., Orient Longman Company Ltd.
- 6. Chakravarti Text book of Microbiology.
- 7. T. Panjratan Text Book of Microbiology in nursing, New central Bool agency Culcutta 2002.

### **Evaluation Scheme**

Subject	Assessment				
Microbiology	Hours	Internal	External	Total	
Theory	3	25	75	100	

Details as follows:

Internal Assessment:25 Marks(Out of 25 Marks to be send to the University)

Details as follows:

Theory:	15 Marks
Mid-Term:	50 Marks
Prelim:	75 Marks
Total:	125 Marks
(125 Marks from mi	d-term & prelim (Theory) to be converted into 15 Marks)
Assignment:	10 Marks

#### External Assessment:

75 Marks (University Examination)

# **Introduction to Computer**

# Placement : First Year

**Theory – 45 Hours** 

(Class -15 + lab 30)

**Course Description :** This course is designed for students to development basic understanding of uses of computer and its applications in nursing.

**Specific objectives:** After the completion of the course, students will able to:

- 1. Identify & define various concepts used in computer.
- 2. Identify & describe application of computer in nursing.
- 3 Describe & use the DOS & Windows
- 4. Describe & demonstrate skill in the use of MS-office.
- 5. Describe & demonstrate skill in using multimedia & computer aided teaching & testing.
- 6. Identify & demonstrate use of internet & e-mail
- 7. Describe & use the statistical packages
- 8. Describe the use of Hospital Management System.

Unit	(Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment methods
I	3	<ul> <li>Identify &amp; define various concepts used in computer</li> <li>Identify application of computer in nursing</li> </ul>	<ul> <li>Introduction</li> <li>Concepts of Computers</li> <li>Hardware and software; trends and technology</li> <li>Application of computers in nursing</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>Short answers</li> <li>Objective type.</li> </ul>
II	<b>26 Hrs</b> T=6 P=20	<ul> <li>Describe and Use the Disk Operating System</li> <li>Demonstrate skill in the use of MS Office</li> </ul>	<ul> <li>Introduction to disk         operating system         <ul> <li>DOS</li> <li>Windows (all version)</li> </ul> </li> <li>Introduction         <ul> <li>MS-Word</li> <li>MS-Excel with pictorial presentation</li> <li>MS-Access</li> <li>MS-Power point</li> </ul> </li> </ul>	<ul> <li>Lecturer Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Practical Exam.</li> </ul>
III	<b>5 Hrs</b> T=2 P=3	<ul> <li>Demonstrate skill in using in using multi- media</li> <li>Identify features of computer aided teaching and testing</li> </ul>	<ul> <li>Multimedia; types &amp; uses</li> <li>Computer aided teaching &amp; testing.</li> </ul>	•Lecture Discussion •Demonstration	<ul> <li>Short answers</li> <li>Objective type</li> <li>Practical Exam and Viva Voce</li> </ul>
IV	<b>4 Hrs</b> T=1 P=3	•Demonstrate use of internet and Email	•Use of Internet and : e- mail	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Practice Session</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Practical Exam and Viva Voce</li> </ul>

Unit	(Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment methods
V	<b>4 Hrs</b> T=2 P=2	•Describe and use the statistical packages	•Statistical packages : types and their features	<ul> <li>Lecturer Discussion</li> <li>Demonstration</li> <li>Practice Session</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Practical Exam and Viva Voce</li> </ul>
VI	<b>3 Hrs</b> T=1 P=2	•Describe the use of Hospital Management System	•Hospital Management System : Types and uses	<ul><li>Lecture Discussion</li><li>Demonstration</li></ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Practical Exam and Viva Voce</li> </ul>

#### REFERENCES

- 1) Jain and Saakshi (2004), <u>COMPUTERS FOR NURSES</u>
- 2) Kalicharan (2002), INTRODUCTION TO COMPUTER SCIENCE
- 3) Nicoll (2001), NURSES GUIDE TO INTERNET. Third edition.
- 4) Phatak M et al (2001), MULTIMEDIA TECHNIQUES. First edition, Nirali Prakashan.
- 5) Rajaraman (1999), *FUNDAMENTALS OF COMPUTER*. Tata Macrohill Publication, New Delhi.
- Sanjeev kumar (2002), <u>A TEXTBOOK OF COMPUTER APPLICATIONS</u>. Educational and Technical Publishers, New Delhi.

# **Evaluation Scheme**

Subject #Introduction to computer	Internal Assessment	Total
Theory	100	100
	(College level qualifying exam, minimum passing	
	Marks 50%.)	

# College level qualifying exam to appear in University Examination must be minimum 50% combined i.e. 50 marks out of 100 marks (Theory & Practical Examination clubbed together)

Details as follows:

**Internal Assessment: 100 Marks** (Out of 100 Marks to be send to the University)

Mid-Term:	50 Marks
Prelim:	50 Marks
Total:	100 Marks

# SOCIOLOGY

# **Placement: Second Year**

# **Total Hours: 60**

**Course Description:** This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

**Course objectives:** At the end of the course, the student will be able to:

- 1. Describe the structure and the dynamics of the society
- 2. Discuss the relationship of the individual to the society.

3. Understand the social problems and its influence on social changes and the factors contributing

to it.

- 4. Describe sociological concepts applicable to nursing.
- 5. Determine role of sociology in nursing as related to social institution in India
- 6. Develop positive attitudes towards individual, family and community.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
Ι	1	State the importance of sociology in Nursing	Introduction Definition of Sociology Nature and Scope of the discipline Importance and application of Sociology in Nursing	Lecture Discussion	Essay type Short answers
II	3	Describe the inter - relationship of individual in society and community	Individual & Society Society and Community Nature of Society Difference between society and community Process of socialization and individualization Personal disorganization	Lecture Discussion	Essay type Short answers
III	3	Describe the influence of culture and on health and disease	<b>Culture</b> Nature of culture Evolution of culture Diversity and uniformity of culture Culture and socialization Trans cultural society Influence on health and disease	Lecture Discussion Panel Discussion	Essay type Short answers

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
IV	4	Identify various social groups and their interactions	Social groups and Processes The meaning and classification of groups Primary & Secondary Group In-group V/s. Out-group, Class, Tribe, caste Economic, Political, Religious groups, Mob, Crowd, Public and Audience Interaction & social processes Co - operation, competition, conflict Accommodation, Assimilation & Isolation	Lecture Discussion	Essay type Short answers
V	6	Explain the growth of population in India and its impact on health	<b>Population</b> Society and population	Lecture Discussion Community identification	Essay type Short answers Assessment of report on community identification
VI	5	Describe the institutions of family and marriage in India	Family and Marriage Family - functions Types - Joint, Nuclear, Blended and extended family: Characteristics The modern family - changes, problems - Dowry etc. Welfare services Changes & legislations on family and marriage in India - marriage acts Marriage: Forms and functions of marriage Marriage and family problems in India Family, marriage and their influence on health and health practices	Lecture Discussion Family case study	Essay type Short answers Assessment of family case study

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
VII	7	Describe the	Social Stratification Meaning & types of social stratification The Indian Caste system-origin & features Features of Caste in India Today Government polices for schedule caste, schedule tribe, and OBC Social Class system and status Social mobility-meaning & types Race as a biological concept, criteria of racial classification Salient features of Primary races Racism Influence of Class, caste and Race on health and	Lecture Discussion Community survey	Essay type Short answers Assessment of report on community survey
VIII	6	Describes the types of communities in India, their practices and the impact on health	health practices Types of communities in India (Rural, Urban and Regional) Features of village community & Characteristics of Indian villages Panchayat system, social dynamics Community development project and planning Changes in Indian Rural life Availability of health facilities in rural and its impact on health and health practices The growth of cities: Urbanisation and its impact on health and health practices Major Urban problems – Urban Slums Region; problems and impact on Health	Lecture Discussion Visits to rural and urban community survey	Assessment 0f report on community survey

IX	4	process of	Social Change Nature and process of Social Change Factors influencing Social change: cultural change, Cultural lag, culture and health (with special reference to women's health). Introduction to Theories of social change: Linear, Cyclical, Marxian, Functional, Sanskritisation and Modernisation. Role of nurse -Change agents	Lecture Discussion	Essay type Short answers
X	4	Social system and inter- relationship of social	<b>Social organization and social system</b> Social organization: elements, types Democratic and authoritarian modes of	Lecture Discussion Observation visits	Essay type Short answers Assessment of visit reports
XI	2	Explain the nature and process of social control	Social Control Nature and process of social control Political Legal, Religious, Educational Economic. Industrial and Technological system, Norms & Values- Folkways& Mores Customs, Laws and fashion Role of nurse	Lecture Discussion Community survey	Essay type Short answers Assessment of report on community survey
XII	15	problems in India	Social Problems Social disorganization Control & planning: poverty, housing, and illiteracy. Food supplies, prostitution, rights of women & children, Government health programs, vulnerable groups, elderly, handicapped minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/AIDS. Social Welfare programmes in India Role of nurse	Lecture Discussion Institutional visits	Essay type Short answers Assessment of visit reports

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### **EVALUATION**

<b>INTERNAL ASSESSMENT: (Theo</b>	Maximum Marks: 25	
Mid-term Examination:	50 Marks	
Pre-final Examination:	75 Marks	
Total:	125 Marks	
(125 Marks to be converted in	ernal Assessment (Theory))	

#### **EXTERNAL ASSESSMENT: (Theory)**

University examination: 75 Marks

# PHARMACOLOGY

### **Placement: Second Year**

# Theory – 45 Hours (Class 35 Hours + Lab 10 Hours)

**Course Description:** This course is designed to enable students to acquire understanding of pharmacodynamics, pharmacokinetics, principles of therapeutics and nursing implications.

**Specific objectives:** at the end of the course the students are able to:

- 1. Understand the basic concepts of pharmacology
- 2. Understand the pharmacology of common chemotherapeutics.
- 3. Understand common antiseptics, disinfectants and insecticides.
- 4. Understand drug acting on various systems of human body.
- 5. Appreciate alternative systems of medicines.

Unit	Time (Hrs)	Learning Objectives	Content Teach Learn Activ		Assessment Methods
Ι	2	Describe pharmaco- dynamics, pharmacokinetic s, classification and the principles of drug administration	<ul> <li>Introduction to Pharmacology</li> <li>Definitions</li> <li>Sources</li> <li>Terminology use</li> <li>Types: Classification</li> <li>Pharmaco-dynamics: Actions, therapeutic</li> <li>Adverse, toxic</li> <li>Pharmacokinetics: Absorption, distribution, metabolism, interaction, excretion</li> <li>Review: Routes and principles of administration of drugs</li> <li>Indian pharmacopoeia: Legal issues</li> <li>O Storage of various drugs</li> <li>Calculation of drug dosage</li> <li>Rational use of drugs</li> <li>Principles of therapeutics</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>n</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
II	5	Explain chemotherap y of specific infections and infestations and nurse's responsibiliti es	<ul> <li>Chemotherapy</li> <li>Pharmacology of commonly used: <ul> <li>Penicillin</li> <li>Cephalosporins</li> <li>Aminoglycosides</li> <li>Macrolide &amp; Broad Spectrum Antibiotics</li> <li>Sulfonamides</li> <li>Quinolones</li> <li>Antiamoebic</li> <li>Antimalarials</li> <li>Antihelmintics</li> <li>Antiscabies agents</li> <li>Antitubercular drugs</li> <li>Antileprosy drugs</li> <li>Anticancer drugs</li> <li>Immuno-suppressants</li> </ul> </li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Drug study/ Presentation</li> <li>O field visits/ educational trips to pharmaceutical farms / companies</li> <li>O Pharmacological management of clinical conditions.</li> <li>O Practical classes in the pharmacology department like administration \of injections and medications</li> </ul>	<ul> <li>Short answer s</li> <li>Objecti ve type</li> </ul>
III	2	Describe antiseptics, disinfectants, insecticides and nurse's responsibiliti es	<ul> <li>Pharmacology of commonly used anitiseptics, disinfectants and insecticides</li> <li>Antiseptics: Composition, action, dosage, route, indications, contraindications, drug interactions, side-effects, adverse effects, toxicity, and role of nurse</li> <li>Disinfectants</li> <li>Insecticides</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Drug study/ Presentation</li> </ul>	<ul> <li>Short answers</li> <li>Objecti ve type</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	L	eaching earning activities		esessment ethods
IV	2	Describe drugs acting gastro- intestinal system and nurse's responsibilit ies	<ul> <li>Drugs acting on G I System</li> <li>Pharmacology of commonly used <ul> <li>Antiemetics</li> <li>Emetics</li> <li>Purgatives</li> <li>Antacids</li> <li>Cholinergic</li> <li>Anticholinergics</li> <li>Fluid and Electrolyte therapy</li> <li>Antidiarrhoeals</li> <li>Histamines</li> </ul> </li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul>	•	Lecture Discussi on Drug study/ presentat ions	• •	Short answers Objectiv e type
V	2	Describe drugs used on Respiratory systems and nurse's responsibilit ies	<ul> <li>Drugs used on Respiratory System</li> <li>Pharmacology of commonly used <ul> <li>Antiasthmatics</li> <li>Mucolytics</li> <li>Decongestants</li> <li>Expectorants</li> <li>Antitussives</li> <li>Bronchodilators</li> <li>Broncho constrictors</li> <li>Antihistamines</li> </ul> </li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul>	•	Lecture Discussio n Drug study/ presentati ons	•	Short answers Objectiv e type
VI	2	Describe drugs used on Urinary systems and nurse's responsibilit ies	<ul> <li>Drugs used on Urinary System</li> <li>Pharmacology of commonly used</li> <li>Diuretics and Antidiuretics</li> <li>Urinary antiseptics</li> <li>Cholinergics and anticholinergics</li> <li>Acidifiers and alkalanizers</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul>	•	Lecture Discussi on Drug study/ presentat ions	•	Short answers Objectiv e type

Unit	Time (Hrs)	Learning Objectives	Content	L	eaching earning ctivities		ethods
VII	3	Describe drugs used in deaddiction, emergency, deficiency of vitamins & minerals, positioning, for immunization and immunosuppressi on and nurse's responsibilities	<ul> <li>Miscellaneous</li> <li>Drugs used in deaddiction</li> <li>Drugs used in CPR &amp; emergency</li> <li>Vitamins and minerals</li> <li>Immunosuppressants</li> <li>Antidotes</li> <li>Antivenom</li> <li>Vaccines and Sera</li> </ul>	•	Lecture Discussi on Drug study/ presentat ions	•	Short answers Objecti ve type
VIII	1	Describe drugs used on skin and mucous membranes and nurse's responsibilities	<ul> <li>Drugs used on skin and mucus membranes</li> <li>Topical applications for skin, eye, ear, nose, and buccal cavity</li> <li>Antipruritics</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul>	•	Lecture Discussi on Drug study/ presentat ions	•	Short answers Objecti ve type
IX	5	Describe drugs used on Nervous system and nurse's responsibilities	<ul> <li>Drugs acting on Nervous System Basic &amp; applied pharmacology of commonly used: <ul> <li>Analgesics &amp; Anesthetics</li> <li>Analgesics</li> <li>Nonsteroidal anti-inflammatory (NSAID) drugs</li> <li>Antipyretics</li> <li>Hypnotics and sedatives</li> <li>Opioids</li> <li>Non opioids</li> <li>Tranquilizers</li> <li>General &amp; local anaesthetics</li> <li>Gases – Oxygen, nitrous oxide, Carbon dioxide</li> <li>Cholinergic &amp; anticholinergics: Muscle relaxants Major tranquilizers Anticonvulsants Anticonvulsants Adrenergics </li> </ul></li></ul>	•	Lecture Discussi on Drug study/ presentat ions	•	Short answers Objecti ve type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			<ul> <li>Noradrenergics</li> <li>Mood stabilizers</li> <li>Acetylcholine</li> <li>Stimulants</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul>		
X	4	Describe drugs used on Cardiovascular system and nurse's responsibilities	<ul> <li>Cardiovascular Drugs <ul> <li>Haematinics</li> <li>Cardiotonics</li> <li>Anti anginals</li> <li>Antihypertensives &amp; vasodilators</li> <li>Anti-arrhythmics</li> <li>Plasma expanders</li> <li>Coagulants &amp; anticoagulants</li> <li>Antiplatelets &amp; thrombolytics</li> <li>Hypolipidemics</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul> </li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Drug study/ presentation s</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
XI	3	Describe drugs used for hormonal disorders and supplementation, contraception and medical termination of pregnancy and nurse's responsibilities	Drugs used for hormonal disorders and supplementation, contraception and medical termination of pregnancy • Insulin & Oral hypoglycemics • Thyroid supplements & suppressants • Steroids , Anabolics • Uterine stimulants & relaxants • Oral contraceptives • Other estrogen – progestrone preparations • Corticotrophine & Gonadotropines	<ul> <li>Lecture</li> <li>Discussion</li> <li>Drug study/ presentation s</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Contentss	Teaching Learning Activities	Assessment Methods
			<ul> <li>Adrenaline</li> <li>Prostaglandins</li> <li>Calcitonins</li> <li>Calcium salts</li> <li>Calcium regulators</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity &amp; role of nurse.</li> </ul>		
XII	4	Demonstrate awareness of the common drugs used in alternative system of medicine	<ul> <li>Introduction to drugs used in alternative system of medicine</li> <li>Ayurveda, Homeopathy, Unani and Siddha etc</li> </ul>	<ul><li>Lecture</li><li>Discussion</li><li>Observational visits</li></ul>	<ul> <li>Short answers</li> <li>Objectiv e type</li> </ul>

#### <u>Lab: 10 Hrs</u>

Administration of medications-oral

Administration of medications -Subcutaneous, intramuscular and intravenous injections

Visits to: -

Allopathy Pharmaceutical farm / company Ayurveda Pharmaceutical farm / company Homeopathy Pharmaceutical farm / company

#### **Bibliography: (Pharmacology)**

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# **PATHOLOGY AND GENETICS**

#### **Placement: Second Year**

**Theory – 45 Hours** 

Pathology - 30 Hrs (Class 23 + Lab 07 Hrs) Genetics – 15 Hrs

# **A: PATHOLOGY**

**Course Description:** This course is designed to enable students to acquire knowledge of pathology of various disease conditions and apply this knowledge in practice of nursing.

Specific objectives: At the end of the course students are able to:

- 1. Understand the basic concepts of pathology.
- 2. Understand the pathophysiological changes in different system disorders.
- 3. Assist for various pathological tests conducted in the clinical field.
- 4. Collect and send the pathological tests and infer their results with patient conditions.

Unit	Tiı (H Th.		Objectives	Content	Teaching Learning activities	Assessment methods
Ι	3		1.Define the common terms used in pathology 2.Appreciate the deviations from normal to abnormal structure and functions of the body system	- Introduction to nothology	<ul> <li>Lecture</li> <li>Discussion</li> <li>Explain using charts</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
II	10	03	Explain pathological changes in disease conditions of various systems	<ul> <li>Systemic Pathology</li> <li>Pathological changes in disease conditions of various systems:</li> <li>Respiratory tract</li> <li>Tuberculosis, Bronchitis,</li> <li>Pleural effusion &amp; Pneumonia</li> <li>Lung abscess, emphysema, bronchiectasis</li> <li>Bronchial asthma, chronic obstructive pulmonary disease and tumours.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Explain using charts, slides, specimen, x-rays and scans</li> <li>Visit to pathology lab, endoscopy unit and OT</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

Unit		me rs) Pr.	Objec- tives	Content	Teaching Learning activities	Assessment methods
	111.	11.		<ul> <li>Cardiovascular system</li> <li>Pericardial effusion</li> <li>Rheumatic heart disease</li> <li>Infective endocarditis, atherosclerosis</li> <li>Ischemia, infarction &amp; aneurism</li> </ul>		
Ι	3			<ul> <li>Gastointestinal tract</li> <li>Peptic ulcer, Typhoid</li> <li>Carcinoma of GI tract – buccal, esophageal, gastric and intestinal</li> <li>Liver, Gall bladder &amp; pancreas</li> <li>Hepatitis, chronic liver abscess, Cirrhosis</li> <li>Tumours of liver, gall bladder and pancreas</li> <li>Cholecystitis</li> <li>Kidneys &amp; Urinary tract</li> <li>Glomerulonephritis, pyelonephritis</li> <li>Calculi, Renal failure, Renal carcinoma &amp; Cystitis</li> <li>Diabetes Mellitus</li> <li>Male genital system</li> <li>Cryptorchidism, testicular atrophy</li> <li>Prostatic hyperplasia, Carcinoma penis &amp; prostate</li> <li>Female genital system</li> <li>Garcinoma cervix &amp; endometrium</li> <li>Vesicular mole, choriocarcinoma</li> <li>Ectopic gestation</li> <li>Ovarian cyst &amp; tumours</li> <li>Cancer breast</li> <li>Central Nervous System</li> <li>Vascular disorders – thrombosis, embolism</li> <li>Stroke, paraplegia, quadriplegia</li> <li>Tumours, meningiomas- gliomas</li> <li>Metastatic tumour</li> <li>Skeletal system</li> <li>Bone healing, osteoporosis, osteomyelitis</li> <li>Arthritis and tumours</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Explain using charts</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

Unit	Tin (Hr		Objectives	Content		Teaching Learning		ssessment methods
	Th.	Pr.				activities		
III	4	2	Describe various laboratory test in assessment and monitoring of disease conditions	<ul> <li>Haematology &amp; Pathology</li> <li>Various blood and bone marrow tests in assessment and monitoring of disease conditions</li> <li>Hemoglobin</li> <li>RBC, white cells &amp; platelet counts</li> <li>Bleeding time, clotting time and prothrombin time</li> <li>Blood grouping and cross matching</li> <li>Blood chemistry</li> <li>Blood culture</li> <li>Serological and immunological tests</li> <li>Other blood tests</li> <li>Examination of bone marrow</li> <li>Methods of collection of blood specimen for various clinical pathology, biochemistry, microbiological tests, inference and normal values</li> <li>Nurse's role in collection and dispatch of various samples for laboratory tests.</li> <li>Universal and the product of the product of the pload</li> </ul>	•	Lecture Discussion	•	Short answers Objectiv e type
IV	2	1	Describe the laboratory tests for examinatio n of body cavity fluids, transudates and exudates	<ul> <li>o Universal safety precautions</li> <li>Examination of body cavity fluids, transudates and exudates</li> <li>The laboratory tests used in CSF analysis</li> <li>Examination of other body cavity fluids, transudates and exudates- sputum, wound discharge etc.</li> <li>Analysis of gastric and duodenal contents</li> <li>Analysis of semen- sperm count, motility and morphology and their importance in infertility</li> <li>Methods of collection of CSF and other cavity fluids specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values.</li> <li>Nurse's role in assisting and preparing the patient for these diagnostic tests</li> </ul>		Lecture Discussion Demonstra tion	•	short answers Objectiv e type

Unit	Tin (Hr Th.		Objectives	Content	Teaching Learning activities	Assessment methods
	111.	ГI. 		• 0	activities	
V	1	1	Describe the laboratory tests for examinatio n of Urine and Faeces	<ul> <li>Urine &amp; Faeces</li> <li>Urine</li> <li>Physical characteristics</li> <li>Analysis</li> <li>Culture and sensitivity</li> <li>Characteristics</li> <li>Characteristics</li> <li>Stool examination: occult blood, ova, parasite and cyst, reducing substance etc.</li> <li>Methods of collection for various tests, inference and normal values</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

# Lab – 07 Hrs

#### Museum specimens of, • Respiratory disorders

- Tuberculosis
- Cardiovascular disorders-IE, RHD, Hypertension, MI
- Ulcers of GIT
- Hepatobiliary disorders
- Renal diseases
- Female genital tract

### Visits to:-

- o Pathology lab
- Endoscopy unit
- Operation Theatre
- Routine examination of urine
- Hb estimation
- Cell counts

### **Bibliography - Pathology**

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# **B**-GENETICS

## **Placement: Second Year**

## **Theory – 15 Hours**

**Course Description**: This course is designed to enable students to acquire understanding of Genetics, it role in causation and management of defects and diseases.

Specific objectives: At the end of the course students are able to:

- 1. Understand the basic concepts of genetics
- 2. Understand maternal, prenatal and genetic influences on development of defects and diseases
- 3. Understand the significance of genetic testing.
- 4. Understand genetic disorders in various age groups.
- 5. Appreciate services related to genetics

Unit	Time (hrs)	Objectives	Content		Teaching Learning activities		Assessment methods
Ι	3	1.Explain nature, principles and perspective s of heredity	<ul> <li>Introduction</li> <li>Practical application of genetics in Nursing</li> <li>Impact of genetic condition on families</li> <li>Review of cellular division mitosis and meiosis</li> <li>Characteristics and structure of genes</li> <li>Chromosomes – sex determination</li> <li>Chromosomal aberrations pattern of inheritance</li> <li>Mendalian theory of inheritance</li> <li>Multiple allots and blood groups</li> <li>Sex linked inheritance</li> <li>Mechanism of inheritance</li> <li>Errors in transmission (Mutation)</li> </ul>	•	Lecture Discussio n Explain using charts, slides	•	Short answers Objective type
Π	3	Explain maternal, prenatal and genetic influences on developmen t of defects and diseases	<ul> <li>Maternal, prenatal and genetic influences on development of defects and diseases</li> <li>Conditions affecting the mother: genetic and infections</li> <li>Consanguinity atopy</li> <li>Prenatal nutrition and food allergies</li> <li>Maternal age</li> <li>Maternal drug therapy</li> <li>Prenatal testing and diagnosis</li> <li>Effect of radiation, drugs and chemicals</li> <li>Infertility</li> <li>Spontaneous abortion</li> <li>Neural tube defects and the role of folic acid in lowering the risks</li> <li>Down syndrome (Trisomy 21)</li> </ul>	•	Lecture Discussio n Explain using charts, slides	•	Short answers Objective type

Unit	Time (hrs)	Objectives	Content	Teaching Learning activities	Assessment methods
III	2	1.Explain the screening methods for genetic defects and diseases in neonates and children	<ul> <li>Genetic tests in neonates and children</li> <li>Screening for</li> <li>≻ Karyotype analysis</li> <li>≻ Congenital abnormalities</li> <li>≻ Developmental delay</li> <li>≻ Dysmorphism</li> </ul>	<ul> <li>Lecture</li> <li>Discuss ion</li> <li>Explain using charts, slides</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
IV	2	Identify genetic disorders in adolescents and adults	<ul> <li>Genetic conditions of adolescents and adults</li> <li>Cancer genetics – Familial cancer</li> <li>Inborn errors of metabolism</li> <li>Blood group alleles and hematological disorders</li> <li>Genetic haemochromatosis</li> <li>Huntington's disease</li> <li>Mental illness</li> </ul>	<ul> <li>Lecture</li> <li>Discuss ion</li> <li>Explain using charts, slides</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
V	5	Describe the role of nurse in genetic services and counselling	<ul> <li>Services related to Genetics</li> <li>Genetic testing</li> <li>Human genome project</li> <li>Gene therapy</li> <li>The Eugenics movement</li> <li>Genetic counseling</li> <li>Legal and ethical issues</li> <li>Role of nurse</li> </ul>	<ul> <li>Lecture</li> <li>Discuss ion</li> <li>Explain using charts, slides</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

#### **Bibliography** –(Genetics)

- 1. S Mandal: Fundamentals of Human Genetics II Edition New Central Book Agency, Kolkota 1996
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# **EVALUATION SCHEME** Internal Assessment:

Maximum Marks 25

### Theory:

15 Marks

	Pharmacology	Pathology and	Total Marks	Average
		genetics		Out of
Mid-term	30	20	50	-
Pre-final	40	35	75	-
		Total	125	15

(125 Marks to be converted in to 15 Marks for Internal Assessment (Theory))

#### Assignments: Two

a) Pharmacology –	Drug Study / Drug Presentation	25 Marks
b) Pathology -	Preparation of Patient for diagnostic Test	25 Marks
	Tota	l: 50 Marks
(50 N	Marks to be converted in to 10 Marks for Internal	Assessment (Assignments))

#### **External assessment:**

University Examination (Theory)

75 Marks

## Format for Assignment: -

# i) Drug study

- Index of drug
- Introduction
- Classification of drugs
- Factors affecting action of drugs
- Name of the drug (Trade & Pharmaceutical name)
- Preparation, strength and dose
- Indications and contraindications
- Actions
- Adverse effects and drug interactions
- Nursing responsibility
- Conclusion
- References

#### **Evaluation criteria**

Planning and organization	05
Content	10
Nursing responsibility	- 05
Conclusion & References	05
Total	25

#### ii) Preparation of patients for diagnostic tests

- Type of investigation
- Indications
- Preparation of the patient
- Do's and Don'ts
- Documents to be carried along
- Complications
- Aftercare of the patient
- Conclusion
- Reference

#### **Evaluation criteria**

Criteria Organization	10	Marks
Content Conclusion and references	05	10
Total	25	

# MEDICAL SURGICAL NURSING (ADULT INCLUDING GERIATRICS) – I

### **Placement: Second Year**

# Theory: 210 Hrs Practical: 720 Hrs

**Course Description:** The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical surgical disorders in varieties of health care settings and at home.

Specific Objectives: At completion of the course the student is able to:

- a. Describe the causes, signs and symptoms, treatment and prevention of medical surgical conditions.
- b. Demonstrate skill in carrying out nursing techniques and procedures in keeping with scientific principles.
- c. Discuss nursing process and provide nursing care to patients with various medical surgical conditions.

	Time Hrs	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	13	*Appreciat e the trends in medical & surgical nursing * Describe the role of a Nurse in caring for adult patients in hospital & Community * Describe the concept of Medical Surgical asepses	<ul> <li>INTRODUCTION <ul> <li>Introduction to Medical Surgical Nursing Evaluation &amp; trends of medical &amp; surgical nursing</li> <li>Review of concepts of health &amp; illness, diseases concepts, its causes- Classification of diseases, International classification of Diseases</li> <li>Acute, chronic, &amp; terminal stages of illness</li> <li>Review of concept of compressive Nursing care in medical Surgical Condition based on Nursing Process. Role of nurse patients &amp; family in care of adult patients.</li> <li>Role &amp; responsibility of nurse in medical surgical settings: <ul> <li>Outpatient department</li> <li>In patient department</li> <li>Intensive care units</li> <li>Home &amp; community settings</li> </ul> </li> <li>Introduction to medical Sepsis</li> <li>Inflammation and Infection <ul> <li>Stress adaptation</li> <li>Hemorrhage</li> </ul> </li> </ul></li></ul>	<ul> <li>Lectures &amp; Discussion</li> <li>Charts, graphs models, films and slides</li> <li>Demonstrations</li> <li>Practice sessions</li> <li>Case discussions</li> <li>Seminars</li> <li>Clinical practice</li> <li>Drug book</li> <li>Exposure to related procedures</li> </ul>	•Essay type •Short answers •Objective type •Skill assessment with check list •Clinical work

Unit	Time Hrs	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			<ul> <li>Nutritional consideration</li> <li>immunity</li> <li>Wound heling</li> <li>Care of surgical patients. Preoperative Intraoperative</li> </ul>		
			Postoperative • <u>Demonstrations</u> -surgical asepsis -Dressings -Care of wound drainage -Preoperative preparation of patients.		
Π	12	Describe the common sign and symptoms of problems and their specific nursing management	Common sign and symptoms and management-Fluid & electrolyte imbalance-Vomiting-Dyspnea and cough, respiratory difficulty and obstructions-Fever-Shock-Unconsciousness, syncope-Pain-Incontinence (bladder & bowl) & retention of urine- Constipation- Diarrhea-Edema-Age related problems-Geriatric problem.	<ul> <li>Lectures &amp; Discussion</li> <li>Charts, graphs models, films and slides</li> <li>Demonstrations</li> <li>Practice sessions</li> <li>Case discussions / seminar</li> </ul>	Essay type •Short answers •Objective type of question Assessment of skill assessment with check list •Clinical work

Unit	Time	Learning Objectives	Content	Teaching Learning	Assessment Methods
III	20	Describe the Etiology , pathophysiolo gy clinical manifestation & diagnostic measures ( & management of patients ( adult including elderly) with disorder of reparatory system common medical surgical nursing procedures	<ul> <li>Nursing management of patients (adults including elderly) with respiratory problems         <ul> <li>Review of Anatomy &amp; Physiology of respiratory system.</li> <li>Nursing Assessment – History &amp; Physical assessment</li> <li>Etiology, Pathophysiology, Clinical manifestations, diagnosis, treatment modalities &amp; Medical, surgical, Nutritional &amp; nursing including elderly with:</li> <li>Upper Respiratory tract infections</li> <li>Bronchitis , Bronchiolitis</li> <li>Asthma</li> <li>Emphysema</li> <li>Empyma</li> <li>Atelectasis</li> <li>Chronic obstructive Pulmonary Diseases (COPD)</li> <li>Bronchiectasis</li> <li>Pneumonia</li> <li>Pulmonary tuberculosis</li> <li>Lung abscess</li> <li>Pleural abscess, effusion</li> <li>Cysts &amp; Tumors</li> <li>Chest injuries</li> <li>Respiratory arrest, ARDS &amp; insufficiency</li> <li>Pulmonary embolism Special therapies, alternative therapies Nursing Procedures Drugs used in treatment of respiratory disorders.</li> <li>Demonstrations</li> <li>Respiratory assessment assisting in procedures of X ray chest, MRI, lung Biopsy, bronchoscopy</li> <li>Thoracocentesis, - care of patients</li> </ul> </li> </ul>	Activities • Lectures & Discussion charts, graphs models, films and slides • Demonstratio ns • Practice sessions • Case discussions / Seminar • Clinical Practice • Drug book • Exposure to procedure- X ray • MRI Edoscopy	•Essay type Short answers •Objective type of questions Assessment of skills with assessment of patients with Clinical work Management problem

			with chest drainage & change of chest drainage- Care of patients on ventilators & weaning – nebulisation,		
Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
IV	30	Describe the etiology, Patho- physiology, clinical manifestation, diagnostic measures and management of patients (Adults including elderly) with disorders of Digestive system	Nursing management of patient (Adults including elderly) with disorders of Digestive system • Review of Anatomy & Physiology of digestive system • Nursing Assessment –history & physical assessment • Etiology, patho-physiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, Nutritional & nursing management Disorders of oral cavity •Oral cavity- Lips, gums, tongue, salivary and teeth -esophagus- inflammation, stricture, obstruction, bleeding & esophageal tumour •Stomach & Duodenum- hiatus hernia, gastritis, peptic & duodenal ulcer, bleeding, tumour pyloric stenosis -Food allergy & poisoning • Small intestinal inflammation and infection - Ulcerative colitis, entritis, malabsorbtion syndrome, Obstruction, tumors perforation, •Large Intestinal disorders -Colitis inflammations & infection, obstruction, Tumors, lump Hernis •Appendix Inflammation, mass, abscess, rupture •Anal & Rectum Fistulas, fissures, Hemorroides and tumour •Peritonitis/ acute abdominal • Pancreas; inflammation, cyst, abscess, tumours Abdominal trauma • Acute Abdoma to •Pancreas- Acute & chronic pancreatitis, abscess & tumors	•Lectures & Discussion •Charts, graphs models, films and slides •Demonstrati ons •Practice sessions •Case discussions •Seminars •Clinical practice •Drug book •Exposure to related procedures Health Education Supervised clinical practice Drug Book / Presentation	•Essay type •Short answers •Objective type •Skill assessment with check list •Clinical work assessment of patient management

	•Liver- Jaundice, hepatitis, cirrhosis,	
	abscess, portal hypertension, hepatic	
	failure and tumors	

Objectives		Learning	Methods
		Activities	
	•Biliary tract & gall bladder		
	-Cholecytitis, cholelithiasis, tumors		
	•Demonstrations		
	-Preparing assessing & witnessing		
	- Barium meal, enema,		
	-Abdominal paracentesis,		
	-Liver biopsy,		
	-Endoscopies, ERCP, OGD,		
	Colonoscopy, Proctoscopy,		
	Sigmoidoscopy		
	-Liver function test		
	Gastric analysis, stomach wash		
	- Gastrostomy feeding		
	5 7 0		
	- Colostomy care		
	• Liver inflammation cyst,		
	abscess, cirrhosis, portal		
	hypertension, hepatic failure,		
	tumours,		
	• Gall Bladder, inflammation,		
	Obstruction, Stones, & tumours		
		<ul> <li>-Abdominal paracentesis,</li> <li>-Liver biopsy,</li> <li>-Endoscopies, ERCP, OGD,</li> <li>Colonoscopy, Proctoscopy,</li> <li>Sigmoidoscopy</li> <li>-Liver function test</li> <li>Gastric analysis, stomach wash</li> <li>- Gastrostomy feeding</li> <li>- Jejunestomy feeding</li> <li>- Bowel wash</li> <li>- Colostomy care</li> <li>- Liver inflammation cyst,</li> <li>abscess, cirrhosis, portal</li> <li>hypertension, hepatic failure,</li> <li>tumours,</li> </ul>	<ul> <li>-Abdominal paracentesis,</li> <li>-Liver biopsy,</li> <li>-Endoscopies, ERCP, OGD,</li> <li>Colonoscopy, Proctoscopy,</li> <li>Sigmoidoscopy</li> <li>-Liver function test</li> <li>Gastric analysis, stomach wash</li> <li>- Gastrostomy feeding</li> <li>- Jejunestomy feeding</li> <li>- Bowel wash</li> <li>- Colostomy care</li> <li>- Liver inflammation cyst,</li> <li>abscess, cirrhosis, portal</li> <li>hypertension, hepatic failure,</li> <li>tumours,</li> <li>- Gall Bladder, inflammation,</li> <li>Obstruction, Stones, &amp; tumours</li> <li>Special Therapies, alternative</li> <li>therapies nursing procedures, drug</li> <li>used in the treatment of disorders &amp;</li> </ul>

Unit	Time	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
V	30	Describe	Nursing management of patient(	•Lectures	•Essay type
		the	adults including elderly) with blood	&	•Short
		etiology,	and cardiovascular problems	Discussion	answers
		patho-	• Review of Anatomy & Physiology of	• Explain	•Objective
		physiology,	blood and cardiovascular system	charts,	type
		clinical	Nursing Assessment – history &	graphs	•Skill
		manifestatio	physical assessment.	models,	assessment
		n,	• Etiology, patho physiology, clinical	films and	with check
		diagnostic	manifestation, diagnosis, treatment	slides	list
		measures	modalities: medical, surgical,	•Demonstrat	•Clinical
		and	Nutritional & nursing management of:	ions	work
		managemen	• Heart-	•Practice	
		t of patients	-Coronary artery disease	sessions	
		(adults	-Ischemic heart disease	•Case	
		including	- Coronary atherosclerosis	discussions	
		elderly)	-Angina pectoris	/	
		with	-Myocardial infarction	Seminars	
		disorders of	-Congestive cardiac failure	•Clinical	
		blood and	-Corpulmonale	practice	
		cardiovascu	-Pulmonary Odema	•Drug book	
		lar	-Cardiogenic shock	•Exposure	
		problems	-Cardiac tamponade	to procedure	
		Describe	- Endocarditis	visit to	
		the vascular	-Myocarditis	blood bank	
		conditions	-Pericarditis	participatio	
		and its	-Cardiomyopathies	n in blood	
		nursing	• Valvular heart disease-	bank	
		managemen	-Congenital & acquired	counseling	
		t	-Rheumatic heart disease		
			-Mitral stenosis		
			<ul> <li>Conduction system</li> </ul>		
			-Cardiac dysarthmias & heart blocks		
			Vascular systems		
			Hypertension, hypotension		
			Raynaud's disease		
			Aneurism and Perpherial vascular		
			disorders, Cardiogenic shock		
			•Cardiac arrest- ACLS, BLS		
			• Blood		
			-Anaemias		
			-Polycythemia		
			- Bleeding & coatings disorders		
			-Thrombocytopenia		
			-Hemophilia		
			-Thalassemia		
			-Leukemia		

			<ul> <li>-Leucopenia</li> <li>Agranulocytosis</li> <li>-Lymphomas &amp; Myelomas</li> <li>Blood bank functioning &amp; Biosafety management related to blood transfusion</li> <li>-Role of nurse in organ donation, transplant, retrieval &amp; banking</li> <li>Drugs used in cardiovaxular system.</li> <li>Alternative therapies</li> <li>Demonstration-ECG-3 &amp; 12 lead,</li> <li>-Holter monitoring</li> <li>-2DEcho,Doppler</li> </ul>		
VI	10	Describe the etiology, Patho- physiology, clinical manifestatio n, diagnostic measures and management of patients (adults including elderly) with disorders of gentio- uinary system	Nursing management of patient (Adults including elderly) with genitio-urinary problems• Review of Anatomy & Physiology of genito-urinary systems• Nursing Assessment –history & physical assessment.• Etiology, patho-physiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of -Nephritis• Nephrotic syndrome -Nephrosis• Renal calculus• Tumours -Acuterenal failure -Chronic renal failure-End stage renal disease -Dailysis, renal transplant -congenital disorders, urinary infections -Benign prostate hypertrophy• Kidney -Polycystic kidney• Disorders of ureter, urinary bladder- urethera- inflammation infections, calculus stricture, obstructions, tumors, prostrate Drug used intro treatment of Genic Demonstration care of Indwelling catheterization male / female Condom catheters (external)	<ul> <li>Lectures &amp; Discussion</li> <li>Explain using charts, graphs models, films and slides</li> <li>Demonstrat ions</li> <li>Practice sessions</li> <li>Case discussions/ Seminars</li> <li>Supervised Clinical practice</li> <li>Drug book/presen tation</li> <li>Exposure to procedure Health Education</li> </ul>	Essay type •Short answers •Objective type •Skill assessment with check list •Clinical work Assessment of patient management problem

Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
VII	5	Describe the etiology, Patho- Physiolgy, Clinical manifestatio ns, diagnostic measures and management of patients (adults including elderly) with disorders of male reproductive system.	<ul> <li>Nursing management of disorders of male (adults including elderly).</li> <li>reproductive system <ul> <li>Review of anatomy and</li> </ul> </li> <li>Physiology of male reproductive system <ul> <li>Nursing assessment-history and physical assessment</li> <li>Etiology, patho-physiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical dietetics and nursing management of disorders of male reproductive system</li> <li>Congenital malformations; cryptorchidism</li> <li>Infections</li> <li>Hypospadiasis, Epispadiasis</li> </ul> </li> <li>Infection Testis and adjacent structure</li> <li>Penis <ul> <li>Prostate: inflammation, infection hypertrophy, tumor</li> <li>Sexual Dysfunction</li> <li>Infertility</li> <li>Contraception</li> <li>Breast, gynecomastia, tumor</li> <li>Climacteric changes special therapies, alternative therapies.</li> <li>Nursing procedures</li> </ul> </li> </ul>	Lecture discussion Explain using Charts, graphs • Models, films, slides • Demonstr ation • Practice session • Case discussion / seminar • Health education • Supervise d clinical practice • Drug book /presentatio n	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patients management problem</li> </ul>

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Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
VIII		Describe the etiology, Patho Physiology, clinical manifestatio ns, diagnostic measures and management of patients (adults including elderly) with disorders of endocrine system	<ul> <li>Nursing management of patient. (adults including elderly) with disorders of endocrine system</li> <li>Review of anatomy and physiology of endocrine system <ul> <li>Nursing assessment-history and physical assessment</li> <li>Etiology, patho-physiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, dietetics and nursing management of</li> <li>Disorders of pituitary</li> <li>Disorders of thyroid and parathyroid</li> <li>Adrenal tumour</li> <li>Diabetes mellitus</li> <li>Diabetes insipidus_</li> <li>special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>drugs used in treatment of disorders of endocrine system</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Mod els, films</li> <li>Slide s</li> <li>Dem onstr ation</li> <li>Pract ice sessi on</li> <li>Case disc ussio n / semi nar</li> <li>Heal th educ ation</li> <li>Supe rvise d clini cal pract ice</li> <li>Drug book /</li> <li>pres entat ion</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> <li>Assessme nt of skills with check list</li> <li>Assessment of patients management problem</li> </ul>

Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
IX	10	Describe the etiology, Patho Physiology, clinical manifestatio ns, diagnostic measures and management of patients (adults including elderly) with disorders of skin	<ul> <li>Nursing management of patients. (adults including elderly) with disorders of Integumentary system</li> <li>Review of anatomy and physiology of skin and its appendages</li> <li>Nursing assessment-history and physical assessment</li> <li>Etiology, Pathphysiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, dietetics and nursing management of disorders of skin and its appendages</li> <li>Lesions and abrasions</li> <li>Infection and infestations: Dermatitis</li> <li>Dermatoses; infectious and non infectious "inflammatory determatoses</li> <li>Acne vulgaris</li> <li>Allergies and Eczema</li> <li>Psoriasis</li> <li>Malignant melanoma</li> <li>Alopecia</li> <li>Leucoderma</li> <li>Care of patient with Skin surgery</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures,</li> <li>drugs used in treatment of disorders of Integumentary system</li> </ul>	<ul> <li>Lecture discussio n</li> <li>Explain using Charts, graphs</li> <li>Mode ls, films, slides</li> <li>Dem onstration</li> <li>Practice session n</li> <li>Case discussion / semin ar</li> <li>Healt h educa tion</li> <li>Super vised clinic al practice</li> <li>Drug book / presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patients management problem</li> </ul>

Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
X	15	Describe the etiology, Pathology, Physiology, clinical manifestatio ns, diagnostic measures and management of patients (adults including elderly) with disorders of musculoskel etal system	<ul> <li>Nursing management of patients. (adults including elderly) with musculoskeletal problems <ul> <li>Review of anatomy and physiology of musculoskeletal system,</li> <li>Nursing assessment-history and physical assessment</li> <li>Etiology, Pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, dietetics and nursing management of</li> </ul> </li> <li>Disorders of: <ul> <li>Muscles, ligaments and joints- inflammation, infection trauma</li> <li>Bones-inflammation, infection, dislocation, sprain, fracture, tumour &amp; trauma</li> <li>Osteomalacia and osteoporosis</li> <li>Arthritis</li> <li>Congenital deformities</li> <li>Spinal column – defects and deformities, tumor, Prolapsed inter vertebral disc. Pott's spine</li> <li>Paget's disease <ul> <li>Amputation</li> <li>Prosthesis</li> <li>Transplant and replacement surgeries</li> <li>Rehabilitation special therapies, alternative therapies</li> </ul> </li> </ul></li></ul>	<ul> <li>Lecture discussi on</li> <li>Explain using Chart, graphs</li> <li>Models, films, slides</li> <li>Demons tration</li> <li>Practice session</li> <li>Case discussi on / seminar</li> <li>Health educatio n</li> <li>Supervi sed clinical practice</li> <li>Drug book /</li> <li>presentation</li> </ul>	<ul> <li>type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessme nt of skill with check list</li> </ul>

Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
XI	10	• Describe the etiology, patho physiology, clinical manifestations diagnostic Measures and Management of Patients (adults Including elderly) with disorders of Immunological systems	Nursing management of Patient (adults Including elderly) with Immunological problems • Review of Immune system. • Nursing Assessment-History and physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis treatment modalities and medical, surgical, dietetics and nursing management of- • Immunodeficiency disorder • Primary immuno deficiency • Phagocytic dysfunction • B-cell and T-cell deficiencies • Secondary immuno-deficiencies • Acquired Immuno Deficiency Syndrome (AIDS) • Incidence of HIV & AIDS • Epidemiology • Transmission • Standard safety precautions • Roll of nurse, counseling • Health education and home care consideration, • National AIDS control program NACO various National and international agencies. • Infection control program • Rehabilitation, special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of immunological systems	<ul> <li>Lecture Discussion</li> <li>Explain using Charts, Graphs</li> <li>Models, films slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> <li>Orientation visit to Hospital control system</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problem</li> </ul>

Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
XII	20	Describe the etiology, Patho-, Physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with Communicable Diseases	<ul> <li>Nursing management of patient. (adults including elderly) with Communicable Diseases</li> <li>Overview of infectious disease, the infectious process</li> <li>Nursing Assessment-History and physical assessment</li> <li>Epidemiology, infectious process, clinical manifestations, diagnosis, treatment, prevention and dietetics. Control and eradication of common communicable diseases</li> <li>Tuberculosis</li> <li>Diarrhoeal diseases</li> <li>Hepatitis A-E</li> <li>Herpes</li> <li>Chickenpox</li> <li>Smallpox</li> <li>Typhoid</li> <li>Meningitis</li> <li>Gas gangrene</li> <li>Leprosy</li> <li>Dengue</li> <li>Plague</li> <li>Malaria</li> <li>Diphtheria</li> <li>Pertussis</li> <li>Poliomyelitis</li> <li>Measles</li> <li>Mumps</li> <li>Influenza</li> <li>Tetanus</li> <li>Yellow fever</li> <li>Filariasis</li> <li>HIV, AIDS communicable diseases</li> <li>Reproductive Tract Infections</li> <li>Special infection control measures; Notification, Isolation, Quarantine, Immunization, Infectious Disease Hospitals</li> <li>Special therapies, Alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of</li> </ul>	Lecture discussion •Explain using Charts, graphs • Models, films, slides • Demo nstrati on • Practic e sessio n • Case discus sion / semin ar • Health educat ion • Super vised clinica 1 practic e • Drug book / presentation	Essay type •Short answer • Objective type • Assessme nt of skills with check list •Assessmen t of patients managemen t problem

Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
XIII	25	<ul> <li>Describe the organizati on and physical set up of operation theatre</li> <li>Identify the various instrument s and equipment s used for common surgical procedures</li> <li>Describe the infection control measures in the operation theatre</li> <li>Describe the role of the nurse in the Peri operative nursing care</li> </ul>	<ul> <li>Peri Operative nursing: <ul> <li>Organization and physical set up of the operation theatre (OT):</li> <li>Classification</li> <li>O.T.DESIGN</li> <li>Staffing</li> <li>Members of the OT team.</li> <li>Duties and responsibility of nurse in OT</li> <li>Principles of health and operating room attire.</li> <li>Instruments</li> <li>Sutures and suture materials</li> <li>Equipments</li> <li>O.T. tables and sets for common surgical procedures</li> <li>Gowning and gloving</li> <li>Preparation of O.T. sets</li> <li>Monitoring the patients during surgical procedures</li> <li>Maintenance of therapeutics environment in O.T.</li> <li>Standard safely measures</li> <li>Infection control: fumigation, disinfection and sterilization</li> <li>Biomedical waste management</li> <li>Prevention of accidents and hazards in O.T. •Anaesthesia</li> <li>Types</li> <li>Methods of administration</li> <li>Effects and stages</li> <li>Equipment</li> <li>Drugs</li> <li>Cardio pulmonary Resuscitation (CPR)</li> <li>Pain management techniques Legal Aspects</li> </ul> </li> </ul>	<ul> <li>Lecture discussio n</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonst ration</li> <li>Practice session</li> <li>Supervis ed clinical practice</li> <li>Drug book / presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> <li>Assessme nt of skills with check list</li> </ul>

# MEDICAL SURGICAL NURSING (Adult including Geriatrics)-I Practical

# **Placement: Second year**

# Time: 720 Hours

Areas	Dura- tion (in wk)	Objectives	Skills	Assignments	Assessment Methods
General Medical Ward (Respira - - tory, GI, Endocrine, Renal, Hemoto - - logy)	06	<ul> <li>Provide nursing care to adult patients with medical disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Assessment of the patient</li> <li>Taking history</li> <li>Perform general and specific physical examination</li> <li>Respiratory</li> <li>GI</li> <li>Endocrine</li> <li>Renal</li> <li>Hematology</li> <li>Identify alterations and deviations.</li> <li>Practice medical surgical asepsis Standard safety measures.</li> <li>Administer medications</li> <li>Oral, IV, IM, ID, Subcutaneous, Airlock and Z-Track method</li> <li>Blood and Component Therapy</li> <li>IV therapy</li> <li>IV canulation</li> <li>Maintenance and monitoring</li> <li>IV additives</li> <li>IV Bottle change</li> <li>Oxygen therapy by different methods</li> <li>Ambu bag</li> <li>Ventuiry mask</li> <li>Nebulization</li> <li>Chest physio- therapy</li> <li>Postural drainage</li> <li>Naso gastric feeding</li> </ul>	<ul> <li>Plan and give care to 3-4 assigned patients</li> <li>Nursing care plan- 02</li> <li>Nursing case presentation-1</li> <li>Drug presentation-1</li> <li>Maintain drug book</li> <li>Maintain Practical record book</li> </ul>	<ul> <li>Assess perform- ance with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluation of case study/ presenta- tion</li> <li>Comple- tion of practical record.</li> </ul>

Areas	Dura- tion (in wk)	Objectives	Skills	Assignments	Assessment Methods
			•Gastric lavage		
			•Perform/Assist in		
			therapeutic procedures		
			□ Thoracentesis		
			Abdominal		
			Paracentesis		
			Barium meal		
			□ USG		
			□ Endoscopy		
			- ERCP		
			- OGD scopy		
			- Colonoscopy		
			- Proctoscopy		
			- Sigmoidoscopy		
			Blood and component		
			Transfusion		
			🗅 Plasma		
			□ RBC		
			□ Whole blood		
			□ Platelet		
			□ Cryoprecipitate		
			Throat suctioning		
			• Collect specimens for		
			common investigations		
			Blood		
			□ Urine		
			🗅 Stool		
			🗅 Sputum		
			Maintain elimination		
			Catheterization		
			□ Catheter care		
			Bowel wash		
			□ Enema		
			<ul><li>Urinary drainage</li><li>Bladder wash</li></ul>		
			<ul> <li>Bladder wash</li> <li>Maintain Intake, output</li> </ul>		
			• Maintain Intake, output and documentation		
			<ul> <li>Counsel and teach</li> </ul>		
			related to specific		
			disease conditions.		

Areas	Duration (in wk)	Objectives	Skills	Assignments	Assessment Methods
General Surgical Ward (GI, urinary, CVTS)	06	<ul> <li>Provide pre and post operative nursing care to adult patients with surgical disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Similar to skills of General medical Ward</li> <li>Pre operative preparation of patients.</li> <li>Preparation of skin</li> <li>Informed Consent</li> <li>Assist in various investigations in various surgeries</li> <li>Post operative care Receiving patient, assessment, monitoring, care</li> <li>Care of wounds and drainage</li> <li>Romovac drain</li> <li>Suture removal</li> <li>Ambulation and exercise</li> <li>Naso gastric aspiration</li> <li>Care of chest drainage</li> <li>Ostomy care</li> <li>Gastrostomy</li> <li>Colostomy</li> <li>Enterostomy</li> <li>Rehabilitation</li> </ul>	<ul> <li>Plan and give care to 3-4 assigned patients</li> <li>Nursing care plan – 02</li> <li>Nursing case study - 01</li> <li>Maintain drug book</li> <li>Maintain practical record book</li> </ul>	<ul> <li>Assess performanc e with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluation of case study/ presentatio n</li> <li>Comple- tion of practical record.</li> <li>Evaluation of care &amp; case plan</li> </ul>
Cardiolog y ward / CCU / ICU	02	<ul> <li>Provide nursing care to patients with cardiac disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Physical examination of the cardio vascular system</li> <li>Recording and interpreting ECG</li> <li>Monitoring of patients</li> <li>Preparation and assisting in non- invasive and invasive diagnostic procedures.</li> </ul>	<ul> <li>Plan and give care to 3-4 assigned patients</li> <li>Nursing care plan - 01</li> <li>Nursing case presentation- 01</li> <li>Maintain drug book</li> <li>Maintain practical record book</li> </ul>	<ul> <li>Assess perform- ance with rating scale</li> <li>Assess each skill with checklist</li> <li>Evalua-tion of case study</li> <li>Evalua-tion of Nursing care plan</li> </ul>

Areas	Dura- tion (in wk)	Objectives	Skills	Assignments	Assessment Methods
			<ul> <li>2D Echo</li> <li>Colour Doppler</li> <li>Holter</li> <li>12 Lead ECG</li> <li>Stress test</li> <li>Care of patients undergoing Angiography</li> <li>Administer cardiac drugs</li> <li>Cardio pulmonary Resuscitation</li> <li>Pre operative and post operative care of patients undergoing cardiac surgeries.</li> </ul>		• Compilatio n of activity record
<b>Operation</b> <b>Theatre</b>	06	<ul> <li>Identify instruments used in common operations</li> <li>Participate in Infection control practices in the Operation Theatre</li> <li>Set up the table / trolleys for common operative procedures</li> <li>Assist in giving anesthesia</li> <li>Assist in the operative procedures</li> </ul>	<ul> <li>Scrubbing, gowning, gloving</li> <li>Identify instruments, suturing materials for common operations.</li> <li>Disinfection, carbolization, fumigation</li> <li>Preparation of instrument sets for common operations</li> <li>Sterilization of sharps and other instruments</li> <li>Prepare the OT table depending upon the operation</li> <li>Positioning and monitoring of patients</li> </ul>	<ul> <li>Assist as a circulator y nurse in</li> <li>Major cases- 05</li> <li>Minor cases-5</li> <li>Assist as a scrub nurse in</li> <li>Major cases- 05</li> <li>Minor cases-5</li> <li>Minor drug book</li> </ul>	<ul> <li>Assess perform- ance with rating scale</li> <li>Comple- tion of practical record</li> </ul>

Areas	Duratio n (in week)	Objectives	Skills	Assignments	Assessment Methods
		• Provide pre- operative nursing care	<ul> <li>Endotracheal intubation</li> <li>Assisting in minor and major operations.</li> <li>Handling specimens</li> <li>Disposal of waste as per the guidelines.</li> <li>Care of instruments after surgery</li> <li>Packing of trays</li> </ul>		
Ortho- pedic Ward	02	<ul> <li>Provide nursing care to adult patients with orthope - dic problem</li> <li>Counsel and educate patient and families</li> </ul>	<ul> <li>Assessment of the orthopedic patient</li> <li>Taking history</li> <li>Physical examination of musculo skeletal system.</li> <li>Apply skin traction-buck's extension traction , splints &amp; patient care</li> <li>Practice medical surgical asepsis</li> <li>Standard safety measures</li> <li>Pre and post operative care of patients with orthopedic surgery.</li> <li>Preparing, assisting and witnessing in non invasive and invasive diagnostic procedure Physiotherapy-Range of Motion exercises (ROM), muscle strengthening exercises</li> <li>Crutch maneuvering technique Activity of daily living Ambulation Teach &amp; counsel patient &amp; family</li> <li>Assist in application and removal</li> <li>Rehabilitation.</li> </ul>	<ul> <li>Nursing care plan – 01</li> <li>Nursing case study 01</li> <li>Nursing case presentatio n 01</li> <li>Maintain drug book</li> <li>Maintain practical record book</li> </ul>	<ul> <li>Assess perform- ance with rating scale</li> <li>Evaluatio n of Nursing care plan &amp; Nursing case study/ presentati on Maintain practical record book</li> </ul>

Areas	Duratio n (in week)	Objectives	Skills	Assignments	Assessment Methods
Skin & Communi- -cable diseases Ward	02	<ul> <li>Identify skin problem s</li> <li>Provide nursing care to patients with Skin disorders and Commu nicable diseases</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Assessment of patients with skin disorders</li> <li>Assist in diagnostic and therapeutic procedures</li> <li>Administer topical medication</li> <li>Practice medical surgical asepsis Standard safety measures</li> <li>Use of personal protective equipment (PPE)</li> <li>Give Medicated baths</li> <li>Teach prevention of infectious diseases.</li> <li>Counseling HIV Positive patient</li> </ul>	<ul> <li>Plan and give care to 3 assigned patients</li> <li>Health talk to patients and families-01</li> <li>Maintain drug book</li> <li>Maintain practical record book</li> </ul>	<ul> <li>Assess perform- ance with rating scale</li> <li>Evaluatio n health talk</li> <li>Completi on of practical record</li> </ul>

# EDUCATIONAL VISITS:

# Medical Surgical Nursing:

- 1. Artificial Kidney Unit
- 2. C.S.S.D.
- 3. Waste Disposal Unit
- 4. Hospital Kitchen
- 5. Blood Bank
- 6. Radiology Department
- 7. Artificial Limb Center
- 8. Rehabilitation Center
  - Physical
    - Vocational

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# **EVALUATION SCHEME:**

# Internal assessment

Theory:		25 Marks
Mid-term Examination		50
Pre-final		75
	Total:	125
(125 Marks to be converted in to 25 Mark	s for Internal	Assessment (Theory))

Practical:	100 Marks
a) Nursing Care Plan – 03 X 25 Marks	75 Marks
(Medical ward $-01$ , Surgical ward $-01$ ,	
Ortho / any other $-01$ )	
b) Case Presentation $-01$	50 Marks
c) Case study – 02 X 50 Marks	100 Marks
(Medical Ward $-01$ , Surgical Ward $-01$ )	
d) Health Education $-01$	25 Marks
e) Therapeutic Diet $-01$	25 Marks
f) Clinical Evaluation – 03 X 100 Marks	300 Marks
(Medical Ward $-01$ , Surgical Ward $-01$ ,	
Operation Theatre $-01$ )	
g) Practical Examinations	150 Marks
Mid-term Examination – 50 Marks	
Pre-final Examination – 100 Marks	
	Total 725
(725 Marks to be converted in to 100 Marks for Interna	al Assessment (Practical)

(725 Marks to be converted in to 100 Marks for Internal Assessment (Practical))

## **External Assessment**

University Examination Theory: Practical:

75 Marks 100 Marks

# a) Guideline for Nursing Care Plan: (3 X 25 Marks)

# FORMAT FOR NURSING CARE PLAN

(Medical / Surgical / Ortho or .....) Marks 25

- 1. Patients Biodata: Name, address, age, sex, religion, marital status, occupation, source of health care, date of admission provisional diagnosis, date of surgery if any
- 2. Presenting complaints: Describe the complaints with which the patient has come to hospital
- 3. History of illness

History of present illness – onset, symptoms, duration, precipitating/ alleviating factors History of past illness- illnesses, surgeries, allergies, immunizations, medications Family history – family tree, history if illness in family members, risk factors, Congenital Problems, Psychological Problems.

- **4.** Economic status: Monthly income & expenditure on health, marital assets (own pacca house car, two wheeler, phone, TV etc. ..)
- **5. Psychological status**: ethnic background, (geographical information, cultural information) support system available.
- **6. Personal habits**: consumption of alcohol, smoking, tobacco chewing, sleep, exercise, work elimination, nutrition.
- 7. History to Physical examination with date and time
- 8. Disease condition: Definition, Anatomy Physiology, incidence,

#### Etiology & risk factor, Pathophysiology, clinical manifestation

#### 9. Investigation

Date	Investigation done	Normal value	Patient value	Inference	

10. Medical Surgical management complications & prognosis

#### **11. Drug Study**

Sr No	Drug: trade name	Pharmacolo gical name	Route	Dose & frequency	Action	Side effect & Drug interaction	Nursing responsibility

#### 12. Guide line for writing Nursing care plan (including health education) Marks – 20

Date	Assessment	Nursin g diagnos is	Objectiv e	Plan of care Implementatio n	Ratio nale	Evaluatio n	Remark
	Subjective & Objective Data						
Marks 	4	3	2	7	2	2	

#### **13.** Guide line for writing Nurses Note

Date	Diet	Medication	Observation & Nursing Intervention	Remark

Note: Same format to be used for 1) Medical, 2) Surgical & 3) Ortho or any other, having 25 Marks each)

Sr No	Content	Marks
1	History to Physical examination with date time	05
2	Disease condition:	08
	(Definition Anatomy Physiology, incidence,	
	Etiology & risk factor, Pathophysiology, clinical	
	manifestation	
3	Investigations	02
4	Medical Surgical management complications & prognosis	06
5	Drug study	04
6	Nursing care plan	20
7	Nurses note	05
	Total	50

# **Evaluation Criteria for Nursing Care Plan**

## b) FORMAT FOR CASE PRESENTATION

- 1. Patients Biodata: Name, Address, Age, sex, religion, martial status, occupation, source of health care, date of admission, provisional diagnosis, date of surgery if any
- 2. Presenting complaints: describe the complaint with which the patient has come to hospital

#### 3. History of illness:

History of present illness- onset, symptoms, duration, precipitating / alleviating factors History of past illness- illnesses, surgeries, allergies, immunizations, medications congenital problems, psychological problems.

4. Economic status: Monthly income & expenditure on health, marital assets (own pacca house, car,

two wheeler, phone, TV etc...)

5. Psychological status: ethnic background, (geographical information, cultural information) support

system available.

6. Habits: Consumption of alcohol, smoking, tobacco chewing, sleep, exercise, work elimination, nutrition.

#### 7. Physical examination with date and time

8. Investigation

	Date	Investigation done	Normal value	Patient value	Inference
9.	Treatment		- <b>i</b>		

Sr no	Drug : trade	Pharmacologic al name	Ro ute	Dose & frequency	Action	Side effect & Drug interaction	Nursing responsibility
	name					Interaction	

#### **10. Description of disease**

11. Definition, related anatomy physiology, etiology, risk factors, clinical features, management and nursing care

#### 12. Clinical features of the disease condition

Clinical features present in the book	Description of clinical features of patient	Pathophysiology

#### 13. Nursing care plan

Marks-15

Patient name:			Date	: Wa	rd:	
Date	Assessment Subjective Objective	Nursing diagnosis	Objective	Plan of care for Implementation	Rationale	Evaluation
	3	2	2	4	2	2

- 14. Discharge planning: It should include health education and discharge planning given to patient. Marks-15
- 15. Evaluation of care: Overall evaluation, problem faced while providing care prognosis of the patient and conclusion.

# Evaluation criteria for case presentation

Sr No	Content	Marks			
1	Assessment / Introduction	05			
2	Knowledge and understanding of disease	10			
3	Nursing care plan	15			
4	4 Presentation skill				
5	A.V. aids	04			
6	Time	02			
7	Summary & conclusion	02			
8	8 Bibliography				
	Total	50			

# c) Guide line for Nursing Case Study (2 X 50 Marks)

## FORMAT FOR NURSING CASE STUDY (Medical Ward / Surgical Ward)

Marks- 50

- 1. Patients Biodata: Name, address, age, sex, religion, marital status, occupation, source of health care, date of admission provisional diagnosis, date of surgery if any
- 2 Presenting complaints: Describe the complaints with which the patient has come to hospital

#### 3 History of illness:

History of present illness – onset, symptoms, duration, precipitating / alleviating factors History of past illness- illnesses, surgeries, allergies, immunizations, medications Family history – family tree, history if illness in family members, risk factors, Congenital problems, psychological Problems.

- 4 Economic status: Monthly income & expenditure on health, marital assets (own pacca house car, two wheeler, phone, TV etc. ..)
- **5 Psychological status**: ethnic background, (geographical information, cultural information) support system available.
- 6 Habits: consumption of alcohol, smoking, tobacco chewing, sleep, exercise, work elimination, nutrition.
- 7 History to Physical examination with date and time
- 8 Disease condition: Definition, Anatomy Physiology, incidence, Etiology & risk factor, Pathophysiology, clinical manifestation

#### 9 Investigation

Date Investigation done		Normal value	Patient value	Inference	

#### 10 Medical Surgical management complications & prognosis

#### 11 Drug Study

Sr no	Drug : trade name	Pharmacologica l name	Route	Dose & frequency	Action	Side effect & Drug interaction	Nursing responsibility

# 12. Nursing care plan

	<b>Patients Name</b>	•		Date:		Ward:
Dat e	e Subjective diagnosis		Objective	Plan of care Implementation	Rationale	Evaluation
	Objective					
	3	2	2	4	2	2

#### 12 Nurse's Notes:

#### **13 Self Evaluation:**

#### 14 Bibliography:

Note: Same format to be used for Medical Ward / Surgical Ward having 50 Marks each.

# **Evaluation Criteria for Nursing Case Study**

Sr.	Content	Marks
No.		
1	Patient history, Physical examination	5
2	Anatomy, Physical, Pathophysiology & Clinical manifestations	8
3	Investigations	2
4	Medical surgical management, complication & prognosis	8
5	Drugs study	4
6	Nursing care plan	15
7	Nursing note	4
8	Self evaluation / conclusion	2
9	Bibliography	2
	Total	50

# d) Evaluation format for Health Education

- 1. Name of the student teacher:
- 2. Name of the supervisor:
- 3. Venue:
- 4. Date:
- 5. Time:
- 6. Group:
- 7. Previous knowledge of the group
- 8. AV aids used
- 9. General objectives
- **10. Specific objectives**

#### Lesson plan for health talk

Sr. No.	Time	Specific Objectives	Content	Teaching Learning Activities	A V Aids	Evaluation

## (Maximum Marks: 25)

Sr. No.	Criteria	Marks Allotted	Marks Obtained
1	Lesson Plan	08	
2	Presentation	05	
3	Communication skill	05	
4	Preparation and effective use of A V. Aids	04	
5	Group participation	03	
	Tota	1 25	

#### Remarks

Evaluation discussed
& Students Signature
Date :
e) Guideline for Therapeutic Diet

Sing. Of Supervisor Date :

- **Introduction:** Name of the patient, age, sex, religion of the patient, education, language, socioeconomic status, regular meal pattern, food like and dislikes, disease condition of the patient, reason for prescribed diet
- **Menu planning:** Recommended diet plan with details of CHO, protein, fat and calories with nutrients and restrictions with due consideration to commonly available seasonal foods
- **Patient's education:** Ability of student to explain to the patient the need for adherence to recommended diet.

Evaluation: Ensuring whether patient follows the prescribed diet.

**References:** 

# **Evaluation criteria for Therapeutic Diet**

Sr No	Content	Marks
1	Introduction	05
2	Menu planning	10
3	Patient education	05
4	Evaluation	02
5	References	03
	Total	25

# f) GUIDE LINE FOR CLINICAL ASSESSMENT OF STUDENT CLINICAL EVALUATION (3 X 100 MARKS)

## f - i & ii) Format for Clinical Assessment

(MEDICAL WARD / SURGICAL WARD)

Student's Name :-

Year :-

Students Number :-

Hospital :-

Unit / Ward :-

From

to

Max 100 Marks

Sr. No.	PERFORMANCE CRITERIA	(5) Excellent	(4) very Good	(3) Good	(2) Satisfactory	(1) Poor	Remarks
	Nursing Process (75)						
Ι	Assessment and Nursing						
	Diagnosis (15)						
1.1	Collects data accurately						
1.2	Identifies & Categorizes basic						
	Needs of Patients						
1.3	Formulates Nursing Diagnosis						
Π	Planning (15)						
2.1	Prioritizes patients needs						
2.2	Plans nursing action for each of						
	need						
2.3	States rationale for nursing action						
III	<b>Implementation (20)</b>						
3.1	Implements nursing care						
	Accurately and safely with in given						
	time						
3.2	Applies scientific Principles						
3.3	Maintains safe and comfortable						
	environment						
3.4	Gives health teaching as per plan to						
	the patients / family						
IV	Evaluation (10)						
4.1	Evaluate patient's response to						
	nursing care						
4.2	Reexamines & Modifies care plan						
V	Documentation (15)						
5.1	Records patient information						
	accurately						
5.2	Report patient information						
	accurately						
5.3	Maintains self up to date						

Sr. No.	PERFORMANCE CRITERIA	(5) Excellent	(4) very	(3) Good	(2) Satisfactory	(1) Poor	Remarks
			Good				
	Professional Conduct – (25)						
VI	Uniform and Punctuality						
6.1	Always well groomed, neat &						
	conscious about professional						
	appearance						
6.2	Is always punctual in Clinical &						
	completing assignments						
6.3	Readily accepts responsibility for						
	own behavior & has initiative						
VII	<b>Communication skills</b>						
7.1	Establishes & Maintains effective						
	working / communication						
	relationship with patients and family						
7.2	Establishes good inter personal						
	relationship with members of health						
	team / supervisors / Teachers						
	Total Marks						

# Comment / Remarks by Teacher / Supervisor:

Total Marks 100

Total Marks Obtained

Signature of Teacher

Date:

Evaluation is seen and discus by the student

Signature of student

Date of Sign

Note: Same format to be used for 1) Medical Ward & 2) Surgical Ward having 100 Marks each.

# f - iii) Format for OPERATION THEATRE experience EVALUATION

#### Maximum Marks 100

Name of the student: Year: Duration of posting: Area of posting: Grades: -[5-Excellent, 4-V. Good, 3-Good, 2-Fair, 1-Poor]

Sr.	Content	5	4	3	2	1
No						
Ι	Personal & professional behavior:					
1	Wears theatre dress correctly					
2	Arrives and leaves punctually					
3	Notably poised & effective even in stressful situation					
4	Works with interest & willingness					
5	Shows respect to co-workers, works well as a team member.					
Π	Knowledge of:					
6	Anatomy & surgical procedure					
7	Equipment & articles					
8	Anaesthesia, Microbiology, Legal responsibilities					
III	Skills					
9	Collects & receives all preoperative information about patients.					
10	Follows principles f scrubbing, gowning& gloving					
11	Arranges trolley according to procedure					
12	Assists efficiently knowing the steps					
13	Works efficiently as a circulating nurse					
14	Assists the anesthetist for induction, intubation & extubation					
15	Follows strict infection control measures					
16	Maintains therapeutic operation theatre environment					
17	Checks adequacy of equipment & supplies					
18	Records & reports immediately					
19	Provides appropriate postoperative care					
20	Follows cleaning, packing & sterilization of equipment					

Signature of Class Coordinator Date:

Signature of Students Date:

Signature of Supervisor Date:

# f-iii - 1) Guide line for Operation Theatre Report Writing

- i Introduction
- ii Objective
- iii Physical layout of OT
- iv Role and functions of Nurse in OT Head Nurse Scrub Nurse Circulating Nurse
- v Preparations for Surgery Sterilization of articles Preparation and packing Instruments, Sutures and needless Anesthetic trolley Anesthetic drugs Operating tables and necessary equipment
- vi Assisting in surgery Scrubbing, Gowning and gloving Position and draping of patient Trolley setting for various operations/ conditions
- vii Care of Patient in OT Pre operative Intra operative Post operative Transportation of patient in and out of OT
- viii Hazards of OT Accidents
- ix Cleaning of OT Carbolization Fumigation
- x Problems faced and suggestions
- xi References

[Note: Assignments are requirement of operation theatre posting, however they are not for evaluation.]

## f – iii – 2) Guide line for WITNESSED CASES Operation Theater

I. Demographic Profiles

Name of Patient: Age/ Sex: Proposed Surgery: Date of witnessed:

WD/ Bed No. Diagnosis: Actual surgery:

#### II. Type of Anesthesia

#### A) Drug used in anesthesia

Name of Drug	Dose Given	Dose Available	Route	Action

#### **B)** Intubation:

Type of ETT -	Size

#### **C)** Boyles apparatus

Ventilators	Circuit	Connection	Mechanism	Electric Gadget

#### **D)** Extubation: (Steps)

#### E) Type of I/V Fluids and suture Material available in that area:

I/ V Fluids	Suture Material

Signature of Supervisor Date : Signature Student Date :

[Note: Assignments are requirement of operation theatre posting, however they are not for evaluation.]

## f - iii - 3) Guideline for ASSISTED CASES in Operation Theatre

- I) DEMOGRAPHIC PROFILE: Name of Patient: Age/ Sex: Proposed Surgery: Date of case assisted:
- WC/ Bed No. Diagnosis: Actual Surgery:

II) TYPE OF ANAESTHESIA: Drug used in anesthesia:

Name of the drug	Dose given	Dose available	Route	Action

#### **III) TROLLEY PREPRATION:**

Dressing & draping	Instruments	Suture

#### **IV) STEPS IN SURGERY:**

- 1. Position
- 2. Painting
- 3. Draping
- 4. Incision
- 5. Method of Homeostasis
- 6. Dissection
- 7. Retraction
- 8. Anastomosis
- 9. Drainage
- 10. Haemostatic
- 11. Closure
- 12. Dressing
- 13. Adhesive

Signature of Supervisor

**Signature Student** 

Date:

Date:

[Note: Assignments are requirement of operation theatre posting, however they are not for evaluation.]

## External Practical Evaluation Guidelines II Basic B.Sc Nursing Subject:-Medical Surgical Nursing I

5	ubjectmedical Surgical Nursing I	100 Marks
Internal Examiner Nursing Procedure (30 marks)		50 Marks
<ul> <li>Planning and Organizing <ul> <li>Preparation of tray</li> <li>Environment</li> <li>Preparation of patient</li> </ul> </li> <li>Execution of Procedure <ul> <li>Applies scientific principles</li> <li>Proficiency in skill</li> <li>Ensures sequential order</li> </ul> </li> <li>Termination of procedure <ul> <li>Makes patient comfortable</li> </ul> </li> </ul>		<b>10 marks</b> 6 2 2 <b>14 marks</b> 6 6 2 <b>6marks</b> 2
<ul><li>Reports &amp; Records</li><li>After care of articles</li></ul>		2 2
<ul> <li>Viva (20 Marks)</li> <li>Knowledge about Medical surgio</li> <li>Preparation of various investigati</li> <li>Medical Surgical asepsis and State</li> <li>Instruments and articles</li> </ul>	on procedures	<b>20 marks</b> 5 5 5 5 5
External Examiner		50 Marks
<ul> <li>Nursing Process (30 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> <li>Rationale</li> <li>Evaluation</li> <li>Nurses notes</li> </ul>		<b>30 marks</b> 6 4 2 2 6 4 2 4
<ul> <li>Viva (20 Marks)</li> <li>Operation Theatre Technique</li> <li>Emergency Management</li> <li>Drugs</li> <li>Therapeutic diet</li> </ul>		<b>20 marks</b> 5 5 5 5 5

#### MEDICAL SURGICAL NURSING- I PRACTICAL EXAMINATION PRACTICAL / ORAL MARK LIST

NAME OF THE EXAMINATION : MEDICAL SURGICAL - I

MONTH :

YEAR :

SECOND YEAR Basic B. Sc. NURSING : MARKS : 100

SUBJECT : MEDICAL SURGICAL NURSING PRACTICALS-I

CENTRE :

Roll No	Internal Exa	aminer	External E	xaminer	Total	Total	
	Procedure	Viva voce	Nursing process	Viva voce			
	30	20	30	20	100	50	

Signature of the Internal Examiner

## Signature of the External Examiner

Date :

Date

# **COMMUNITY HEALTH NURSING-I**

# **Placement: Second year**

Theory - 90 Hours Practical - 135 Hours

**Course Description:** This Course is designed for Students to appreciate the principles of promotion and maintenance of health

Specific objectives: At Specific objectives: AT the end of the course students are able to

- 1. Understand the concepts of community health and community health nursing
- 2. Appreciate the various factors influencing health in the community
- 3. Appreciate the concept, scope, uses and methods of epidemiology
- 4. Understand the epidemiology and nursing management of common communicable diseases.
- 5. Appreciate the concept and scope of demography
- 6. Understand the impact of population explosion and population control

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning	Assessment Method
Ι	4	<ul> <li>Describe Concept and dimensio ns of health</li> </ul>	<ul> <li>Introduction</li> <li>Community health nursing</li> <li>Definition, concept and dimensions of health</li> <li>Determinants of health</li> <li>Promotion of health</li> <li>indicators of health</li> <li>Maintenance of health</li> </ul>	Method • Lecture discussion	• Short answer s
II	18	Describe determinants of health & Environment	<ul> <li>Determinants of health</li> <li>Eugenics</li> <li>Physical : Air, light</li> <li>Environmental factors contributing Health Ventilation, water, Housing</li> <li>Sanitation; disposal of waste, disposal of dead bodies, Forestation, Noise, Climate,</li> <li>Bacterial &amp; Viral: Agents, host carriers and immunity Arthropods and Rodents</li> <li>Communication; Infrastructure facilities and Linkage</li> <li>Insect, Rodent &amp; Parasite Control Noise Control</li> </ul>		

Unit	Time	Learning		Content	Teaching	Assessment
	(Hrs)	Objectives			Learning	Method
			•	Disposal of refuge/Sewage	Lecture discussion	Essay type
			•	Disposal of human excreta	Explain using	Short
			•	Disposal of the dead	Charts,	answers
			•	Involvement of governmental	Graphs, Models, films	Objective
				and non-govern-	Models, films slides	type
			•	mental organizations in	Visits to water	
				environmental heath	supply, sewage	
			•	Act Regulation the	disposal, milk	
				environment :National	plants, slaughter	
			•	Pollution Control board	house etc.	
			•	Public health Laws related to		
				environment		
			•	& health		
			•	Food hygiene: Production,		
				Preservation,		
			•	Purchase, Preparation,		
				consumption		
			•	Acts Regulating Food Hygiene-		
				Prevention		
			•	of food adulteration acts, Drugs		
				and		
			•	cosmetic act		
			•	Socio cultural aspects of		
				nutrition in food hygiene		
			Socio-	Cultural		
			•	Customs, taboos		
			•	Marriage System		
			•	Family Structure		
			•	Status of special Group;		
				Females , Children Elderly,		
				Challenged Groups and Sick		
				persons		
			•	Life Style		
			•	Hygiene		
			•	Physical Activity		
			•	Recreation and Sleep		
			•	Sexual life		
			•	Spiritual life philosophy		
			•	Self Reliance		
			•	Dietary pattern		
			•	Education		
			•	Occupation		
			•	Financial Management		
			•	Income		
			•	Budge		
			•	Purchasing power		
				Security		
			•	Scoulty		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning	Assessment Method
III	10	• Describe	Epidemiology	Lecturer	Essay type
		concept	• Definition ,concept ,Aims, scope	discussion	Short
		aims,	uses and		answers
		scope,	• terminology used in epidemiology	Explain	
		uses	used in	using	
		Methods	• epidemiology	Charts, graphs,	
		and	• Dynamics of Disease team	graphs,	
		approach of	submission:	Models,	
		epidemio	• epidemiological triad	films,	
		logy	• Morbidity and mortality:	slides	
			• Measurements		
			Levels of Prevention		
			• Methods of epidemiology of		
			• Descriptive		
			• Analytical : Epidemic investigation		
			• Experimental		
IV	18	Describe	Epidemiology and nursing		
		Epidemiology	management of common		
		and nursing	Communicable Diseases		
		management of common	<ul><li>Respiratory infections</li><li>Small Pox</li></ul>		
		Communicable	<ul> <li>Chicken Pox</li> </ul>		
		diseases	<ul> <li>Measles</li> </ul>		
			<ul> <li>Influenza</li> </ul>		
			<ul> <li>Rubella</li> </ul>		
			<ul> <li>ARIs &amp; Pneumonia</li> </ul>		
			<ul> <li>Mumps</li> </ul>		
			<ul> <li>Diphtheria</li> </ul>		
			<ul> <li>Whooping cough</li> </ul>		
			<ul> <li>Meningococcal meningitis</li> </ul>		
			<ul> <li>Tuberculosis</li> </ul>		
			• SARS		
			Intestinal Infections		
			Poliomyelitis		
			• Viral Hepatitis		
			• Cholera		
			Diarrhoeal diseases		
			• Typhoid Fever		
			Food poisoning		
			<ul> <li>Amoebiasis</li> </ul>		
			• Dracunculiasis		
			Arthropod infections		
			• Dengue		
			• Malaria		
			• Filariasis		
			• Zoonoses		

Uni t	Time (Hrs	Learning Objectives	Content	Teaching Learning	Assessment Method
t	(Hrs )		Viral <ul> <li>Rabies</li> <li>Yellow fever</li> <li>Japanese encephalitis</li> <li>Kyasnur Forest Diseases</li> <li>Bacterial</li> <li>Brucellosis</li> <li>Plague</li> <li>Human Salmonellosis</li> <li>Anthrax</li> <li>Leptospirosis</li> <li>Rickettsial diseases</li> <li>Scrub typhus</li> <li>Murine typhus</li> <li>Tick typhus</li> <li>Q fever</li> <li>Parasitic zoonoses</li> <li>Taeniasis</li> <li>Hydatid disease</li> <li>Leishmaniasis</li> <li>Surface infection</li> <li>Trachoma</li> <li>Tetanus</li> <li>Leprosy</li> </ul>	Learning Lecturer discussion Explain using Charts, Graphs Models, films, slides Seminar Supervised field Practice-health centers, clinics and homes Group projects/ Health education	Method         Essay type         Short         answers         Objective         type
V	8	Describe Epidemiology and nursing management of common Non- Communicabl e diseases	<ul> <li>STD &amp; RTI</li> <li>Yaws HIV</li> <li>Any other</li> <li>Epidemiology and nursing management of</li> <li>Non-communicable diseases</li> <li>Malnutrition: under nutrition, over nutrition, nutritional deficiencies</li> <li>Anemia Hypertension Stroke</li> <li>Rheumatic Heart Diseases</li> <li>Coronary Heart Diseases</li> <li>Cancer</li> <li>Diabetes mellitus</li> <li>Blindness</li> <li>Accidents</li> <li>Mental illness</li> <li>Obesity</li> <li>Iodine Deficiency</li> <li>Fluorosis</li> <li>Epilepsy</li> <li>Asthma</li> <li>Arthritis</li> </ul>	Lecture discussion Explain using Charts, graphs, Models, films, slides, Seminar Supervised field Practice-health centers, clinics and homes group projects / Health education	Essay type Short answers Objective type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning	Assessment Method
VI	6	Describe the concepts And scope of demography Describe methods of data collection, analysis and interpretation of demographic data	<ul> <li>Demography</li> <li>Definition ,concept and scope</li> <li>Demography cycle</li> <li>Methods of deta collection, analysis and interpretation of demographic data</li> <li>Demographic rates and ratios</li> </ul>		Essay type Short answers Objective type Assessment of survey report
VII	17	<ul> <li>Identif y the impact of populat ion explosi on in India</li> <li>Describ e method s of populat ion control</li> </ul>	<ul> <li>Population and its control</li> <li>Population explosion, its impact on social, economic development of individual, society and country</li> <li>Population control:</li> <li>Overall development: women empowerment, social, economic and educational development</li> <li>Limiting family size:</li> <li>Promotion of small family norms</li> <li>Methods: spacing (natural, biological, chemical, mechanical, etc)</li> <li>Terminal: surgical methods</li> <li>Emergency contraception</li> </ul>	<ul> <li>Lecture discussion</li> <li>Population survey</li> <li>Counseling</li> <li>Demonstratio n</li> <li>Practice session</li> <li>Supervised field practice</li> </ul>	<ul> <li>Lecture discussion</li> <li>Population survey</li> <li>Counseling</li> <li>Demonstratio n</li> <li>Practice session</li> <li>Supervised field practice</li> </ul>

Unit	Time	Learning	Content	Teaching	Assessment
VIII	9	<ul> <li>Describes         <ul> <li>Describes</li> <li>concepts &amp; scope of community health service</li> </ul> </li> <li>Understand the health assessment of individual &amp; family while providing family oriented care</li> <li>Understand the functions of urban &amp; rural health centers including heath Team Members</li> <li>Understands ethics in community</li> </ul>	<ul> <li>Introduction to community Heath</li> <li>nursing service</li> <li>Concepts, Definition &amp; scope of community health nursing services</li> <li>Introduction to family oriented health care (assessment of individual &amp; family)</li> <li>Home visit : concepts, steps, principles , advantages</li> <li>Functions of urban &amp; rural health centre including health Team Member</li> <li>Ethics in community health nursing practice</li> <li>Consumers Protection Act</li> </ul>		Assessment Method
		health nursing practice	Protection Act		

# COMMUNITY HEALTH NURSING - I PRACTICAL

# **Placement: Second year**

# **135 Hours**

## **Objective of Practical Experience: (CHN – Practical I)**

At the end of the Practical Experience:

- 1. Student will develop skills in assessment of an individual and develop rapport with family and community at large.
- 2. Students will be able to find out health needs of the clients & family to provide family oriented health care in Urban and Rural Community.
- 3. Students will attend different health clinics to know various laboratory investigations (simple investigations enlisted in the curriculum)
- 4. To be able to conduct immunization clinics.
- 5. To practice health education at different settings in the Urban and Rural community.
- 6. To write family health care study based on nursing process approach.

## **Distribution of practical HRS:**

II)

#### I) Urban Public Health Experience: 70 Hrs.

1) Community Health NSG. Laboratory / Classroom Practice:	15 Hrs
a) Demonstration of Home visiting	
b) Demonstration of Home Nursing procedures.	
c) Preparation of family folder	
2) Family oriented care:	35 Hrs
a) Assessment of individuals	
b) Home visiting writing family care study.	
c) Simple family / community health survey	
d) Reporting & Recording	
3) Visits to community Health agency / NGOS:	10 Hrs
4) Health Education:	10 Hrs
Rural Public Health Experience: 65 Hrs (2 weeks)	
1) Visit to primary health centre & Rural Hospital:	25 Hrs
2) Attending immunization & ANC Clinics:	20 Hrs
3) Home visits for assessment & planning home care:	10 Hrs
4) Health Education in clinics / school / Anganwadi etc.:	10 Hrs

Areas	Duration (in week)	Objective	Skills	Assignments	Assessment methods
Community health nursing	2 wks Urban & 2 wks rural	<ul> <li>Build &amp; Maintain report</li> <li>Identify demographic Characteristics, health determinants &amp; community health resources</li> <li>Diagnose health needs of individual &amp; families</li> <li>Provide primary care in health centre</li> <li>Counsel &amp; educate individual family &amp; community</li> </ul>	<ul> <li>Use Techniques of interpersonal relationship</li> <li>Identification of health determinants of community</li> <li>History taking</li> <li>Physical examination</li> <li>Collect specimens- sputum malarial smear</li> <li>Perform simple lab tests at centre-blood for Hemoglobin and sugar, urine for albumin and Sugar</li> <li>Administer vaccines and medications to adults</li> <li>Counsel and teach</li> <li>individual, family</li> <li>and community</li> <li>Nutrition</li> <li>Hygiene</li> <li>Self health monitoring</li> <li>Seeking health Services</li> <li>Healthy life style</li> <li>Family welfare methods</li> <li>Health promotions</li> </ul>	<ul> <li>with 2 assigned families each in urban &amp; rural</li> <li>Family study-I</li> <li>Observatio n report of communit y-1</li> </ul>	<ul> <li>Assess clinical perform ance with rating scale</li> <li>Assess each skill with checklis t</li> <li>Evaluati on of family study observat ion report health talk</li> <li>Complet ion of activity record.</li> </ul>

# **BIBLIOGRAPHY:**

- 1. K.Park, Textbook of Preventive & Social Medicine- current edition
- 2. K.Park, Essentials of Community Health Nursing
- 3. Rao kasturi, An Introduction to Community Health Nursing, I publications.
- 4. Freeman Ruth, Community Health Nursing Practice.
- 5. Stanthope Lancaster, Community Health Nursing Process & Practice, Popular publication.
- 6.Basavantappa B.T., Community Health Nursing
- 7.Sathe, Epidemiology & management of Heath Care, Popular publication
- 8. Mahajan Gupta, Textbook of Preventive & Social Medicine, Jaypee Publications

9.Lancaster, Community Health Nursing Process and Practice for Promoting Health, Mosby Publications.

# **EVALUATION SCHEME:**

# Internal assessment: Maximum Marks 25

A) Theory: 15 Marks	
i) Mid-term Examination:	50 Marks
ii) Pre-final:	75 Marks
Total	: 125 Marks
(125 Marks to be converted in to 15 Marks	s for I. A. (Theory))
B) Practicum: 10 Marks	
i) Clinical Evaluation	
Community health Nursing Practice:	100 Marks
ii) Family Care Study:	50 Marks
iii) Health Teaching (2 X 25 Marks):	50 Marks
iv) Community Visit Observation report:	25 Marks
Total	: 225 Marks
(225 Marks to be converted in to 10 Marks	for I. A. (Practicum

## **External assessment**

University examination: Theory 75 Marks

# II YEAR BASIC B.Sc. NURSING SUBJECT: - COMMUNITY HEALTH NURSING <u>CRITERIA FOR CLINICAL EXPERIENCE</u>

#### 1. CLINICAL EVALUATION PROFORMA

Year:

to:

Area of Community Health Nursing Evaluator: Period Under Evaluation From: Rating: 1 – In many respects fails to meet recruitment

Rating: 1 – In many respects fails to meet recruitment satisfactorily

2 – Meets many requirements but deficient in important aspect

- 3 Average, clearly meets basic requirements satisfactorily.
- 4 Clearly exceeds basic requirements, respecting superior
- 5 Outstanding in all respects.

Instruction:

Name of Student:

1) Application of theory to practice is considered through out the experiences.

2) Written explanation must be over extreme grades.

#### (Maximum Marks – 100)

SN		Areas		Rating					
		Areas	1	2	3	4	5		
Ι	Kno	wledge and understanding about family							
	1.	Studies family health record and collects significant data							
	2.	Interprets significant data based on knowledge of community Health / Community Health Nursing.							
Π	Hon	ne Visit							
	3.	3. Preplans are written based on the health needs of the family and identified goals							
	4.	Planning and organization of home visit							
	5.	Establishers report with the family and able to communicate effectively and tactfully with different individual / groups							
III	Hea	Ith Assessment and Observation							
	6.	Does Physical health assessment							
	7.	Identifies deviation from normal and set priorities in home care activities							
	8.	Plans and implements home care based on preset goals and health needs							
	9.	Carry outs simple home procedures							

SN		Areas	Rating				
		Altas	1	2	3	4	5
IV	Nurs	sing Activities carried out:					
	10.	Application of scientific principles					
	11.	Technical skills with necessary modification and completeness of the procedure					
	12.	Involvement and participating of the family members					
	13.	Interpretation, reporting, recording of results					
	14.	Takes, corrective action, follow standing orders & selects appropriate referral agencies.					
V	Health information health teaching						
	15.	Uses every opportunity for incidental / planned teaching for individual and group					
	16.	Uses appropriate teaching learning principles					
VI	Post						
	17	Reports significant information					
	18	Completes records, promptly, precisely and accurately.					
VIII	Prof	essional qualities					
	19	Professional appearance					
	20	Interest, initiative, resourcefulness, responsible, leadership and attitude, response to constructive criticism and suggestions.					
Total 1	Marks	Percentage :	Gr	ade	e :		

Remarks / comments by the Supervisor:

(In terms of strengths and weaknesses)

Date of evaluation discussed

Signature of the student that

She/he has seen the evaluation

Signature of Supervisor

## 2. GUIDE LINE FOR FAMILY CARE STUDY:

- 1) Introduction & objectives
- 2) Assessment of data subjective & objective
  - i) Data related to
    - Environment & Sanitation
    - Immunization status of <5 children
    - Family planning practices
    - Nutritional status
    - Chronic health problems in the family
  - ii) Assessment of family members and writing health summary specifically vulnerable groups and high risk individuals (including physical, mental and social health aspects.)
- 3) Health needs identification on priority basis considering family as unit of Service
- 4) Planning for Family Oriented Care (FOC)
  - i) Objective of FOC
  - ii) Short term Home nursing care plan
  - iii) Long term Home nursing care plan
- 5) Implementation of FOC, with scientific rationale; adaptation in home situation.
- 6) Technique & skill in home nursing procedures with rationale
- 7) Planning & implementing health teaching
  i) Individual or groupii) Use of simple AV aids
- 8) Specific dietary plan & nutrition rehabilitation
- 9) Drug study and home care if necessary
- 10) Evaluation of home nursing carei) Review short & long term planii) Re-planning and future plans
- 11) Use of table and groups where ever necessary.

# **EVALUATION CRITERIA FOR FAMILY HEALTH CARE SUTDY**

Name of the student: Field placement: Period:

Year:

		(Maximum Marks: 50)		
SN	Criteria	Marks Allotted	Marks Obtained	Total
1	Introduction & Objective	02		
2	Data Subjective	03		
3	Data objective	05		
4	Assessment of Family members (physical mental & social)	03		
5	Health needs identified	03		
6	Planning for family health nursing care (including short term & long term plan)	06		
7	Implementation of home nursing care plan with scientific rationale	06		
8	Health education planning & implementation	04		
9	Planning for diet	03		
10	Drugs study & home care	03		
11	Evaluation : - Out come of family health care - Self learning as a Nurse	02 02		
12	Future plan	03		
13	Conclusion & suggestion	02		
14	Use of table / graphs etc.	03		
	Total	50		

Remarks

Evaluation discussed Sing. Of Supervisor

Remarks

Evaluation discussed Sing. Of Student

# 3. **PROFORMA & GUIDELINE FOR HEALTH TEACHING**

# **Topic Selected :-**

1.	Name of the student teacher	:
2.	Name of the supervisor	:
3.	Venue	:
4.	Date	:
5.	Time	:
6.	Group	:
7.	Previous knowledge of the gr	oup:
8.	AV aids used	:
9.	General objectives	:
10	. Specific objectives	:

# Lesson plan for health talk

SN	Time	Specific objectives	Content	Teaching Learning Activities	AV Aids	Evaluation

# (Maximum Marks: 25)

SN	Criteria	Marks Allotted	Marks Obtained	Total
1	Lesson Plan.	08		
2	Presentation.	05		
3	Communication skill.	05		
4	Preparation & effective use of A V. Aids.	04		
5	Group participation.	03		
	Total	25		

Note: Two Teaching of 25 Marks each.

Remarks

Evaluation discussed & Students Signature Date:

Sing. Of Supervisor Date:

# COMMUNICATION & EDUCATION TECHNOLOGY

# **Placement: Second Year**

# Theory: 90 Hrs. (Theory 60 Hrs + Lab 30 Hrs)

### **Course Description:**

This course is designed to help the students acquire an understanding of the principles and methods of communication and teaching. It helps to develop skill in communicating effectively, maintaining effective interpersonal and human relations, develop basic skills in guidance and counseling, principles of education, teaching individuals and groups in clinical, community and health educational settings.

### **Specific objectives:**

On completion of this course, the graduate nurse will be able to:

- 1. Understand the effective communication process using various communication techniques with individuals groups and health team members.
- 2. Establishes effective interpersonal and human relations with patients, families and health team members.
- 3. Acquires knowledge on concepts, principles on guidance and counseling and develop basic skills for counseling patients, nursing students and nursing personnel.
- 4. Understand the philosophy, principles of education and teaching learning process.
- 5. Demonstrate teaching skills using various teaching methods in classroom, clinical and community setup using different methods and media.
- 6. Demonstrate skill in preparing different types of assessment tools for knowledge attitude and skill.

Unit	Time (Hrs.)		Learning Objectives	Content	Teaching Learning	Assessment Methods
	Th.	Pr.			Activities	
Ι	05	01	<ul> <li>Describe the communication process</li> <li>Identify Techniques of effective communication</li> </ul>	Review of communication process • Process, elements and channels • Barriers and methods of overcoming • Techniques	<ul> <li>Lecture/ Discussions</li> <li>Role Plays</li> <li>Exercise with audio- video tapes</li> </ul>	<ul> <li>Respond to critical incidents</li> <li>Long/ Short answer</li> <li>Objective type</li> <li>Anecdotal records</li> </ul>

Unit	Tin (Hr		Learning Objectives	Content	Teaching Learning	Assessment Methods
	Th.	Pr.			Activities	
II	05		Establish Effective Inter- personal relations with patients, families and co-workers	Interpersonal relations • Purpose and types • Phases • Barriers to interpersonal relations • Methods of overcoming barriers • Johari Window	<ul> <li>Lecture /discussions</li> <li>Sociometry</li> <li>Group Games</li> <li>Psychometric exercises followed by discussions</li> </ul>	<ul> <li>Long/ Short answers</li> <li>Objective type</li> </ul>
III	05	01	Develop effective Human relations In context of nursing	<ul> <li>Human Relations</li> <li>Understanding self</li> <li>social behavior Social attitudes</li> <li>Individual and Group &amp; Groups and individual</li> <li>Human relations in context of nursing</li> <li>Group Dynamics</li> <li>Team Work</li> </ul>	<ul> <li>Lecture / discussions</li> <li>Group Games</li> <li>Psychometric exercises followed by discussions</li> </ul>	<ul> <li>Long/ short answers</li> <li>Objective type</li> <li>respond to test based on critical incidents</li> <li>Anecdotal records</li> </ul>
IV	10	05	Develop basic skills of counseling and guidance	Guidance and counseling Definition, meaning, purpose, scope & need. Basic Principles Areas of counseling Organization of counseling services Approaches to counseling Attributes and skills of counselor Issues for counseling in nursing students and nursing personnel Counseling process steps & techniques Tools for collecting information Problem solving approaches Management of crisis and referral	<ul> <li>Lecture / discussions</li> <li>Role play on counseling in different situations followed by discussions</li> </ul>	Long/ short answers • Objective type Assess performance in role play situations

Unit		me rs.)	Learning Objectives	Content	Teaching Learning	Assessment Methods
	Th.	Pr.			Activities	
V	10	08	<ul> <li>Describe the Philosophy and principles of education</li> <li>Explain teaching learning process</li> </ul>	<ul> <li>Principles of Education &amp; Teaching Learning Process</li> <li>Education: meaning philosophy aims, functions, &amp; principles</li> <li>Nature &amp; characteristics of learning</li> <li>Principles and maxims of learning</li> <li>Domains of objectives &amp; formulation of general and specific objective</li> <li>Lesson planning</li> <li>Classroom management</li> </ul>	<ul> <li>Lecture / discussion</li> <li>Exercise on writing objectives</li> <li>Prepare lessons plan</li> <li>Micro teaching</li> </ul>	<ul> <li>Long/ Short answers</li> <li>Objective type</li> <li>Assess lesson plans</li> <li>Assess teaching sessions</li> </ul>
VI	10	05	Demonstrat e teaching skills in various teaching methods in clinical, classroom & community settings.	Methods Of Teaching: • Lecture, demonstration • Group discussions, Seminar, Symposium, panel discussion, role play. • Project method field trip, workshop, exhibition • Computer assisted learning programmed instructions • Micro- teaching, Evidence based learning • Self instructional module, simulation etc. Clinical Teaching Methods: • Bedside Clinics, Case Method, Nursing rounds, morning & afternoon reports • Conferences: Individual & group, • Field visits, process recording	<ul> <li>Lecture discussions</li> <li>Conduct 5 teaching sessions using different methods and media</li> </ul>	<ul> <li>Long / Short answers</li> <li>Objective type</li> <li>Assess teaching Sessions.</li> </ul>

Unit	Time	(Hrs)	Learning	Content	Teaching	Assessment
	Th.	Pr.	Objectives		Learning	Methods
					Activities	
VII	05	05	Prepare	Educational		
			and use	Media		
			different	<ul> <li>Purpose and</li> </ul>	<ul> <li>Lecture</li> </ul>	• Long/
			types of	types of Audio –	discussion	Short answer
			educational	visual and	•Demonstra-	<ul> <li>Objective</li> </ul>
			media	principles and	tion	type
			effectively	sources etc.	<ul> <li>Prepare</li> </ul>	• Assess the
				• Graphic Aids:	different	teaching
				Chalk board,	teaching aids	aids prepared
				Charts graph poster	projected and	
				<ul> <li>Flash cards,</li> </ul>	non -	
				flannel Graph,	projected	
				Bulletin Board,		
				Cartoon	<ul> <li>Prepare a</li> </ul>	
				• Three	programme	
				Dimensional	for the given	
				Aids:	topic	
				Objects,	• Visit to dept	
				specimens, models,	of	
				& puppets.	communicati	
				Printed Aids:	on, &	
				Pamphlets &	educational	
				leaflets.	technology	
				Projected Aids:		
				Slides overhead		
				projector		
				transparency		
				preparation		
				• Films, T.V. VCR		
				/ VCD		
				• Camera,		
				Microscope, LCD,		
				DVD		
				Audio Aids:		
				Tape recorder		

Unit		me rs.)	Learning Objectives	Content	Teaching Learning	Assessment Methods
	Th.	Pr.			Activities	
VIII	05	05	• Prepare different types of questions for assessment of knowledge, skills, and attitude	Assessment • Purpose & scope of evaluation & assessment • Criteria for selection of assessment technique and methods. • Assessment of knowledge: Essay Type Questions, Short answer questions (SAQ), Multiple choice questions (MCQ) • Assessment Of Skills Observation checklist, Practical exam, Viva, Objective Structured, Clinical examination (OSCE) • Assessment of Attitudes : Attitude Scales	<ul> <li>Lecture discussion</li> <li>Exercise on writing different types of assessment tools</li> </ul>	<ul> <li>Long / Short answer</li> <li>Objective type</li> <li>Assess the strategies used in practice teaching</li> <li>Assess the different tools, prepared during exercise sessions.</li> </ul>
IX	05		<ul> <li>Teaching individual s groups and communiti es about health with their active participati on</li> </ul>	<ul> <li>Information, Education</li> <li>&amp; Communication for</li> <li>Health (ICE)</li> <li>Health behavior and health education</li> <li>Principles of health education</li> <li>Health education with individuals, groups and communities</li> <li>Methods and media for communicat -ing health messages.</li> <li>Using mass media</li> <li>Planning health education.</li> </ul>	<ul> <li>Lecture discussio n</li> <li>Plan and conduct Health educatio n sessions for individua l group and communi -ties</li> </ul>	<ul> <li>Long / Short answer</li> <li>Objective type</li> <li>Assess the planning &amp; conductio n of the education -al session</li> </ul>

# Practicum / Lab:

ractic	um / Lab:	<b>30 hrs</b>
Ι	Observation of critical incidents:	2 hours
II	Role play on guidance and counseling	5 hours
III	Lesson plan preparation and conduction	8 hours
IV	Conducting teaching with using various methods	5 hours
V	Preparation of visual aids	5 hours
VI	Preparation of Assessment tools (Question paper,	
	Check list and attitude skills)	5 hours

#### **BIBLIOGRAPHY:**

- 1. Bhatia, Kamala & Bhatia B.D.: The Principles and Methods of Teaching: Delhi, Doaba House, 1977.
- 2. Neeraja, Nursing Education, New Delhi, Jaypee Brother, 2004.
- 3. Safaya, Raghunath & Shaida, B.D. Educational Theory & Practice, Delhi, Dhanpat Row & Sons, 1974.
- 4. Bhatia, Hans Raj Elements of Educational Psychology, Bombay, Qnent Conpman, Sthed, 1973.

# **EVALUATION SCHEME:**

#### **INTERNAL ASSESSMENT:**

- A) Theory:
  - i) Mid-term Examination:
  - ii) Pre-final Examination:

Total:

(125 Marks to be converted in to 15 Marks for Internal Assessment (Theory))

B) Assignment / Practical:

SN	UNIT		Marks		
1	Ι	Response to Critical Incidents using Anecdotal Record	10		
2	III	Response to Critical Incidents using Anecdotal Record	10		
3	IV	Response to Critical Incidents using Anecdotal Record	10		
4	V	Lesson Plan Preparation and Conduction of 4 Teachings	100		
5	VII	Visual Aid Preparation	50		
6	VIII	Assessments of Tools-3 (Preparation of Question Paper, Check List, Attitude Scale.	45		
		Total	225		
(22	(225 Marks to be converted in to 10 Marks for Internal Assessment (Practical))				

#### **EXTERNAL ASSESSMENT: (Theory)**

University examination:

75 Marks

25 Marks

15 Marks

50 Marks

75 Marks 125 Marks

10 Marks

# 1) Format for Anecdotal Record

Name of the College	:-		
Name of Student observed	5-		
Class	:-	Date	:-
Subject	5-	Place	:-
Marks	:-		

Objective description of the incident as occurred.

Interpretation / comments of the observer.

Sign. of the observer Date :

Note: 03 Incidents, 10 Marks each.

# 2) <u>Evaluation Guideline for Teaching</u>

Name of the college	:-	
Name of the student	:-	
Class	:-	Date:-
Subject	:-	Place:-
Topic of lesson	:-	Marks:25

SN	Particulars	Marks Allotted	Marks Obtained
I.	Lesson Plan.		
	Objective lesson plan	2	
	Adequacy of content / Sequencing	2	
	Bibliography	2	
II	Presentations		
	Introduction	2	
	Speech Clarity/Voice/language	2	
	Relevance	2	
	Knowledge regarding topic	2 2	
	• Co-relation with other subject.	2	
	Questioning technique	2	
	Group control	-	
III	AVAIDS		
	Appropriate	1	
	• Skills in use(including black board)	1	
	Principles observed	1	
IV	Time Coverage & Summary &	2	
	Assignments		
	Total	25 Marks	

Strengths:

Weakness:

Sign of the student's Date:

Sign of Evaluators Date:

Note: Four Teachings, 25 Marks each.

# 3) <u>Evaluation Guideline for Visual Aid Preparation</u>

Name of the college	:-	
Name of the student	:-	
Class	:-	Date:-
Subject	:-	Place:-
Name of Evaluator	:-	Marks : 50

SN	Particulars	1	2	3	4	5
01.	Applicability to the topic.					
02	Appropriateness.					
03	Self prepared/ ready made.					
04	Materials used: economical/costly					
05	Attractive ness.					
06	Principles of visual aid preparation					
07	Display / visibility					
08	Message conveyed					
09	Relevance					
10	Effectiveness					
	Тс	otal				

Strengths:

Weakness:

Suggestions for improvement.

Sign. of evaluator Date:

# 4.

**Evaluation Guideline for Assessment of Tool** (Preparation of Question Paper / Check List / Attitude Scale)

Name of the college	:-	
Name of the student	:-	
Class	:-	Date:-
Subject	:-	Place:-

Name of the Evaluator :-

SN	Particulars	Marks Allotted	Marks Obtained
1	Preparation of blue print	3	
2	Content coverage	2	
3	Construction of item	2	
4	Principles followed for constructing items	2	
5	Objectivity	2	
6	Organizing & sequencing	2	
7	Marking scheme	2	
	Total	15	

Note: Same format to be used for Preparation of Question Paper / Check List / Attitude Scale.

Strengths:

Weakness:

Sign of the student Date:

Sign of Evaluators Date:

# MEDICAL SURGICAL NURSING

(Adult including Geriatrics) –II

**Placement: Third year** 

Time: Theory –120 hours (Classroom 103 + Lab 17) Practical- 270 hours

**Course Description**: The purpose of this course is to acquire knowledge and proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Specific objectives: At the end of the course the student will be able to:

- 1. Provide care for patients with disorders of ear nose and throat.
- 2. Take care of patients with disorders of eye.
- 3. Plan, implement and evaluate nursing management of patients with neurological disorders.
- 4. Develop abilities to take care of female patients with reproductive disorders.
- 5. Provide care of patients with burns, reconstructive and cosmetic surgery.
- 6. Manage patients with oncological conditions
- 7. Develop skill in providing care during emergency and disaster situations
- 8. Plan, implement and evaluate care of elderly
- 9. Develop ability to manage patients in critical care units.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment Method
Ι	T 15 P 02	•Describe the etiology, patho- physiology, clinical manifestation s, diagnostic measures and management of patients with disorders of of Ear Nose and Throat	<ul> <li>Nursing management of patient with disorders of Ear Nose and Throat</li> <li>Review of anatomy and physiology</li> <li>of the Ear Nose and Throat-</li> <li>Nursing Assessment- History and</li> <li>Physical assessment</li> <li>Etiology, path physiology, clinical</li> <li>Manifestations, diagnosis,</li> <li>Treatment modalities and medical &amp;</li> <li>Surgical nursing management of Ear Nose and Throat disorders:</li> <li>External ear: deformities otalgia, foreign bodies, and tumours</li> <li>Middle Ear-Impacted wax, Tympanic membrane perforation, otitis media, otosclerosis, mastoiditis, tumours</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Cans discussions/ seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book /presentation</li> <li>Demonstration of procedures</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills of patient and management of problems.</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment Method
			<ul> <li>Inner ear- meniere,s Disease, labyrinthitis, ototoxicity, tumours</li> <li>Upper airway infections – Common cold, sinusitis, ethinitis, Rhinitis, Pharyngitis, Tonsillitis and Adenoiditis, Peritonsilar abscess, Laryngitis</li> <li>Upper respiratory airway- Epistaxis,</li> <li>Nasal obstruction, laryngeal obstruction, Cancer of the larynx</li> <li>Cancer of the oral cavity</li> <li>Speech defects and speech therapy</li> <li>Deafness- Prevention, control and rehabilitation</li> <li>Hearing aids, implanted hearing Devices</li> <li>Special therapies</li> <li>Drugs used in treatment of disorders of ear nose and throat</li> <li>Role of nurse Communicating with hearing impaired and mute.</li> <li>Nursing procedures Oesophaostomy, Tracheostomy,</li> </ul>		
II	T 15 P 02	Describe the etiology, path physiology, clinical manifestations Physical assessm measures and management of patients with disorders of eye.	<ul> <li>Nursing management of patient With disorders of eye</li> <li>Review of anatomy and physiology of the eye-</li> <li>Nursing assessment – history and ent</li> <li>Etiology, pathophysiology, clinical manifestations, diagnosis, treatment nursing management of eye disorders:</li> <li>Refractive errors</li> <li>Eyelids-inflammation and</li> <li>Infection and bleeding</li> <li>Cornea- inflammation and Infection</li> <li>Lens-Cataracts</li> <li>Glaucoma</li> <li>Disorder of the uveal tract,</li> <li>Ocular tumours</li> <li>Disorders of posterior chamber and retina : retinal and vitreous problems</li> <li>Retinal detachment</li> <li>Ocular emergencies and their prevention</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Explain using Charts, using Models, films. slides</li> <li>Demonstration practice session</li> <li>Case discussions/ seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book / presentation</li> <li>Visit to eye bank</li> <li>Participation in eye-camps</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessmen t of skills with check list</li> <li>Assessmen t of patient management problem</li> </ul>

Unit	Tim e	Learning Objectives	Content	Teaching Learning	Assessment Method
	(Hrs )		• Drugs used in treatment of	Activity	
III	(Hrs ) T 17 P 02	• Describe the etiology, patho physiology clinical manifestations, diagnostic measures and nursing management of patients with neurological disorders	<ul> <li>Drugs used in treatment of disorders of eye</li> <li>Blindness</li> <li>National blindness control program</li> <li>Eye Banking</li> <li>Eye prostheses and rehabilitation</li> <li>Role of a nurse-Communication with visually impaired patient, Eye camps</li> <li>Special therapies</li> <li>Nursing procedures: eye irrigation, assisting with removal of foreign body.</li> <li>Nursing management of patient With neurological disorders</li> <li>Review of anatomy and physiology of the neurological system</li> <li>Nursing Assessment-History and physical and neurological assessment and Glasgow coma scale</li> <li>Etiology, Path physiology, clinical manifestations, diagnosis, treatment modalities and medical &amp; surgical nursing management of neurological disorders</li> <li>Congenital malformations</li> <li>Headache</li> <li>Head Injuries</li> <li>Spinal injuries</li> <li>Paraplegia</li> <li>Quadraplegia</li> <li>Spinal cord compression -Herniation of intervertebral disc</li> </ul>	<ul> <li>Activity</li> <li>Activity</li> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book /presentation</li> <li>Visit to rehabilitation drugs used in treatment of disorders of eye center</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessme nt of skills with check list</li> <li>Assessme nt of patient managem ent problem</li> </ul>
			<ul> <li>Tumors of the brain &amp; spinal cord</li> <li>Intra cranial and cerebral aneurysms</li> <li>Infections: Meningitis, Encephalitis, brain abscess, neurocysticercosis</li> <li>Movement disorders : Chorea Seizures / Epilepsy</li> <li>Cerebro vascular accidents</li> </ul>		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment Method
IV	T 15 P 02	<ul> <li>Describe the etiology, pathophysiology clinical manifestation, diagnostic measures and nursing management of patients with disorders of female reproductive system.</li> <li>Describe concepts of reproductive health and family welfare programmes .</li> </ul>	<ul> <li>Review of anatomy and physiology of the female reproductive system</li> <li>Nursing assessment-history and physical assessment</li> <li>Breast self examination</li> <li>Etiology, pathophysiology, clinical manifestations diagnosis treatment</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs Models, films, slides</li> <li>Demonstratio n /Practice session</li> <li>Case discussions/ Seminar</li> <li>Heath education</li> <li>Supervised clinical practice</li> <li>Drug book /presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessmen t of skills with check list</li> <li>Assessmen t of patient management problem</li> </ul>

Unit	Time	Learning	Content	Teaching Learning	Assessment
	(Hrs)	Objectives		Activity	Method
	(Hrs)	Objectives	<ul> <li>Vaginal disorders; Infections and Discharges, fistulas</li> <li>Vulvur disorders; Infection, cysts, Tumours</li> <li>Diseases of breast Deformities Infections Cysts and Tumours</li> <li>Menopause and hormonal replacement therapy</li> <li>Infertility</li> <li>Contraception; Temporary and Permanent</li> <li>Emergency contraception methods</li> <li>Abortion-natural, medical and surgical abortion-MTP Act</li> <li>Toxic shock Syndrome</li> <li>Injuries and trauma; sexual violence</li> <li>Drugs used in treatment of gynaecological disorders Special therapies vaginal douche PAP smear</li> <li>Nursing procedures assisting with</li> </ul>	Activity	Method
V	T 08 P 02	Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and nursing management of patients with burns, reconstructive and cosmetic surgery	<ul> <li>diagnostic and therapeutic procedures, self examination of breast.</li> <li>Nursing management of patients</li> <li>With Burns, reconstructive and Cosmetic surgery</li> <li>Review of anatomy and physiology of the skin and connective tissues</li> <li>Nursing assessment-History and physical examination &amp; assessment burns</li> <li>Etiology, Classification, pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical &amp; surgical and nursing management of Burns with special emphasis of fluid replacement therapy.</li> <li>Types of surgeries</li> <li>Legal Issues, Rehabilitation</li> <li>Special therapies</li> <li>Psycho social aspects</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book / presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessmen t of skills with check list</li> <li>Assessmen t of patient management problem</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment Method
VI	(HIS) T 13 P 02	Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and nursing management of patients with oncology	<ul> <li>Nursing management of patients</li> <li>With oncological conditions <ul> <li>Structure &amp; characteristics of normal &amp; cancer cells</li> <li>Nursing Assessment-history and physical assessment</li> <li>Prevention, Screening for early detection, warning signs of cancer</li> <li>Common malignancies of various body system; Brain Oral cavity, larynx lung liver stomach and colon, breast cervix, ovary, uterus, renal, bladder, prostate leukemias and lymphomas, Oncological emergencies.</li> <li>Epidemiology, etiology, classifications, pathophysiology, staging, clinical manifestations, diagnosis treatment modalities and medical, surgical &amp; nursing management of malignant diseases</li> <li>Treatment Modalities – Immunotherapy Chemotherapy, Gene therapy Stem cell &amp; Bone Marrow transplants.</li> <li>Surgical interventions</li> <li>Psychosocial aspects of cancer</li> <li>Management – nutritional support Home care, Hospice care, Stoma care</li> <li>Psycho social aspects</li> <li>Assisting with diagnostic and therapeutic procedures</li> </ul> </li> </ul>	<ul> <li>Activity</li> <li>Lecture discussion</li> <li>Explain using</li> <li>Charts, graphs models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book /presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessmen t of skills with check list</li> <li>Assessmen t of patient management problem</li> </ul>
VII	10	<ul> <li>Describe organization of emergency and disaster care services</li> <li>Describe the role of nurse in disaster management</li> <li>Describe the role of nurse in management of Emergencies</li> </ul>	<ul> <li>Nursing management of patient in EMERGENCY &amp; DISASTER situations</li> <li>Concepts and principles of Disaster Nursing</li> <li>Causes and types of disaster: Natural and man-made Earthquakes, floods, epidemics, Cyclones fire, Explosion, Accidents Violence, Terrorism; Bio-chemical war</li> <li>Policies related to emergency/ disaster</li> <li>Management; International , national, state, institutional</li> <li>Disaster preparedness: Team, guidelines, protocols, equipments, resources Coordination and involvement of community, various- government.</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using</li> <li>Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion/Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> </ul>	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment Method
			organizations and International agencies <ul> <li>Role of nurse in disaster management</li> <li>Legal aspects of disaster nursing</li> <li>Impact on Health and after effects; post Traumatic Stress Disorder</li> <li>Rehabilitation; physical, psychosocial</li> <li>Social, Financial, Relocation</li> <li>Emergency Nursing</li> <li>Concept, priorities principle and</li> <li>Scope of emergency nursing</li> <li>Organization of emergency services: physical setup, staffing, equipment and supplies, protocols, Concepts of triage and role of triage nurse</li> <li>Coordination and involvement of different departments and facilities</li> <li>Nursing Assessment-History and physical assessment</li> <li>Etiology, pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical &amp; surgical nursing management of patient with medical and surgical Emergency</li> <li>Principles of emergencies;</li> <li>Respiratory Emergencies</li> <li>Cardiac Emergencies</li> <li>Shock and Haemorrhage</li> <li>Pain</li> <li>Poly-Trauma, road accidents, crush</li> <li>Injuries, wound</li> <li>Bites</li> <li>Poisoning; Food, Gas, Drugs &amp; chemical poisoning</li> <li>Seizures</li> <li>Thermal Emergencies;</li> <li>Pediatric Emergencies</li> <li>Obstetrical Emergencies</li> <li>Obstetrical Emergencies</li> <li>Violence, Abuse, Sexual assault</li> <li>Cardio pulmonary Resuscitation</li> <li>Crisis Intervention</li> <li>Role of the nurse; Communication And inter personal Relation</li> <li>Medico-legal Aspects;</li> </ul>	<ul> <li>Disaster management drills</li> <li>Drug book /presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessmen t of skills with check list</li> <li>Assessmen t of patient management problem</li> </ul>

Unit	Time	Learning	Content	Teaching Learning	Assessment
VIII	(Hrs) 10	<ul> <li>Objectives</li> <li>Explain the concept and problems of aging</li> <li>Describe nursing care of the elderly</li> </ul>	<ul> <li>Nursing care of the elderly</li> <li>Nursing Assessment-History and physical assessment</li> <li>Ageing;</li> <li>Demography; Myths and realities</li> <li>Concepts and theories of ageing</li> <li>Cognitive Aspects of Ageing</li> <li>Normal biological ageing</li> <li>Age related body systems changes</li> <li>Psychosocial Aspects of Aging</li> <li>Medications and elderly</li> <li>Stress &amp; coping in older adults</li> <li>Common Health problems &amp; Nursing Management;</li> <li>Cardiovascular, Respiratory, Musculoskeletal,</li> <li>Endocrine, genito-urinary, gastrointestinal</li> <li>Neurological, Skin and other Sensory organs</li> <li>Psychosocial and Sexual</li> <li>Abuse of elderly</li> <li>Role of nurse for care of elderly: ambulation, nutritional, communicational, psychosocial and spiritual</li> <li>Role of nurse for caregivers of elderly</li> <li>Role of family and formal and non formal caregivers Use of aids and prosthesis (hearing aids, dentures,</li> <li>Legal &amp; Ethical Issues</li> <li>Provisions and Programmes of elderly; Privileges. Community programs and health services;</li> </ul>	Activity <ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion/Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book /presentation Visit to old age home</li> </ul>	Method • Essay type • Short answers • Objective type • Assessment of skills with check list • Assessment of patient management problem
IX	T 10 P 05	<ul> <li>Describe organization of critical care units</li> <li>management role of nurse in management of patients critical care units</li> </ul>	<ul> <li>Home and institutional care</li> <li>Nursing management of patient         <ul> <li>n critical care units</li> <li>Nursing Assessment-History</li></ul></li></ul>	<ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Role plays</li> <li>counseling</li> <li>Practice session</li> <li>Case discussion/</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management</li> </ul>

• Special equipments; ventilators, cardiac monitors, defibrillators,	Seminar	problem
Resuscitation equipments		
Infection Control protocols		

Unit	Time	Learning	Content	Teaching Learning	Assessment
Om		-	Content		
	(Hrs)	Objectives	<ul> <li>Nursing management of critically ill patient;</li> <li>Monitoring of critically ill patient</li> <li>CPR-Advance Cardiac life support</li> <li>Treatments and procedures.</li> <li>Transitional care</li> <li>Ethical and Legal Aspects</li> <li>Communication with patient and family</li> <li>Intensive care records</li> <li>Crisis Intervention</li> <li>Death and Dying-coping with</li> <li>Drugs used in critical care unit</li> <li>Nursing procedures; Monitoring of patients in, assisting in therapeutic and diagnostic procedures, CPR,</li> </ul>	Activity <ul> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book /presentation</li> </ul>	Method
X	8	• Describe the etiology, patho- physiology, clinical manifestations, assessment, diagnostic measures and management of patients with occupational and industrial health disorder	<ul> <li>ACLS</li> <li>Nursing management of patients adults including elderly with occupational and industrial disorders</li> <li>Nursing Assessment-History and physical assessment</li> <li>Etiology, pathophysiology, clinical manifestations, diagnosis, diagnosis, treatment modalities and medical &amp; surgical nursing management of occupational and industrial health disorders</li> <li>Role of nurse Special therapies, alternative therapies Nursing procedures Drugs used in treatment of Occupational and industrial disorders</li> </ul>		

#### <u>Student References –</u>

- Black J.M. Hawk, J.H. (2005) Medical Surgical Nursing Clinical Management for Positive Outcomes. (7<sup>th</sup>ed) Elsevier.
- 2. Brunner S. B., Suddarth D.S. The Lippincott Manual of Nursing practice J.B.Lippincott. Philadelphia.

#### **Suggested references**

- Lewis, Heitkemper&Dirksen (2000) Medical Surgical Nursing Assessment and Management of Clinical Problem (6 <sup>th</sup>ed) Mosby.
- 2. Black J.M. Hawk, J.H. (2005) Medical Surgical Nursing Clinical Management for Positive Outcomes. (7<sup>th</sup>ed) Elsevier.
- 3. Brunner S. B., Suddarth D.S. The Lippincott Manual of Nursing practice J.B.Lippincott. Philadelphia.
- 4. Colmer R.M. (1995) Moroney's Surgery for Nurses (16<sup>th</sup>ed) ELBS.
- 5. 5. Shah N.S. (2003) A P I textbook of Medicine, The Association of Physicians of India Mumbai.
- 6. Satoskar R.S., Bhandarkar S.D. & Rege N.N. (2003) Pharmacology and Pharmacotherapeutics (19 <sup>th</sup>ed) Popular Prakashan, Mumbai.
- 7. Phipps W.J., Long C.B. & Wood N.F. (2001) Shaffer's Medical Surgical Nursing B.T.Publication Pvt. Ltd. New Delhi.
- 8. 11 Haslett C., Chilvers E.R., Hunder J.A.A. &Boon, N.A. (1999) Davidson's Principles and Practice of Medicine (18<sup>th</sup>ed) Churchill living stone. Edinburgh.
- 9. 13 Walsh M. (2002) Watson's Clinical Nursing and Related Sciences (6<sup>th</sup>ed) Bailliere Tindall Edinburgh.

# PRACTICAL

#### Practical -270 hrs

Areas	Duration (inwks)	Objectives Posting	Skills to be developed	Assignments	Assessment Method
ENT	1	<ul> <li>provide care to patients with ENT disorders counsel and educate patient and families</li> </ul>	<ul> <li>perform examination of ear, nose and throat</li> <li>Assist with diagnostic procedures</li> <li>Assist with therapeutic procedures</li> <li>Instillation of drops</li> <li>Perform/assist with irrigations.</li> <li>Apply ear bandage</li> <li>Perform tracheotomy care</li> <li>Teach patients and Families</li> </ul>	<ul> <li>Provide care to 2-3 assigned patients</li> <li>Nursing care plan-1</li> <li>Observation reports of OPD</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess each sill with checklist</li> <li>Assess performance with rating scale</li> <li>Evaluation of observation report of OPD</li> <li>Completion of activity record</li> </ul>
Ophtha- mology	1	<ul> <li>Provide care to patients with Eye disorders</li> <li>Counsel and educate patient and families</li> </ul>	<ul> <li>Perform examination of eye</li> <li>Assist with diagnostic procedures</li> <li>Assist with therapeutic procedures Perform/assist with</li> <li>Irrigations.</li> <li>Apply eye bandage</li> <li>Apply eye drops/ ointments</li> <li>Assist with foreign body removal.</li> <li>Teach patients and Families</li> </ul>	<ul> <li>Provide care to 2-3 assigned patients</li> <li>Nursing care plan-1</li> <li>Observation reports of OPD &amp; Eye bank</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess each skill with checklist</li> <li>Assess performance with rating scale</li> <li>Evaluation of observation report of OPD/Eye bank</li> <li>Completion of activity record</li> </ul>
Neurology	2	• provide care to patients with neurological disorders counsel and educate patient and families	<ul> <li>Perform Neurological</li> <li>Examination</li> <li>Use Glasgow coma scale</li> <li>Assist with diagnostic procedures</li> <li>Assist with therapeutic procedures</li> <li>Teach patient &amp; families</li> <li>Participate in Rehabilitation program</li> </ul>	<ul> <li>Provide care to assigned 2-3 patients with neurological disorders</li> <li>Case study/Case presentation-1</li> <li>Maintains drug book</li> <li>Heath</li> <li>Teaching-1</li> </ul>	<ul> <li>Assess each skill with checklist</li> <li>Assess performance with rating scale</li> <li>Evaluation of case study &amp; health</li> <li>Completion of activity record</li> </ul>

Areas	Duration (inwks)	Objectives Posting	Skills to be developed	Assignments	Assessment Method
Gynecolo gy ward	1	<ul> <li>Provide care to patients with gynecological disorders</li> <li>Counsel and educate patient and families</li> </ul>	<ul> <li>Assist with gynecological</li> <li>Examination</li> <li>Assist with diagnostic procedures</li> <li>Assist with therapeutic procedures</li> <li>Teach patients families</li> <li>Teaching self Breast</li> <li>Examination</li> <li>Assist with PAP</li> <li>Smear collection.</li> </ul>	<ul> <li>Provide care to 2-3 assigned patients</li> <li>Nursing care plan-1</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess each skill with checklist</li> <li>Assess performance with rating scale</li> <li>Evaluation of observation report of OPD/Eye bank</li> <li>Completion of activity record</li> </ul>
Burns Unit	1	Provide care	<ul> <li>Assessment of the burns patient Percentage of burns</li> <li>Degree of burns.</li> <li>Fluid &amp; electrolyte replacement therapy</li> <li>Assess</li> <li>Calculate</li> <li>Replace</li> <li>Record intake/output</li> <li>Care of Burn wounds</li> <li>Bathing</li> <li>Dressing</li> <li>Perform active &amp; passive exercises</li> <li>Practice asepsis surgical asepsis</li> <li>Counsel &amp; Teach patients and families</li> <li>Participate in rehabilitation program</li> </ul>	<ul> <li>Provide care to 1-2 assigned patients</li> <li>Nursing care paln-1</li> <li>Observation report of Burns unit</li> </ul>	activity record
Oncology	1	<ul> <li>provide care to patients with cancer</li> <li>counsel and educate patient and families</li> </ul>	<ul> <li>Screen for common cancers-TNM classification</li> <li>Assist with diagnostic procedures</li> <li>Biopsies</li> <li>Pap smear</li> <li>Bone-marrow aspiration</li> <li>Breast examination</li> <li>Assist with</li> <li>Therapeutic</li> <li>Participates</li> <li>Participates in various modalities of treatment</li> </ul>	<ul> <li>Provide care to 2-3 assigned patients</li> <li>Nursing care Plan –1</li> <li>Observation report of cancer unit</li> </ul>	<ul> <li>Assess each skill with checklist</li> <li>Assess performance with rating scale</li> <li>Evaluation of Care plan and observation report Completion of activity record</li> </ul>

Areas	Duration	Objectives	Skills to be	Assignments	Assessment
	(inwks)	Posting	Developed Chemotherapy Radiotherapy Pain management Stomaltherapy Hormonal therapy Hormonal therapy Gene therapy Alternative therapy Participate in palliative care Counsel and teach patients families		Method
Critical Care unit	2	<ul> <li>provide care to critically ill patients</li> <li>counsel and families for grief and bereavement</li> </ul>	<ul> <li>Monitoring of patients in ICU</li> <li>Maintain flow sheet</li> <li>Care of patient on ventilators</li> <li>Perform Endotracheal suction</li> <li>Demonstrates use of ventilators, cardiac monitors etc.</li> <li>Collect specimens and interprets ABG analysis</li> <li>Assist with arterial puncture</li> <li>Maintain CVP line</li> <li>Pulse oximetry</li> <li>CPR-ALS</li> <li>Defibrillators</li> <li>Pace makers</li> <li>Bag-m ask ventilation</li> <li>Emergency tray/ trolly-Crash Cart</li> <li>Administration of drugs infusion pump</li> <li>Epidural</li> <li>Intra thecal</li> <li>Intracardiac</li> <li>Total parenteral therapy</li> <li>Chest physiotherapy</li> <li>Perform active &amp; passive exercise</li> <li>Counsel the patient and family in dealing with grieving and bereavement</li> </ul>	<ul> <li>Provide care to I assigned patient</li> <li>Observation report of Critical care unit</li> <li>Drugs book.</li> </ul>	<ul> <li>Assess each skill with checklist</li> <li>Assess performance with rating scale</li> <li>Evaluation of observation report</li> <li>Completion of activity record</li> </ul>

Areas	Duration (inwks)	Objectives Posting		ls to be	Assignments	Assessment
Causality / emergency	(inwks) 1	<ul> <li>Posting</li> <li>provide care to patients in emergency and disaster situation</li> <li>counsel patient and families for grief and bereavement</li> </ul>	<ul> <li>Prac</li> <li>Assi assessi examin investi interpr emerge disaster</li> <li>Assi docume</li> <li>Assi proced emerge</li> <li>Partio manag</li> <li>Courtional</li> </ul>	hation, gations & their etations, in ency and situations st in entations st in legal ures in ency unit einer unit eing crowd nsel patient and es in grief and	Observation     Report of     Emergency     Unit	Method <ul> <li>Assess <ul> <li>Performance</li> <li>with rating</li> <li>scale</li> <li>Evaluation</li> <li>of</li> <li>observation</li> <li>report</li> <li>Completion</li> <li>of</li> <li>activity record</li> </ul></li></ul>
Internal as			Eval	uation		
Internal as	sessment				1 05	
Theory Midterm			50	Maxin	num marks 25	
Prefinal			75			
		Te	otal 125			
Practical				Maxin	num marks 50	
	thalmology,	Gynaec, Burns, Once	ology)	5 x25	125	
Case preser Health teac		study- neuro		1x 50 1 x 25	50 25	
		urology and critical of	care unit)	1 x 25 2 x 100	200	
Internal as Practical	sessment					
Midterm Prefinal					50 75	
	<u> </u>			Total	525	
	xamination					
University	examination Theory			Marks 75		
	Practica	ıl		Marks 50		

# Nursing care plan

- **1.** Patients Biodata: Name, address, age, sex, religion, marital status, occupation, source of health care, date of admission, provisional diagnosis, date of surgery if any
- 2. Presenting complaints: Describe the complaints with which the patient has come to hospital
- 3. History of illness

History of present illness – onset, symptoms, duration, precipitating / alleviating factors History of past illness – illnesses, surgeries, allergies, immunizations, medications Family history – family tree, history of illness in family members, risk factors, congenital problems, psychological problems.

- **4.** Economic status: Monthly income & expenditure on health, marital assets (own pacca house car, two wheeler, phone, TV etc...)
- **5. Psychological status:** ethnic background,( geographical information, cultural information) support system available.
- **6. Personal habits:** consumption of alcohol, smoking, tobacco chewing, sleep, exercise, and work elimination, nutrition.
- 7. Physical examination with date and time
- 8. Investigations

Date	Investigations done	Normal value	Patient value	Inference

# 9. Treatment

 Drug (pharmacological name)	Dose	Frequency/ time	Side effects & drug interaction	Nursing responsibility
			~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	

### **10. Nursing process:**

Patients	name	Date			Ward		
Date	Assessment	Nursing	Objective	Plan of	Implementa	Rationale	Evaluation
		Diagnosis		care	-tion		

### **Discharge planning:**

It should include health education and discharge planning given to patient

# **11.Evalaution of care**

Overall evaluation, problem faced while providing care prognosis of the patient and conclusion

		Care plan evaluation
1.	History taking	03
2.	Assessment and nursing diagnosis	05
3.	Planning of care	05
4.	Implementation and evaluation	08
5.	Follow up care	02
6.	Bibliography	02

# FORMAT FOR CASE PRESENTATION

**Patients Biodata:** Name, address, age, sex, religion, marital status, occupation, source of health care, date of admission, provisional diagnosis, date of surgery if any

Presenting complaints: Describe the complaints with which the patient has come to hospital

#### **History of illness**

History of present illness – onset, symptoms, duration, precipitating / alleviating factors History of past illness – illnesses, surgeries, allergies, immunizations, medications Family history – family tree, history of illness in family members, risk factors, congenital problems, psychological problems.

**Economic status:** Monthly income & expenditure on health ,marital assets ( own pacca house car, two wheeler, phone, TV etc...)

**Psychological status:** ethnic background,( geographical information, cultural information) support system available.

**Personal habits:** consumption of alcohol, smoking, tobacco chewing, sleep, exercise, work elimination, nutrition.

#### Physical examination with date and time

#### Investigations

Date	Investigations done	Normal value	Patient value	Inference

#### Treatment

Sr. No.	Drug (pharmacological name)	Dose	Frequency / time	Action	Side effects & drug interaction	Nursing responsibility

#### **Description of disease**

Definition, related anatomy physiology, etiology, risk factors, clinical features, management and nursing care

Clinical features of the disease condition

Clinical features present in the book	Description of clinical features of patient	Pathophysiology

#### Nursing process:

Patients	name	Date			Ward		
Date	Assessment	Nursing	Objective	Plan of	Implementa	Rationale	Evaluation
		Diagnosis		care	-tion		

#### **Discharge planning:**

It should include health education and discharge planning given to patient

#### **Evaluation of care**

Overall evaluation, problem faced while providing care prognosis of the patient and conclusion

# Evaluation format for case presentation

Sr.No.	Content		Marks
1	Assessment / Introduction		05
2	Knowledge and understanding of disease		10
3	Nursing care plan		15
4	Presentation skill		10
5	A.V. aids		05
6	Overall		
	Summary& conclusion		03
	Bibliography		02
		Total	50

#### Format for case study

Format is similar to case presentation but should be in detail The nursing care given to the patient should be at least for 5 continuous days

### **Evaluation format for case study**

Sr.No.	Content		Marks
1	Assessment / Introduction		05
2	Knowledge and understanding of disease		15
3	Nursing care plan		20
4	Discharge plan		05
5	Summary & evaluation		02
6	Bibliography		03
		Total	50

### **EVALUATION FORMAT FOR HEALTH TALK**

NAME OF THE STUDENT	:	
AREA OF EXPERIENCE	:	
PERIOD OF EXPERIENCE	:	
SUPERVISOR	:	

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5	Score
1	I) Planning and organization						
	a) Formulation of attainable objectives						
	b) Adequacy of content						
	c) Organization of subject matter						
	d) Current knowledge related to subject Matter						
	e) Suitable A.V.Aids						
	II) Presentation:						
	a) Interesting						
	b) Clear Audible						
	c) Adequate explanation						
	d) Effective use of A.V. Aids						
	e) Group Involvement						
	f) Time Limit						
	III) Personal qualities:						
	a) Self confidence						
	b) Personal appearance						
	c) Language						
	d) Mannerism						
	e) Self awareness of strong & weak points						
	IV) Feed back:						
	a) Recapitulation						
	b) Effectiveness						
	c) Group response						
	V) Submits assignment on time						

\* 100 marks will be converted into 25

### **CLINICAL EVALUATION PROFORMA**

NAME OF THE STUDENT	:	
YEAR	: _	
AREA OF CLINICAL EXPERIENCE	: _	
DURATION OF POSTING IN WEEKS	S: _	
NAME OF THE SUPERVISOR	: _	

Total Marks :- 100

Scores:- 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

SR	EVALUATION CRITERIA			Grades	5	
NO		5	4	3	2	1
1	Personal & Professional behavior					
1	Wears clean & neat uniform and well					
	groomed.					
2	Arrives and leaves punctually					
3	Demonstrates understanding of the need for					
	quietness in speech & manner & protects the					
	patient from undue notice.					
4	Is notably poised and effective even in					
	situations of stress					
5	Influential & displaced persuasive assertive					
	leadership behaviour					
II	Attitude to Co-workers and patients					
6	Works well as member of nursing team					
7	Gives assistance to other in clinical situations					
8	Understands the patient as an individual					
9	Shows skills in gaining the confidence & co-					
	operation of patients and relatives, tactful and					
	considerate.					
IV	Application of knowledge					
10	Possess sound knowledge of medical surgical conditions.					
11	Has sound knowledge of scientific principles					
12	Able to correlate theory with practice					
13	Has knowledge of current treatment					
	modalities inclusive of medicine, surgery,					
	pharmacology and dietetics.					
14	Takes interest in new learning from current					
	literature & seeks help from resourceful					
	people.					

SR	EVALUATION CRITERIA			Grade	S	
NO		5	4	3	2	1
V	Quality of clinical skill					
15	Identifies problems & sets priorities and					
	grasps essentials while performing duties					
16	Applies principles in carrying out procedures & carries					
	out duties promptly.					
17	Has technical competence in performing nursing					
	procedures.					
18	Resourceful and practices economy of time material and					
	energy.					
19	Observes carefully, reports & records signs & symptoms					
	& other relevant information					
20	Uses opportunities to give health education to patients &					
	relatives					
	TOTAL					

### Grade

Excellent =		80-100 %
Very good	=	70-79 %
Good	=	60 - 69 %
Satisfactory	=	50- 59 %
Poor	=	Below 50 %

Remarks for improvement:

Student's Remark:

Signature of the student

Signature of the teacher

#### Maharashtra University of Health Sciences External Practical Evaluation Guidelines III Basic B.Sc Nursing Subject:-Medical Surgical Nursing II

50 Marks

2

Subject:-I	Medical Surgical Nursing II	50 Marks
Internal Examiner Nursing Procedure (15 marks)		25 Marks
Planning and Organizing		5 marks
Preparation of tray		3
Environment		1
Preparation of patient		1
Execution of Procedure		7 marks
Applies scientific principles		3
Proficiency in skill		3
Ensures sequential order		1
Termination of procedure		3marks
<ul> <li>Makes patient comfortable</li> </ul>		1
Reports & Records		1
After care of articles		1
Viva (10 Marks)		10marks
<ul> <li>Knowledge about common medical su</li> </ul>	irgical conditions-	4
(ENT, eye, neurological, Reproductive	System)	
<ul> <li>Nursing Care of Elderly persons</li> </ul>		2
<ul> <li>Preparation of various diagnostic procession</li> </ul>	cedures	2
Instruments and articles		2
External Examiner		25 Marks
Nursing Process (15 Marks)		15 marks
Assessment		3
Nursing Diagnosis		2
• Goal		1
Outcome criteria		1
Nursing intervention		3
Rationale		2
Evaluation		1
Nurses notes		2
Viva (10 Marks)		10 marks
Knowledge about common medical su	5	4
(Burns, Reconstructive and cosmetic s	surgery, Oncological conditions)	
Care of Patients in Critical Care Unit		2
Occupational Disorders		2
		•

Drugs

•

#### MEDICAL SURGICAL NURSING-II PRACTICAL EXAMINATION PRACTICAL / ORAL MARK LIST

NAME OF THE EXAMINATION: MEDICAL SURGICAL -II PRACTICALS

MONTH :

YEAR :

SECOND YEAR Basic B. Sc NURSING : MARKS : 50

SUBJECT : MEDICAL SURGICAL NURSING - I PRACTICALS

CENTRE :

Roll No	Internal Examiner		External Examiner		Total	Total
	Procedure	Viva voce	Nursing process	Viva voce		
	15	10	15	10	50	25
				-		
				+		
				+		

### Signature of the Internal Examiner

Signature of the External Examiner

Date :

Date :

# CHILD HEALTH NURSING.

**Placement:** Third Year.

Time: Theory-90 Hrs. (Class 80 + Lab 10 hrs) Practical-270 Hrs.

**Course Description:** This course is designed for developing an understanding of the modern approach to child-care, identification, prevention and nursing management of common health problems of neonates and children.

Specific objectives: At the end of the course, the students will be able to:

- 1. Explain the modern concept of child care and the principles of child health nursing.
- 2. Describe the normal growth and development of children in various age groups.
- 3. Explain the physiological response of body to disease conditions in children.
- 4. Identify the health needs and problems of neonates and children, plan and implement appropriate nursing interventions.
- 5. Identify the various preventive, promotive and rehabilitative aspects of child care and apply them in providing nursing care to children in the hospital and in the community.

Unit	Learning Objectives	Content	Hrs :
			allocation.
Ι	*Explain the modern	Introduction : Modern concept	T 10 hrs.
	concept of child	of child care.	P 05 hrs
	care & principles of	• Introduction to modern concept of child care	1
	child health nursing.	& history, principles & scope of child health nursing.	
		• Internationally accepted rights of the Child	1
	*Describe national policy progammes & legislations in relation to child health & welfare.	National policy & legislations in relation to child health & welfare.	
		• National programmes related to child health & welfare.	1
		<ul> <li>Agencies related to welfare services to the children.</li> </ul>	1
	<ul> <li>*List major causes of death during infancy, early &amp; late childhood.</li> <li>*Describe the major functions &amp; role of the paediatric nurse in caring for a hospitalized child.</li> </ul>	• Changing trends in hospital care, preventive,	1
		<ul><li>promotive &amp; curative aspects of child health.</li><li>Child morbidity &amp; mortality rates.</li></ul>	1
		<ul><li>Differences between an adult &amp; child.</li><li>Hospital environment for a sick child.</li></ul>	1
		<ul><li>Impact of hospitalization on the child &amp; family.</li><li>Grief &amp; bereavement.</li></ul>	1
		• The role of a child health nurse in caring	1
		for a hospitalized child.	1
	*Demonstrate various paediatric nursing procedures	<ul> <li>Principles of pre &amp; post-operative care of infants &amp; children.</li> <li>Child health nursing procedures.</li> </ul>	5

Unit	Learning Objectives	Content	Hrs:
II	*Describe the normal growth & development of children at different	<ul> <li>The healthy child</li> <li>Principles of growth &amp; development.</li> </ul>	allocation. T 18 hrs. P 02 hrs
	ages	<ul> <li>Factors affecting growth &amp; development.</li> <li>Growth &amp; development from birth to adolescence</li> </ul>	1 1 6
	*Identify the needs of children at different ages & provide parental guidance	<ul> <li>The needs of normal children through the stages of developmental &amp; parental guidance</li> <li>Nutritional needs of children &amp; infants:</li> </ul>	2
	*Identify the nutritional needs of children at different ages & ways of	<ul><li>Breast feeding, supplementary &amp; artificial Feeding &amp; weaning.</li><li>Baby friendly hospital concept.</li></ul>	1
	meeting the needs. *Appreciate the role of	<ul> <li>Accidents: causes &amp; prevention.</li> <li>Value of play &amp; selection of play material.</li> <li>Preventive immunization, immunization</li> </ul>	2 2 2
	<ul> <li>play for normal &amp; sick</li> <li>children.</li> <li>*Appreciate the preventive</li> <li>measures &amp; strategies for</li> <li>children.</li> </ul>	<ul> <li>programme &amp; cold chain.</li> <li>Preventive pediatrics</li> <li>Care of under five &amp; under five clinics/ well baby clinic.</li> </ul>	1 2
III	*Provide care to normal	Nursing care of a neonate.	T 12 hrs.
	& high risk neonates. *Perform neonatal resuscitation.	<ul> <li>Nursing care of a normal newborn / Essential newborn care.</li> <li>Neonatal resuscitation.</li> </ul>	<b>P 03 hrs.</b> 4 1
	*Recognize & manage common neonatal problems.	<ul> <li>Nursing management of a low birth weight baby &amp; high risk babies.</li> </ul>	4
		<ul> <li>Kangaroo mother care.</li> <li>Organization of neonatal unit.</li> <li>Identification &amp; nursing management of</li> </ul>	1 1 1
		<ul><li>common neonatal problems.</li><li>Nursing management of babies with</li></ul>	
		<ul> <li>Nursing management of babies with common congenital malformations.</li> <li>Control &amp; prevention of infection in N.I.C.U.</li> </ul>	2 1
IV	*Explain the concept of	Integrated management of neonatal &	10 hrs.
	IMNCI & other health strategies initiated by National population	childhood illnesses (IMNCI). Health strategies: National population policy-	
	policy 2000.	• RCH camps & RCH outreach schemes.	$\begin{vmatrix} 2\\ 2 \end{vmatrix}$
		• Operationalization of district newborn care, home based neonatal care.	
		<ul> <li>Border district cluster strategy.</li> </ul>	1
		• Integrated management of infants & children with illnesses like diarrhea,	3
		<ul> <li>A.R.I., malaria, measles &amp; Malnutrition.</li> <li>* Nurses' role: IMNCI.</li> </ul>	2

U nit	Learning Objectives	Content	Hrs:
N7	*D	Numina manager ( )	allocation.
V	*Provide nursing care in	Nursing management in common childhood diseases-	20 hrs.
	common childhood diseases.		
	uiseases.	Nutritional deficiency disorders.	1
	*Identify measures to	Respiratory disorders & infections.	
	prevent common childhood diseases including immunization.	Gastro-intestinal infections, infestations, &	2 2
		congenital disorders.	-
		Cardio-vascular problems: congenital	3
		defects & rheumatic fever, rheumatic heart disease.	
		• Genito-urinary disorders: acute glomerulo	2
		nephritis, nephritic syndrome, Wilm's tumour,	2
		infections, calculi, & congenital disorders.	
		• Neurological infections & disorders :	
		convulsions, meningitis, hydrocephalus, head	3
		injury.	
		• Hematological disorders : anemias, thalassemia,	
		ITP, leukemia, hemophilia.	2
		• Endocrine disorders: juvenile diabetes mellitus &	
		other diseases.	1
		• Orthopaedic disorders : club feet, hip	
		dislocation & fracture.	1
		• Disorders of skin, eye & ears.	1
		• Common communicable diseases in children,	1
		their identification, nursing care in hospital &	1
		home & prevention.	1
		• Child health emergencies : poisoning,	1
		haemmorrhage, burns & drowning.	1
		• Nursingcareof infant and children with HIV /	
		AIDS	
VI	*Manage the child with	Management of behavioural & social	10 hrs.
	behavioral & social problems	Problems in children.	
		• Management of common behavioral	4
		disorders.	2
		Management of common psychiatric	2
		problems.	2
		• Management of challenged children:	<u>ک</u>
		• Mentally, physically, & socially	
		challenged.	1
		• Welfare services for challenged children in	
		India.	1
		Child guidance clinics.	

#### **References-**

- 1. Ghai O.p. et al. (2000) Ghai's Essentials of Paediatrics. 1<sup>st</sup> edn. Mehta offset works. New Delhi.
- 2. Marlow Dorothy & Redding. (2001) Textbook of Paed. Nsg. 6<sup>th</sup> edn. Harbarcourt India ltd. New Delhi
- 3. Parthsarathy et al. (2000) IAP Textbook of Paediatric Nsg. Jaypee bros., 2 nd ed. New Delhi.
- 4. Vishwanathan & Desai. (1999) Achar's Textbook of Paediatrics 3<sup>rd</sup> ed. Orient Longman. Chennai.
- 5. Wong Dona et al. Whaley & Wong's Nursing care of infants & children.6th edn. Mosby co., Philadelphia.
- 6. Dr. C.S. Waghale, Principles and Practice of Clinical Pediatrics, Vora publication 1996

Areas	Duration ( in weeks)	Objectives	Skills	Assignments	Assessment methods
Pediatric medicine ward	3	<ul> <li>Provide nursing care to children with various medical disorders</li> <li>Counsel and educate parents</li> </ul>	<ul> <li>Taking pediatric history</li> <li>Physical examination and assessment of children</li> <li>Administer of oral, IM/IV medicine and fluids.</li> <li>Calculation fluid requirements</li> <li>Prepare different strengths of IV fluids</li> <li>Apply restraints</li> <li>Administer</li> <li>O2inhalation by different methods</li> <li>Give baby bath</li> <li>Feed children by katori spoon etc</li> <li>Collect specimens for common investigations</li> <li>Assist with common diagnostic procedures</li> <li>Teach mothers/parents</li> <li>Malnutrition</li> <li>Oral rehydration therapy</li> <li>Feeding and weaning</li> <li>Immunization schedule</li> <li>Play therapy</li> <li>Specific disease conditions</li> </ul>	Give care to three assigned pediatric patients Nursing care plan- 1 Case study /Presentatio n - 1	Assess clinical performance with rating scale. Assess each skill with checklist OSCE/OSPE Evaluation of case study / presentation and health education session. Completion of activity record

Pediatric surgery ward	3	<ul> <li>Recognize different pediatric conditions / malformations</li> <li>Provide pre and post operative care to children with common pediatric surgical conditions/ malformation</li> <li>Counsel and educate parents</li> </ul>	<ul> <li>Calculate, prepare and administer IV fluids</li> <li>Do bowel wash</li> <li>Care for ostomies:</li> <li>Colostomy irrigation</li> <li>Ureterostomy</li> <li>Gastrostomy</li> <li>Enterostomy</li> <li>Urinary catheterisation and drainage</li> <li>Feeding</li> <li>Nasogastric</li> <li>Gastrostomy</li> <li>Jejunostomy</li> <li>Care of surgical wounds</li> <li>Dressing</li> <li>Suture removal</li> </ul>	Give care to three assigned pediatric surgical patients Nursing care plan- 1 Case study / presentation - 1	<ul> <li>Assess clinical performance with rating scale.</li> <li>Assess each skill with checklist OSCE/OSPE</li> <li>Evaluation of case study / presentation and health education session.</li> <li>Completion of activity record</li> </ul>
Pediatric OPD/ Immunization room	1	<ul> <li>Perform         <ul> <li>assessment of</li> <li>children:</li> <li>Health,</li> <li>developmental</li> <li>and</li> <li>anthropometric</li> </ul> </li> <li>Perform         <ul> <li>immunization</li> <li>Give health</li> <li>education/</li> <li>nutritional</li> <li>education</li> </ul> </li> </ul>	<ul> <li>Assessment of children</li> <li>➢ Health assessment</li> <li>➢ Developmental assessment</li> <li>➢ Anthropometric assessment</li> <li>Immunization</li> <li>Health / Nutritional education</li> </ul>	Developmenta l study -1	Assess clinical performance with rating scale Completion of activity record.
Pediatric medicine and surgery ICU	1+1	Provide     Nursing care     to critically ill     children	<ul> <li>Care of a baby in incubator / warmer</li> <li>Care of child on ventilator.</li> <li>Endotracheal suction</li> <li>Chest physiotherapy</li> <li>Administer fluids with infusion pump.</li> <li>Total parenteral nutrition</li> <li>Phototherapy</li> <li>Monitoring of babies</li> <li>Cardio pulmonary resuscitation</li> </ul>	Nursing care plan 1 Observation report 1.	<ul> <li>Assess clinical performance with rating scale</li> <li>Completion of activity record</li> <li>Evaluation of observation report.</li> </ul>

## **EVALUATION**

## I. Internal assessment:

<u>Theory</u> :	Maximum marks 2 Marks	25
Midterm Prefinal	50 75	
Total marks	125	
<u>Practicum</u> : Maxim 1. Case presentation -	um marks 50	
(Paed Medical / Surgical 01)		50
2. Case study -		50
<ul> <li>( Paed. medical. / surgical. 01)</li> <li>3. Nursing care plan 03</li> <li>4. Clinical evaluation of comprehensive.</li> <li>( paed. Medical / surgical / P.I.C.U./ N.I.C.U</li> </ul>	3 x 25 3 X 100 300 J.)	75
5. Health teaching - 01		25
<ul><li>6. Assessment of growth &amp; development rep (20 marks each)</li><li>(Neonate, infant, toddler, preschooler, &amp; Sch</li></ul>	5 X 20	100
Observation report of NICU surgery/ Medica	al 1 x 25	25
Practical exam :		
<ol> <li>Midterm exam</li> <li>Preterm exam</li> </ol>		50 50
		725

# II External assessment : University exam :

Theory	75
Practical	50

## FORMAT FOR CASE PRESENTATION

**Patients Biodata:** Name, address, age, sex, religion, occupation of parent, source of health care, date of admission, provisional diagnosis, date of surgery if any

Presenting complaints: Describe the complaints with which the patient has come to hospital

#### **History of illness**

History of present illness - onset, symptoms, duration, precipitating / alleviating factors

History of past illness - illnesses, surgeries, allergies, immunizations, medications

Family history – family tree, history of illness in family members, risk factors, congenital problems,

psychological problems.

## Childs personal data

Obstetric history of - prenatal & natal history of mother, growth an development (compare with normal), immunization status, dietary pattern including weaning, play habits, toilet training, sleep pattern, schooling.

**Economic status of the family:** Monthly income & expenditure on health, food and education material assets (own pacca house car, two wheeler, phone, TV etc...)

**Psychological status:** ethnic background, (geographical information, cultural information) support system available.

## Physical examination with date and time

#### Investigations

Date	Investigations done	Normal value	Patient value	Inference

#### Treatment

Sr. No.	Drug (Pharmacological name)	Dose	Frequency / Time	Action	Side effects & drug interaction	Nursing responsibi- -lity

#### **Description of disease**

Definition, related anatomy physiology, etiology, risk factors, clinical features, management and nursing care

Clinical features of the disease condition

Clinical features present in the book	Description of clinical features of patient	Pathophysiology

### Nursing process:

Patients name Date		Ward						
	Date	Assessment	Nursing Diagnosis	Objective	Plan of care	Implementation	Rationale	Evaluation

## **Discharge planning:**

It should include health education and discharge planning given to patient

#### **Evaluation of care**

Overall evaluation, problem faced while providing care prognosis of the patient and conclusion

#### **Evaluation format for case presentation**

SN	Content		Marks
1	Assessment / Introduction		05
2	Knowledge and understanding of disease		10
3	Nursing care plan		15
4	Presentation skill		10
5	A.V. aids		05
6	Overall		
	Time		01
	Summary& conclusion		02
	Bibliography		02
		Total	50

### Format for case study

Format is similar to case presentation but should be in detail The nursing care given to the patient should be at least for 5 continuous days

## Evaluation format for case study

SN	Content		Marks
1	Assessment / Introduction		05
2	Knowledge and understanding of disease		15
3	Nursing care plan		20
4	Discharge plan		05
5	Summary & evaluation		02
6	Bibliography		03
		Total	50

## Nursing care plan

- **1.** Patients Biodata: Name, address, age, sex, religion, occupation of parents, source of health care, date of admission, provisional diagnosis, date of surgery if any
- 2. Presenting complaints: Describe the complaints with which the patient has come to hospital
- 3. History of illness

History of present illness – onset, symptoms, duration, precipitating / alleviating factors History of past illness – illnesses, surgeries, allergies, immunizations, medications Family history – family tree, history of illness in family members, risk factors, congenital problems, psychological problems

## 4. Childs personal data

Obstetric history of - prenatal & natal history of mother, growth an development ( compare with normal ), immunization status, dietary pattern including weaning, play habits, toilet training, sleep pattern, schooling.

- **5** Economic status: Monthly income & expenditure on health, food and education, material assets (own pacca house car, two wheeler, phone, TV etc...)
- **6 Psychological status:** ethnic background,( geographical information, cultural information) support system available.
- 7 **Personal habits:** consumption of alcohol, smoking, tobacco chewing, sleep, exercise, work elimination, nutrition.
- 8 Physical examination with date and time
- 9 Investigations

Date	Investigations done	Normal value	Patient value	Inference

## 10. Treatment

SN	Drug (pharmacological name)	Dose	Frequency/t ime	Action	Side effects & drug interaction	Nursing responsibility

## 11. Nursing process:

Patients name		Date			Ward			
	Date	Assessment	Nursing	Objective	Plan of	Implementa	Rationale	Evaluation
			Diagnosis		care	-tion		

## Discharge planning:

It should include health education and discharge planning given to patient

## 12.Evalaution of care

Overall evaluation, problem faced while providing care prognosis of the patient and conclusion

Care plan evaluation	
1. History taking	03
2. Assessment and nursing diagnosis	05
3. Planning of care	05
4. Implementation and evaluation	08
5. Follow up care	02
6. Bibliography	02

25

## **EVALUATION FORMAT FOR HEALTH TALK**

NAME OF THE STUDENT: -----

AREA OF EXPERIENCE: \_\_\_\_\_

PERIOD OF EXPERIENCE:

SUPERVISOR:

SULEV	150K.	
		Total 100 Marks
Scores:	5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory	/ fair, 1 = Poor

SN	Particular	1	2	3	4	5	Score
1	I) Planning and organization						
	a) Formulation of attainable objectives						
	b) Adequacy of content						
	c) Organization of subject matter						
	d) Current knowledge related to subject Matter						
	e) Suitable A.V.Aids						
	II) Presentation:						
	a) Interesting						
	b) Clear Audible						
	c) Adequate explanation						
	d) Effective use of A.V. Aids						
	e) Group Involvement						
	f) Time Limit						
	III) Personal qualities:						
	a) Self confidence						
	b) Personal appearance						
	c) Language						
	d) Mannerism						
	e) Self awareness of strong & weak points						
	IV) Feed back:						
	a) Recapitulation						
	b) Effectiveness						
	c) Group response						
	V) Submits assignment on time						

\* 100 marks will be converted into 25

## CLINICAL EVALUATION PROFORMA

Name of the student	:	
Year	:	
Area of clinical experience	:	
Duration of posting in weeks	:	
Name of the supervisor	:	

Total Marks: - 100

Scores:- 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

SN EVALUATION CRITERIA			Gra	des	
		4	3	2	1
1	Personal & Professional behavior				
1	Wears clean & neat uniform and well				
	groomed.				
2	Arrives and leaves punctually				
3	Demonstrates understanding of the need for				
	quietness in speech & manner & protects the				
	patient from undue notice.				
4	Is notably poised and effective even in				
	situations of stress				
5	Influential & displaced persuasive assertive				
	leadership behaviour				
Π	Attitude to Co-workers and patients				
6	Works well as member of nursing team				
7	Gives assistance to other in clinical situations				
8	Understands the child as an individual				
9	Shows skills in gaining the confidence & co-				
	operation of child and relatives, tactful and				
	considerate.				
IV	Application of knowledge				
10	Possess sound knowledge of pediatric				
	conditions.				
11	Has sound knowledge of scientific principles				
12	Has knowledge of normal growth and				
	development of children				
13	Has knowledge of current treatment				
	modalities inclusive of medicine, surgery,				
	pharmacology and dietetics.				
14	Takes interest in new learning from current				
	literature & seeks help from resourceful				
	people.				

SR	EVALUATION CRITERIA		Gra	ndes	
NO		4	3	2	1
V	Quality of clinical skill				
15	Able to elicit health history of child and family accurately.				
	Skillful in carrying out physical examination, developmental				
16	screening and detecting deviations from normal				
	Identifies problems & sets priorities and				
	grasps essentials while performing duties				
17	Able to plan and implement care both preoperatively and post operatively.				
18	Applies principles in carrying out procedures & carries out				
10	duties promptly.				
19	Has technical competence in performing nursing procedures.				
	Able to calculate and administer medicines accurately				
20	Resourceful and practices economy of time material and				
	energy.				
21	Recognizes the role of play in children and facilitates play				
	therapy in hospitalized children				
22	Observes carefully, reports & records signs & symptoms &				
	other relevant information				
23	Uses opportunities to give health education to patients &				
	relatives				
24					
25					
	TOTAL				

Grade

Very good	=	70 % and above
Good	=	60 - 69 %
Satisfactory	=	50- 59 %
Poor	=	Below 50 %

Remarks for improvement:

Student's Remark:

Signature of the student

Signature of the teacher

Assessment of growth & development reports

(Neonate, infant, toddler, preschooler, & School age)

## **PROFORMA FOR ASSESSMENT OF GROWTH & DEVELOPMENT**

	(Age group: birth to	5 yrs.)
I] Identification Data	:	
Name of the child	:	
Age	:	
Sex	:	
Date of admission	:	
Diagnosis	:	
Type of delivery	:	Normal/ Instrumental/ LSCS
Place of delivery	:	Hospital/ Home
Any problem during birth	:	Yes/ No
If yes, give details	:	
Order of birth	:	
II] Growth & development of cl	nild & compariso	on with normal:

II] '	II] Growth & development of child & comparison with normal.							
Ant	thropometry	In the child	Normal					
We	ight							
Hei	ght							
Che	est circumference							
Hea	d circumference							
Mic	l arm circumference							
Der	ntition							
III]	Milestones of development:							
	Development milestones	In Child	Comparison with the normal					
	1. Responsive smile							
	2. Responds to Sound							
	3. Head control							
	4. Grasps object							
	5. Rolls over							

6. Sits alone

 7. Crawls or creeps
 8. Thumb-finger co-ordination (Prehension)
 9. Stands with support

10. Stands alone

Walks alone
 Climbs steps

14. Runs

11. Walks with support

## **IV] Social, Emotional & Language Development:**

Social & emotional development	In Child	Comparison with the normal
Responds to closeness when held		
Smiles in recognition recognized		
mother coos and gurgles seated		
before a mirror, regards image		
Discriminates strangers wants more		
than one to play says Mamma, Papa		
responds to name, no or give it to		
me.		
Increasingly demanding offers cheek		
to be kissed can speak single word		
use pronouns like I, Me, You asks		
for food, drinks, toilet, plays with		
doll gives full name can help put		
thinks away understands differences		
between boy & girl washes hands		
feeds himself/ herself repeats with		
number understands under, behind,		
inside, outside Dresses and		
undresses		

## V] Play habits

Child favorite toy and play: Does he play alone or with other children?

## **VI]** Toilet training

Is the child trained for bowel movement & if yes, at what age: Has the child attained bladder control & if yes, at what age: Does the child use the toilet?

## VII] Nutrition

- Breast feeding (as relevant to age)
- Weaning has weaning started for the child: Yes/No If yes, at what age & specify the weaning diet. Any problems observed during weaning:

## Meal pattern at home

Sample of a day's meal: Daily requirements of chief nutrients:Breakfast:Lunch:DinnerSnacks:VIII] Immunization status & schedule of completion of immunization.

## IX] Sleep pattern

How many hours does the child sleep during day and night? Any sleep problems observed & how it is handled:

## X] Schooling

Does the child attend school? If yes, which grade and report of school performance:

## XI] Parent child relationship

How much time do the parents spend with the child? Observation of parent-child interaction

## XII] Explain parental reaction to illness and hospitalization

XIII] Child's reaction to the illness & hospital team

## XIV] Identification of needs on priority

## **XV]** Conclusion

## **XVI] Bibliography**

## Evaluation Criteria: Assessment of Growth & Development (birth to 5 year)

S.No.	Item		Marks
1.	Adherence to format		02
2.	Skill in Physical examination & assessment		10
3.	Relevance and accuracy of data recorded		05
4.	Interpretation Identification of Needs		05
5.	Bibliography		03
		Total	25

(Maximum Marks: 50)

Note: - Same format to be used for assessment of infant, Toddler & Preschooler child.

## PROFORMA FOR EXAMINATION AND ASSESSMENT OF NEW BORN

I] Biodata of baby and mother	:		
Name of the baby (if any)	:	Age	
Birth weight	:	Present weight:	
Mother's name	:	Period of gestation	1:
Date of delivery	:		
Identification band applied			
Type of delivery	:	Normal/ Instrumer	nts/ Operation
Place of delivery	:	Hospital/ Home	
Any problems during birth	:	Yes/No	
If yes explain	:		
Antenatal history	:		
Mother's age	:	Height:	Weight:
Nutritional status of mother	:		
Socio-economic background	:		

#### **II] Examination of the baby**

Characteristics	In the Baby	Comparison with the normal
1. Weight		
2. Length		
3. Head circumference		
4. Chest circumference		
5. Mid-arm circumference		
6. Temperature		
7. heart rate		
8. Respiration		

:

#### **III]** General behavior and observations

Color · Skin/ Lanugo : Vernix caseosa : Jaundiec · Cyanosis · Rashes Mongolian spot Birth marks • Head - Anterior fontanel:

- Posterior fontanel:
- Any cephalhematoma / caput succedaneum

:

- Forceps marks (if any)

Face:

Eyes: Cleft lip / palate Ear Cartilage : Trunk: Breast nodule -Umbilical cord -\_ Hands : Feet / Sole creases Legs Genitalia Muscle tone : Reflexes Clinging -- Laughing / sneezing : Sucking : -Rooting : -Gagging : -Grasp • -Moro -Tonic neck reflex ÷ -

Cry: Good / week	
APGAR scoring at birth	:
First feed given	:
Type of feed given	:
Total requirement of fluid & calories	:
Amount of feed accepted	:
Special observations made during fee	<u>ed:</u>
Care of skin	
Care of eyes, nose, ear, mouth	:
Care of umbilicus and genitalia	:
	:
Care of umbilicus and genitalia	:

## IV] Identification of Health Needs in Baby & Mother. V] Health education to mother about Breast feeding

Care of skin, eye and umbilicus etc. V] Bibliography

S.No.	Item	Marks
1	Adherence to format	02
2	Skill in Physical examination & assessment	10
3	Relevance and accuracy of data recorded	05
4	Interpretation of Priority Needs Identification of baby & mother	06
5	Bibliography	02
	Tota	al 25

# Evaluation Criteria: Examination & Assessment of Newborn

(Maximum Marks: 50)

## Maharashtra University of Health Sciences External Practical Evaluation Guidelines III Basic B.Sc Nursing Subject : Child Health Nursing

	50 Marks
Internal Examiner	25 Marks
Nursing Procedure (15 marks)	
Planning and Organizing	5 marks
Preparation of tray	3
Environment	1
Preparation of patient	_ 1
Execution of Procedure	7 marks
Applies scientific principles	3
Proficiency in skill	3
Ensures sequential order	3marks
Termination of procedure     Makes patient comfortable	Sinarks 1
<ul> <li>Reports &amp; Records</li> </ul>	1
<ul> <li>After care of articles</li> </ul>	1
Vivo (10 Marka)	10 marks
<ul> <li>Viva (10 Marks)</li> <li>Knowledge about common pediatric medical surgical conditions</li> </ul>	3
<ul> <li>Preparation of various diagnostic procedures</li> </ul>	2
<ul> <li>Instruments and articles</li> </ul>	2
<ul> <li>Growth and Development</li> </ul>	3
External Examiner	25 Marks
Nursing Process (15 Marks)	15 marks
Assessment	3
Nursing Diagnosis	2
• Goal	1
Outcome criteria	1
Nursing intervention	3
Rationale	2
Evaluation	1
Nurses notes	2
Viva (10 Marks)	10 marks
<ul> <li>National Health Programs for child care including IMNSI</li> </ul>	2
<ul> <li>Behavioral and social problem in children</li> </ul>	3
• Drugs	3
Nursing care of neonates	2

#### CHILD HEALTH NURSING PRACTICAL EXAMINATION PRACTICAL / ORAL MARK LIST

NAME OF THE EXAMINATION : CHILD HEALTH NURSING PRACTICALS

MONTH :

YEAR :

THIRD YEAR Basic B. Sc NURSING : MARKS : 50

SUBJECT : CHILD HEALTH NURSING

CENTRE :

Roll No	Internal Ex	kaminer	External Ex	aminer	Total	Total	
	Procedure	Viva voce	Nursing process	Viva voce			
	15	10	15	10	50	25	

Signature of the Internal Examiner

Signature of the External Examiner

Date :

Date :

# MENTAL HEALTH NURSING

**Time**: Theory- 90 Hours Practical – 270 Hours

#### **Course Description:**

This course is designed for developing an understanding of the modern approach to mental health, identification, prevention, rehabilitation and nursing management of common mental health problems with special emphasis on therapeutic interventions for individuals, family and community.

Specific objectives: At the end of the course student will be able to:

- 1. Understand the historical development and current trends in mental health nursing.
- 2. Comprehend and apply principles of psychiatric nursing in clinical practice.
- 3. Understand the etiology, psychodynamics and management of psychiatric disorders.
- 4. Develop competency in assessment, therapeutic communication and assisting with various treatment modalities.
- 5. Understand and accept psychiatric patient as an individual and develop a deeper insight into her own attitudes and emotional reactions.
- 6. Develop skill in providing comprehensive care to various kinds of psychiatric patients.
- 7. Develop understanding regarding psychiatric emergencies and crisis interventions.
- 8. Understand the importance of community health nursing in psychiatry.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method
1	5	<ul> <li>Describes the historical development &amp; current trends in mental health nursing</li> <li>Describe the epidemiology of mental health problems</li> <li>Describe the National Mental Health Act, programmes and mental health policy.</li> <li>Discusses the scope of mental health nursing</li> <li>Describe the scope of normal &amp; abnormal behaviour</li> </ul>	<ul> <li>mental health problems and disorders.</li> <li>Mental Health Act</li> <li>National Mental health policy vis a vis National Health Policy.</li> <li>National Mental Health programme.</li> </ul>	• Lecture	<ul> <li>Objective type</li> <li>Short answer</li> <li>Assessmen t of the field visit reports</li> </ul>

2	5	<ul> <li>Defines the various terms used in mental health Nursing.</li> <li>Explains the classification of mental disorders.</li> <li>Explain psychodynamics of maladaptive behaviour.</li> <li>Discuss the etiological factors, psychopathology of mental disorders.</li> <li>Explain the Principles and standards of Mental Health Nursing.</li> <li>Describe the conceptual models of mental health nursing.</li> </ul>	<ul> <li>Principles and Concepts of Mental Health Nursing</li> <li>Definition : mental health nursing and terminology used</li> <li>Classification of mental disorders: ICD.</li> <li>Review of personality development, defense mechanisms.</li> <li>Maladaptive behaviour of individuals and groups: stress, crises and disaster(s).</li> <li>Etiology: bio-psycho-social factors.</li> <li>Psychopathology of mental disorders: review of structure and function of brain, limbic system and abnormal neuro transmission.</li> <li>Principles of Mental health Nursing.</li> <li>Standards of Mental health Nursing practice.</li> <li>Conceptual models and the role of nurse :</li> <li>Existential Model.</li> <li>Psycho-analytical models.</li> <li>Behavioral; models.</li> <li>Interpersonal model.</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using Charts.</li> <li>Review of personality developme nt.</li> </ul>	<ul> <li>Essay type</li> <li>Short answer.</li> <li>Objective type</li> </ul>
3	8	• Describe nature, purpose and process of assessment of mental health status	<ul> <li>Assessment of mental health status.</li> <li>History taking.</li> <li>Mental status examination.</li> <li>Mini mental status examination.</li> <li>Neurological examination: Review.</li> <li>Investigations: Related Blood chemistry, EEG, CT &amp; MRI.</li> <li>Psychological tests Role and responsibilities of nurse.</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstrat ion</li> <li>Practice session</li> <li>Clinical practice</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> <li>Assessment of skills with check list.</li> </ul>
4	6	<ul> <li>Identify therapeutic communication techniques</li> <li>Describe therapeutic relationship.</li> </ul>	Therapeutic communication and nurse-patient relationship• Therapeutic communication: types, techniques, characteristics	<ul> <li>Lecture discussion</li> <li>Demonstrat ion</li> <li>Role play</li> <li>Process</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> </ul>

		• Describe therapeutic impasse and i intervention.	<ul> <li>Types of relationship,</li> <li>Ethics and responsibilities</li> <li>Elements of nurse patient contract</li> <li>Review of technique of IPR- Johari Window</li> <li>Goals, phases, tasks, therapeutic techniques.</li> <li>Therapeutic impasse and its intervention</li> </ul>		
5	14	<ul> <li>Explain treatmen modalities ar therapies used mental disorde and role of th nurse.</li> </ul>	tTreatment modalities and therapies used in mental disorders.adisorders.bPsycho Pharmacology	<ul> <li>discussion</li> <li>Demonstrati on</li> <li>Group work.</li> <li>Practice session</li> <li>Clinical practice.</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> </ul>
6	5	<ul> <li>Describe the etiology, psychopathology clinic manifestations, diagnostic criter and management of patients with Schizophrenia, and othe psychotic disorders</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation.</li> </ul>	<ul> <li>e Nursing management of patient with Schizophrenia, and other psychotic disorders</li> <li>e Classification : ICD</li> <li>e Etiology, psycho- pathology, types, clinical manifestations, diagnosis</li> <li>e Nursing Assessment- History, Physical and mental assessment.</li> <li>e Treatment modalities and nursing management of patients with Schizophrenia</li> </ul>	<ul> <li>discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of patient managemen t problems</li> </ul>

			• Follow – up and home care and rehabilitation		
7	5	• Describe the etiology, psycho- pathology clinical manifestations, diagnostic criteria and management of patients with mood disorders.	<ul> <li>Nursing management of patient with mood disorders</li> <li>Mood disorders : Bipolar affective disorder, Mania depression and dysthamia etc.</li> <li>Etiology, psychopathology, clinical manifestations, diagnosis.</li> <li>Nursing Assessment-History, Physical and mental assessment.</li> <li>Treatment modalities and nursing management of patients with mood disorders</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation</li> </ul>	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of patient manageme nt problems</li> </ul>
8	8	• Describe the etiology, psycho-pathology, clinical manifestation s, diagnostic criteria and management of patients with neurotic, stress related and somatization disorders.	<ul> <li>Nursing management of patient with neurotic, stress related and somatization disorders</li> <li>Anxiety disorder, Phobias, Dissociation and Conversion disorder, Obsessive compulsive disorder, somatoform disorders, Post traumatic stress disorder.</li> <li>Etiology, psychopathology, clinical manifestations, diagnosis</li> <li>Nursing Assessment-History, Physical and mental assessment</li> <li>Treatment modalities and nursing management of patients with neurotic, stress related and somatization disorders.</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation</li> </ul>	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case presentatio n</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of patient managemen t problems</li> </ul>

9	5	<ul> <li>Describe the etiology, psycho-pathology, clinical manifestation s, diagnostic criteria and management of patients with substance use disorders</li> <li>Describe the</li> </ul>	Nursing management of patient with substance use disorders• Lecture discussion• Commonly psychotropic substance : Classification, forms, routes, action, intoxication and withdrawal• Case presentatio n• Etiology of dependence: tolerance, psychological and physical dependence, withdrawal syndrome, diagnosis,• Clinical practice• Nursing Assessment- History, Physical, mental assessment and drug assay• Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction) and nursing management of patients with substance use disorders.• Lecture• Geriatric considerations• Lecture	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of patient management problems</li> </ul>
	Т	etiology, psycho- pathology, clinical manifestations, diagnostic criteria and management of patients with personality, Sexual and Eating disorders	<ul> <li>Patient with Personality, Sexual and Eating disorders</li> <li>Classification of disorders</li> <li>Etiology, psycho-pathology, characteristics, diagnosis,</li> <li>Nursing Assessment – History, Physical and mental assessment.</li> <li>Treatment modalities and nursing management of patients with Personality, Sexual and Eating disorders</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation</li> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Short answers</li> <li>Assessment of patient management problems</li> </ul>
11	6	• Describe the etiology, psycho- pathology, clinical manifestations, diagnostic criteria and management of childhood and adolescent including mental deficiency	<ul> <li>Nursing management of childhood and adolescent disorders including mental deficiency</li> <li>Classification</li> <li>Etiology, psychopathology, characteristics, diagnosis Nursing Assessment-History, Physical, mental and IQ assessment</li> <li>Treatment modalities and</li> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case</li> <li>Case</li> <li>Classification</li> <li>Case</li> <li>Classification</li> <li>Case</li> <li>Classification</li> <li>Case</li> <li>Clissification</li> <li>Case</li> <li>Case</li> <li>Clissification</li> <li>Case</li> <li>Case<th><ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of patient</li> <li>Manageme nt problems</li> </ul></th></li></ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of patient</li> <li>Manageme nt problems</li> </ul>

12	5	• Describe the etiology psycho- pathology, clinical manifestations, diagnostic criteria and management of organic brain disorders	<ul> <li>nursing management of childhood disorders including mental deficiency</li> <li>Follow-up and home care and rehabilitation</li> <li>Nursing management of organic brain disorders</li> <li>Classification: ICD?</li> <li>Etiology, psycho-pathology, clinical features, diagnosis and Differential diagnosis (parkinsons and alzheimers)</li> <li>Nursing Assessment- History, Physical, mental and neurological assessment</li> <li>Treatment modalities and nursing management of organic brain disorders</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation</li> </ul>	<ul> <li>discussion</li> <li>Case discussion</li> <li>Care presentatio n</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of patient management problems</li> </ul>
13	6	• Identify psychiatric emergencies and carry out crisis intervention	<ul> <li>Psychiatric emergencies and crisis intervention</li> <li>Types of psychiatric emergencies and their management</li> <li>Stress adaptation Model: stress and stressor, coping, resources and mechanism</li> <li>Grief : Theories of grieving process, principles, techniques of counseling</li> <li>Types of crisis</li> <li>Crisis Intervention: Principles, Techniques and Process</li> <li>Geriatric considerations Role and responsibilities of nurse</li> </ul>	ion • Practice session • Clinical practice	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
14	4	• Explain legal aspects applied in mental health settings and role of the nurse	<ul> <li>Legal issues in Mental Health Nursing</li> <li>The Mental Health Act 1987: Act, Sections, Articles and their implications etc.</li> <li>Indian lunacy Act. 1912</li> <li>Rights of mentally, ill clients</li> <li>Forensic psychiatry</li> <li>Acts related to narcotic and psychotropic substances and illegal drug trafficking</li> </ul>	discussion	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

15	4	<ul> <li>Describe the model of preventive psychiatry</li> <li>Describe Community Mental health services and role of the nurse</li> </ul>	<ul> <li>Admission and discharge procedures</li> <li>Role and responsibilities of nurse</li> <li>Community Mental Health Nursing         <ul> <li>Development of Community Mental Health Services:</li> <li>National Mental Health Programme</li> <li>Institutionalization Versus Deinstitutionalization</li> <li>Model of Preventive psychiatry :Levels of Prevention</li> <li>Mental Health Services available at the primary, secondary, tertiary</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Clinical/fie ld practice</li> <li>Field visits to mental health service agencies</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessment of the field visit reports</li> </ul>
			<ul> <li>levels including rehabilitation and Role of nurse</li> <li>Mental Health Agencies: Government and voluntary, National and International</li> <li>Mental health nursing issues for special populations: Children, Adolescence, Women, Elderly, Victims of violence and abuse, Handicapped, HIV/AIDS etc.</li> </ul>		

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- 13.R. Sreevani, A guide to mental health & psychiatric nursing, Jaypee brothers, Medical Publishers (ltd)\_, New Delhi 1<sup>st</sup> edition.
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- 18. Deborah Antai Otoing. "Psychiatric Nursing" Biological and behavioral concepts. Thomson. Singapore 2003
- 19. Mary Ann Boyd. "Psychiatric Nursing". Contemporary practice. Lippincott. Williams and Wilkins. Tokyo.

Internet Resources -

1. Internet Gateway : Psychology http://www.lib.uiowa.edu/gw/psych/index.html

2. Psychoanalytic studies

http://www.shef.ac.uk~psysc/psastud/index.html

3. Psychaitric Times <u>http://www.mhsource.com.psychiatrictimes.html</u>

4. Self-help Group sourcebook online <u>http://www.cmhe.com/selfhelp</u>

5. National Rehabilitation Information center <u>http://www.nariic.com/naric</u>

6. Centre for Mental Health Services <u>http://www.samhsaa.gov/cmhs.htm</u>

7. Knowledge Exchange Network <u>http://www.mentalheaalth.org/</u>

8. Communication skills <u>http://www.personal.u-net.com/osl/m263.htm</u>

9. Lifeskills Resource center <u>http://www.rpeurifooy.com</u>

10. Mental Health Net http://www.cmhe.com

## MENTAL HEALTH NURSING – PRACTICAL

## Placement : Third Year

<b>A</b>	D	Ohissting		ime : Practical – 270	
Areas	on (in week)	Objectives	Skills	Assignments	Assessment Methods
Psychiatric OPD	1	<ul> <li>Assess patients with mental health problems</li> <li>Observe and assist in therapies</li> <li>Counsel and educate patient, and families</li> </ul>	<ul> <li>History taking</li> <li>Perform mental status examination (MSE)</li> <li>Assist in Psychometric assessment</li> <li>Perform Neurological examination</li> <li>Observe and assist in therapies</li> <li>Teach patients and family members</li> </ul>	<ul> <li>History taking and Mental status examination-2</li> <li>Health education-1</li> <li>Observation report of OPD</li> </ul>	<ul> <li>Assess performance with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluation of health education</li> <li>Assessment of observation report</li> <li>Completion of activity record.</li> </ul>
Child Guidance clinic	1	<ul> <li>Assessment of children with various mental health problems</li> <li>Counsel and educate children, families and significant others</li> </ul>	, , , , , , , , , , , , , , , , , , , ,	<ul> <li>Case work – 1</li> <li>Observation report of different therapies -1</li> </ul>	<ul> <li>Assess performance with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluation of the observation report</li> </ul>
Inpatient ward	6	<ul> <li>Assess patients with mental health problems</li> <li>To provide nursing care for patients with various mental health problems</li> <li>Assist in various therapies</li> <li>Counsel and educate patients, families and significant</li> </ul>	status examination (MSE)	<ul> <li>Give care to 2-3 patients with various mental disorders</li> <li>Case study-1</li> <li>Care plan- 2(based on nursing process)</li> <li>Clinical presentation I</li> <li>Process recording 1</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess performance with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluation of the case study care plan, clinical presentatio, process recording</li> <li>Completion of activity record.</li> </ul>

**Time** : Practical – 270 hours (9 weeks)

Community 1 psychiatry	<ul> <li>others</li> <li>others</li> <li>To identify patients with various mental disorders</li> <li>To motivate patients for early treatment and follow up</li> <li>To assist in follow up clinic</li> <li>Counsel and educate patient, family and community</li> </ul>	<ul> <li>work</li> <li>Identify individuals with mental health problems</li> </ul>	Case work – 1 Observation report on field visits – Evaluation of case work and observation report – 1 erformance with rating scale – Evaluation of case work and observation report Completion of activity record
		Evaluation	
<u>Evaluation</u> Internal assessn Theory Midterm Prefinal	nent	50 75	Maximum marks 25
	n n mental status examina & process recordi ort of various therapies	ng	100 25
		Total marks Total mark	$ \begin{array}{r} 500 \\ 50 \\ 50 \\ 50 \\ 100 \end{array} $ (600) 75 50

## NURSING CARE PLAN

- 1. **Patients Biodata**: Name, sex, bed No., hosp Reg. No, marital status, religion, literacy, language, nationality, identification mark, address, date of admission, method of admission, date of discharge, duration of hospitalization, final diagnosis, informant. **Presenting complaints:** Describe the complaints with which the patient has come to hospital
- 2. **History of illness**: This includes the following data such as presenting complaints with duration, history of presenting complaints, past history of illness, personal history, legal history, family history, personality (Personality prior to illness)
- 3. **History of present illness** onset, symptoms, duration, precipitating / alleviating factors nature of problem, associated problems ( disturbance in sleep, appetite, wt ), effect of present illness on ADL, patients understanding regarding present problem

**History of past illness** – illnesses, surgeries, allergies, immunizations, medications, history of past hospitalization for psychiatric illness, any complication e.g. suicidal attempt, completeness of recovery.

**Personal history:** Birth, early development, educational, occupational, menstrual, sexual, marital, religious, social activity, interests and hobbies.

Legal history: any arrest imprisonment, divorce etc...

**Family history** – family tree, type of family, parental history, occupation, history of illness in family members, risk factors, congenital problems, psychological problems, family dynamics, family events (initiating and exacerbating illness)

**Personality history**: personality traits, habits, hobbies, interest, belief, attitudes, social relationship, coping resources, alcohol or drug use, any criminal record.

#### 4 Mental status examination with conclusion

#### 5. Investigations

Date	Investigations done	Normal value	Patient value	Inference

#### 6. Treatment

	•••								
ſ	SN	Drug	Dose	Frequency/	Action	Side	Nursing		
		(Pharmacological name)		Time		effects & drug	responsibility		
						interaction			

#### Other modalities of treatment in detail

#### 7. Nursing process:

Patient	ts name	Date	e		Ward		
Date	Assessment	Nursing	Objective	Plan of	Implementa –	Rationale	Evaluation
		Diagnosis		care	tion		

#### **Discharge planning:**

It should include health education and discharge planning given to patient

#### 8. Evaluation of care

Overall evaluation, problem faced while providing care prognosis of the patient and conclusion

## **Care plan evaluation** EVALUATION CRITERIA FOR NURSING CARE PLAN –

S.No.	Topic	Max Marks
1.	History	05
2.	M.S.E. & Diagnosis	05
3.	Management & Nursing. Process	10
4.	Discharge planning and evaluation	03
5.	Bibliography	02
	TOTAL	25

#### FORMAT FOR CASE PRESENTATION

**1.Patients Biodata**: Name, sex, bed No., hosp Reg. No, marital status, religion, literacy, language, nationality, identification mark, address, date of admission, method of admission, date of discharge, duration of hospitalization, final diagnosis, informant.

**2. Presenting complaints:** Describe the complaints with which the patient has come to hospital **3.History of illness**: This includes the following data such as presenting complaints with duration, history of presenting complaints, past history of illness, personal history, legal history, family history, personality (Personality prior to illness)

**a. History of present illness** – onset, symptoms, duration, precipitating / alleviating factors nature of problem, associated problems ( disturbance in sleep, appetite, wt ), effect of present illness on ADL, patients understanding regarding present problem

**b. History of past illness** – illnesses, surgeries, allergies, immunizations, medications, history of past hospitalization for psychiatric illness, any complication e.g. suicidal attempt, completeness of recovery.

**c. Personal history:** Birth, early development, educational, occupational, menstrual, sexual, marital, religious, social activity, interests and hobbies.

d. Legal history: any arrest imprisonment, divorce etc...

**e. Family history** – family tree, type of family, parental history, occupation, history of illness in family members, risk factors, congenital problems, psychological problems, family dynamics, family events (initiating and exacerbating illness)

**f. Personality history**: personality traits, habits, hobbies, interest, belief, attitudes, social relationship, coping resources, alcohol or drug use, any criminal record.

#### 4. Mental status examination with conclusion

#### 5. Description of disease

Definition, etiology, risk factors, clinical features, management and nursing care Clinical features of the disease condition

Clinical features present in the book	Description of clinical features of patient	Pathophysiology

#### 6. Investigations

Date	Investigations done	Normal value	Patient value	Inference	

#### 7. Treatment

SN	Drug (Pharmacological name)	Dose	Frequency/ time	Action	Side effects & drug interaction	Nursing responsibility

Other modalities of treatment in detail 8.Nursing process:

Patient	s name	Date	e		Ward		
Date	Assessment	Nursing Diagnosis	Objective	Plan of care	Implementa tion	Rationale	Evaluation

#### **Discharge planning:**

It should include health education and discharge planning given to patient

#### 9. Evaluation of care

Overall evaluation, problem faced while providing care prognosis of the patient and conclusion

#### EVALUATION CRITERIA FOR CASE PRESENTATION -

S.No.	Торіс	Max Marks
1.	Orientation of History	10
2.	M.S.E.	10
3.	Summarization & Formulation of diagnosis	10
4.	Management & evaluation of care	10
5.	Style of presentation	05
6.	Bibliography	05
	TOTAL	50

## Format for case study

Format is similar to case presentation but should be in detail The nursing care given to the patient should be at least for 5 continuous days

## Evaluation format for case study

Sr.No.	Content		Marks
1	History & MSE		10
2	Knowledge and understanding of disease		15
3	Nursing care plan		20
4	Discharge plan& evaluation		02
5	Bibliography		03
		Total	50

## **EVALUATION FORMAT FOR HEALTH TALK**

NAME OF THE STUDENT	:	
AREA OF EXPERIENCE	:	
PERIOD OF EXPERIENCE	:	
SUPERVISOR	:	

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5	Score
1	I) Planning and organization						
	a) Formulation of attainable objectives						
	b) Adequacy of content						
	c) Organization of subject matter						
	d) Current knowledge related to subject Matter						
	e) Suitable A.V.Aids						
	II) Presentation:						
	a) Interesting						
	b) Clear Audible						
	c) Adequate explanation						
	d) Effective use of A.V. Aids						
	e) Group Involvement						
	f) Time Limit						
	III) Personal qualities:						
	a) Self confidence						
	b) Personal appearance						
	c) Language						
	d) Mannerism						
	e) Self awareness of strong & weak points						
	IV) Feed back:						
	a) Recapitulation						
	b) Effectiveness						
	c) Group response						
	V) Submits assignment on time						

\* 100 marks will be converted into 25

# FORMAT FOR PSYCHIATRIC CASE HISTORY MENTAL STATUS EXAMINATION & PROCESS RECORDING

## **PSYCHIATRIC CASE HISTORY**

- Biodata of the Patient
- Informant
- Rehability
- Reason for referral
- Chief complaints with duration
- History of present illness
- History of past illness
- Family history of illness
  - a. Family history

(Draw family tree, write about each family members & relations with patient mention any history of mental illness, epilepsy renouncing the world.)

- b. Socio-economic data
- Personal History
- 1. Prenatal and perinatal
- 2. Early Childhood
- 3. Middle Childhood
- 4. Late childhood
- 5. Adulthood
- b. Education History
- c. Occupational History
- d. Marital History
- e. Sexual History
- f. Religion
- g. Social activity, interests and hobbies.
- Pre-morbid personality
- Physical examination
- Diagnosis & identification of psychosocial stressors

#### EVALUATION CRITERIA FOR PSYCLATRIC CASE HISTORY-

S.No.	Topic	Max Marks
1.	Format	02
2.	Organisation of history of present illness	05
3.	Past History of illness	03
4.	Family history of illness	03
5.	Pre morbid personality	03
6.	Examination	02
7.	Diagnosis	02
	TOTAL	20

## **Mental Status Examination**

1.		Consc	earance & be ious/ semico Thin Moderate			
	Hygieı	20	Obese Good			
	iiygici	lic-	Fair			
			Poor			
	Dress-	Proper				
	DIC55		ding to the s	eason		
			-		propriate	
	Hair-		Poor-Untidy, Eccentric, Inappropriate. Good Combined in position.			
	man	Fair	Comonica	i position.		
		Poor				
		Disher	veled			
	Facial	express				
		Anxio				
		Depre				
		-	terested			
		Sad lo	oking			
		Calm	U			
		Quiet				
		Happy	7			
			ny/Sickly			
			ains eye con	tact		
			g / Old			
		Any o	ther			
2. Att	itude:-	2				
		Coope	erative		Seductive	
		Friend	lly (mainia)		1. Attention seeking	
		Trustf	ul (mainia)		2. Dramatic	
		Attent	ive		3. Emotional	
		Interes	sted		Evasive	
		Negat	ivistic		Defensive	
		Resist			Guarded ) Paranoia	

#### 3. Posture:-

- Good Straight/proper Relaxed Rigid/Tense/Unsteady Bizarre Position Improper – Explain
- 4. Gait, Carriage & Psychomotor activities:-

Non-caring Any other

Walks straight / coordinated movements Uncoordinated movements Mannerism / Stereotypes / Echolatics Purposeless/hyperactivity/aimless/purposeless activity Hypo activity/Tremors/Dystonia Any other 5. Mood and affect:-

Mood- Pervasive & sustained emotions that columns the person's perception of the world Range of mood: Adequate Inadequate Constricted Blunt (sp) Labile (Frequent changes) Affect: Emotional state of mind, person's present emotional response. Congruent / In congruent Relevance/Irrelevant Appropriateness-according to situations Inappropriate-Excited Not responding Sad Withdrawn Depressed Any other 6. Stability & range of mood: Extreme Normal Any other 7. Voice & speech / stream of talk: Language- Written

Spoken Intensity- Above normal Normal Below normal Quantity-Above normal Normal Below normal Quality- Appropriate Inappropriate Rate of production:- Appropriate / Inappropriate Relevance- Relevant / Irrelevant Reaction time-Immediate / Delayed Vocabulary- Good / Fair /Poor

Rate, quality, amount and form:- under pressure, retarded, blocked, relevant, logical, coherent, concise, illogical, disorganized, flight of ideas, neologisms, word salad. Circumstantialities, Rhyming, punning, loud. Whispered. Screaming etc.

8. Perception:-

The way we perceive our environment with senses
Normal/Abnormal
A) Illusion:- misinterpretation of perception
B) Hallucination:- False perception in absence of stimuli.
1. Visual-not in psychiatric – Organic Brain Disorder.
2. Auditory

a. Single
b. Conversation
c. Command

3. Kinaesthetic hallucinations: Feeling movement when none occurs.
C) Depersonalization and derealization

d) Other abnormal perceptions

Déjà vu/Deja pense/Deja entendu/Deja raconte/Deja eprouve/ Deja fait/Jamais

- 9. Thought process / thinking
  - At formation level-

At content - continuity / lack of continuity

- I. At progress level / stream
- a. Disorders of Tempo
  - \* Schizophrenia talking-Epilepsy
    - Loose association
    - Thought block
    - Flight of ideas
- \* Circumstantial talking Epilepsy
- \* Tangential-taking with out any conclusion
- \* Neologism New words invented by patients.
- \* Incoherence
- b. Disorders of continuity
- \* Perseveration:- Repetition of the same words over and over again.
- \* Blocking:- Thinking process stops altogether.
- \* Echolalia: Repetition of the interviewer's word like a parrot.

#### II. Possession and control

- \* Obsessions: Persistent occurrence of ideas, thoughts, images, impulses or phobias.
- \* Phobias: Persistent, excessive, irrational fear about a real or an imaginary object, place or a situation.
- \* Thought alienation:- The patient thinks that others are participating in his thinking.
- \* Suicidal/homicidal thoughts.

III. Content:-

- \* Primary Delusion:- Fixed unshakable false beliefs, and they cannot be explained on the basis of reality.
- \* Delusional mood
- \* Delusional perception
- \* Sudden delusional ideas
- \* Secondary delusion

Content of Delusions:-

- Persecution.
- Self reference
- Innocence
- Grandiosity
- III health or Somatic function
- Guilt
- Nihilism
- Poverty
- Love or erotomania
- Jealousy or infidelity

#### 10. Judgement:-

According to the situation

e.g.(If one inmate accidentally falls in a well and you do)

11. Insight:-

Awearness Reason for hospitalization Accepts / Not accepts / Accepts fees treatment not required Types - Intellectual-awareness at mental level - Emotional – aware and accepts

Duration

## 12. Orientation:-

Oriented to – time Place Person

#### 13. Memory:-

Fairs / Festival Surrounding environment PM of country CM of state

#### 15. Attention:-

Normal Moderate Poor attention Any other

#### 16. Concentration:-

Good Fair Poor Any other

#### 17. Special points:-

Bowel & bladder habits Appetite Sleep Libido Any other

## Instructions for filling the MSE format:

- 1. Tick wherever relevant
- 2. Write brief observations wherever relevant
- 3. Based on the observations make the final conclusion

## EVALUATION CRITERIA FOR M.S.E.

S.NO	TOPIC	MAX MARKS	
1.	Format	01	
2.	Content (Administration	of test	
	and inference)	06	
3.	Examination skill	02	
4.	Bibliography	01	
	T	OTAL 10	

## **EVALUATION FORMAT PROCESS RECORDING**

- 1. Identification data of the patient.
- 2. Presenting Complaints
  - a. According to patient
  - b. According to relative
- 3. History of presenting complaints
- 4. Aims and objectives of interview
  - a. Patients point of view
  - b. Students point of view
- 5. 1<sup>st</sup> Interview
  - Date
  - Time

Duration

Specific objective

Sr.No.	Participants	Conversation	Inference	Technique used

6. Summary

Summary of inferences Introspection

Interview techniques used: Therapeutic/Non therapeutic

- 7. Over all presentation & understanding.
- 8. Termination.

#### **Evaluation format of process recording**

History taking	02
Interview technique	03
Inferences drawn from interview	03
Overall understanding	02

Total marks 10

## **Observation report of various therapies**

## ECT CARE STUDY

Select a patient who has to get electro convulsive therapy Preparation of articles for ECT Preparation of physical set up

- Waiting room
- ECT room
- Recovery room

Preparation of patient prior to ECT Helping the patient to undergo ECT Care of patient after ECT Recording of care of patient after ECT ECT Chart – Name – Diagnosis – Age – Sex – Bed No. – TPR/BP – Time of ECT – Patient received back at –

Time	Pulse	Respiration	Blood pressure	Level of Consciousness	Remarks
			•		

## **OBSERVATION REPORT – GROUP THERAPY**

(Can be written in the form of report)

- 1. Name of the Hospital –
- 2. Ward No. -
- 3. No. of patients in the ward –
- 4. No. of male patients in the ward –
- 5. No. of female patients in the ward –
- 6. No. of patients for group therapy
- 7. Objectives of group therapy –
- 8. Size of the group –
- 9. Diagnosis of patients in the group -
- 10. Heterogenous group -
- 11. Homogenous group -
- 12. Procedure followed
  - a. Introduction
  - b. Physical set up
  - c. Maintenance of confidentiality & privacy
- 13. Content of group therapy –
- 14. Summary of group therapy –
- 15. Remarks -

#### **Evaluation criteria for group therapy**

Introduction to therapy	02
Purposes of therapy	03
Preparation for therapy	05
Care during therapy	05
Care after therapy	05
Recording	05

## **CLINICAL POSTING EVALUATION**

Name of the student	:	
Year	:	
Area of clinical experience	:	
Duration of posting in weeks	:	
Name of the supervisor	:	

S	Scores:- $5 =$ excellent, $4 =$ Very good, $3 =$ Good, $2 =$ Satisfact	ory /	′ fair	, 1 =	Poc	r
SN				Grad	es	
	EVALUATION CRITERIA	5	4	3	2	1
I	Understanding of patient as a person					
	A] Approach					
	1] Rapport with patient (family)relatives					
	2] Has she collected all information regarding the patient/family.					
	B] Understanding patients health problems					
	1] Knowledge about the disease of patient					
	2] Knowledge about investigations done for disease.					
	3] Knowledge about treatment given to patient					
	4] Knowledge about progress of patients					
	Planning care.					
II	1] Correct observation of patient					
	2] Assessment of the condition of patient					
	3] Identification of the patients needs					
	4] Individualization of planning to meet specific health needs of					
	the patient.					
	5] Identification of priorities					
	Teaching skill.					
III	1] Economical and safe adaptation to the situation available					
	facilities					
	2] Implements the procedure with skill/speed, completeness.					
	3] Scientific knowledge about the procedure.					
	Health talk					
	1] Incidental/planned teaching (Implements teaching principles)					
IV	2] Uses visual aids appropriately					
- '	])					
	Personality					
	1] Professional appearance (Uniform, dignity, helpfulness,					
	interpersonal relationship, punctuality, etc.)					
V	2] Sincerity, honesty, sense of responsibility					

Total Marks: - 100

Remarks of supervision in terms of professional strength and weakness

Sign of the student

## DRUG BOOK / STUDY

Generic Name	Dosage	Form/Strength Inj/Tab/Syrup	Action of Drug	Indication	Contraindicati on	Side effects	Nursing Implications/ Responsibilities

## Maharashtra University of Health Sciences External Practical Evaluation Guidelines III Basic B.Sc Nursing Subject:-Mental Health Nursing

50 Marks

25 Marks Internal Examiner Nursing Process (15 marks) 15 marks • Assessment 3 Nursing Diagnosis 2 Goal 1 Outcome criteria 1 3 Nursing intervention 2 Rationale Evaluation 1 Nurses notes 2 Viva (10 Marks) 10 Marks Knowledge about common psychiatric conditions 5 (psychotic, moods disorders) • Therapies used in mental disorders 2 • Drugs used in psychiatric disorders 3 **External Examiner** 25 Marks Mental Status Examination (15 Marks) 15 marks • General appearance, behavior. 2 2 Mood and affect • Thought Process and speech 4 • Perception 2 • Cognitive function (memory, orientation, attention, concentration, 3 Intelligence, Abstraction) • Insight and Judgment 2 10 Marks Viva (10 Marks) Knowledge about common psychiatric conditions 3 (neurotic, stress related disorders, substance abuse, personality, sexual and eating disorders) National Mental Health Programs 2 Community-based Care 3 • Therapeutic Approach 2

## MENTAL HEALTH NURSING PRACTICAL EXAMINATION PRACTICAL / ORAL MARK LIST

NAME OF THE EXAMINATION : MENTAL HEALTH NURSING PRACTICALS

MONTH :

YEAR:

THIRD YEAR Basic B. Sc NURSING :

MARKS: 50

SUBJECT : MENTAL HEALTH NURSING

## <u>CENTRE</u> :

Roll No	Internal Ex	aminer	External Ex	External Examiner		Total
	Procedure	Viva voce	Nursing process	Viva voce		
	15	10	15	10	50	25

Signature of the Internal Examiner

Signature of the External Examiner

Date :

Date :

## MIDWIFERY AND OBSTETRICAL NURSING

## Placement: Third Year (N)

## **Course Description:**

Time: Theory-90 Hours Practical-180 Hours (+ 180 hours of 4th year)

This course is designed for students to appreciate the concepts and principles of Midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant woman during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal and high-risk neonates and participate in family welfare programme.

Specific objectives: At the end of the course student will be able to:

- 1. Describe the normal pregnancy, labor and peurperium and demonstrate the application of knowledge and skill in giving need –based care.
- 2. Demonstrate safe management of all stages of labour.
- 3. Identify the high risk factor during pregnancy, labor and peurperium as well as neonates and take appropriate interventions.
- 4. Motivate the mother for care of the baby and adapting family planning methods to maintain small family norms.
- 5. Prepare the mothers for self care during the pregnancy, labor and peurperium.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
1	5	• Recognize the trends and issues in midwifery and obstetrical Nursing	0	* Lecture discussion *Explain using Charts and graphs	*Short answers *Objective type

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
Ι	8•	Describe the anatomy and physiology of female reproductive system	Review of anatomy and physiology of female reproductive system and foetal development • Female pelvis-general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis important landmarks, variations in pelvis shape. • Female organs of reproduction-external genetalia, internal genital organs and their anatomical relations, musculature- blood- supply, nerves, lymphatics, pelvic cellular tissue, pelvic peritoneum. • Physiology of menstrual cycle • Human sexuality • Foetal development • Conception • Review of fertilization, implantation (embedding of the ovum), development of the embryo and placenta at term-function, abnormalities, the foetal sac, amniotic fluid, the umbilical chord, • Foetal circulation, foetal skull, bones, sutures and measurements. • Review of Genetics	*Lecture discussion *Review with charts and models	*Short answers *Objective type

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
	8	<ul> <li>Describe the Diagnosis and management of women during antenatal period.</li> <li>History and pl</li> </ul>	Assessmentandmanagementofpregnancy(ante-natal)•Normal pregnancy•Psychological changesduring pregnancy.••Reproductive system•Cardio vascular system•Gastero intestinal system•Metabolic changes•Skeletal changes•Skeletal changes•Skeletal changes•Skeletal changes•Discomforts of pregnancy•Diagnosis of pregnancy•Signs•Differential diagnosis•Confirmatory tests•Ante-nantal care•Objectives•Assessmenthysical examination•AntenatalExamination•Netation•Per vaginal examination*Screening and assessmentfor high risk:*Risk appr	<ul> <li>Lecture discussion</li> <li>Demonstratio n</li> <li>Case discussion/pr esentation</li> <li>Health talk</li> <li>Practice session</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessme nt of skills with check list</li> <li>*Assessment of patient management problems</li> </ul>

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
IV	12	• Describe	<ul> <li>Antenatal preparation         <ul> <li>Antenatal counseling</li> <li>Antenatal exercises</li> <li>Diet</li> <li>Substance use Education for child-birth</li> <li>Husband and families</li> <li>Preparation for safeconfinement</li> <li>Preventio from radiation</li> <li>Psycho-social and cultural aspects of pregnancy</li> <li>Adjustment to pregnancy</li> <li>Unwed mother</li> <li>Single parent</li> <li>Teenage pregnancy</li> <li>Sexual violence</li> </ul> </li> <li>* Adoption</li> </ul>	<ul> <li>Lecture</li> </ul>	<ul> <li>Essay type</li> </ul>
		the physiolog y and stages of labour. ● Describe □	<ul> <li>management of intranatal period.</li> <li>Physiology of labour, mechanism of labour.</li> <li>Management of labour First stage mptoms of onset of labour</li> </ul>	discussion	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>*Assessment of patient management problems</li> </ul>

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
			<ul> <li>Receiving the new born         <ul> <li>Neonatal resuscitation</li> <li>initial steps &amp; subsequent</li> <li>resuscitation</li> <li>Care of umbilical cord</li> <li>Immediate assessment</li> <li>including screening for</li> <li>congenital anomalies</li> <li>Identification</li> <li>Bonding</li> <li>Initiate feeding</li> <li>Screening and</li> <li>transportation of the</li> <li>neonate</li> </ul> </li> <li>Third Stage         <ul> <li>Signs and symptoms;</li> <li>normal and abnormal</li> <li>Duration</li> <li>Method of placenta</li> <li>expulsion</li> <li>Management;</li> <li>Principles and</li> <li>techniques</li> <li>Examination of the</li> <li>placenta</li> <li>Examination of the</li> <li>perineum</li> </ul> </li> </ul>		
V	5	<ul> <li>Describe the physiology of puerperium</li> <li>Describe the management of women during post- natal period</li> </ul>	Assessment and management of women during post natal	<ul> <li>Lecture discussion</li> <li>Demonstratio n</li> <li>Health talk</li> <li>Practice session</li> <li>Supervised</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessme nt of skills with check list</li> <li>Assessm ent of patient manage ment problem s</li> </ul>

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
VI		• Describe the assessment and management of normal neonate	<ul> <li>Assessment and management of normal neonates.</li> <li>Normal neonates; <ul> <li>Physiological adaptation,</li> <li>Initial &amp; Daily assessment</li> <li>Essential newborn care ; Thermal control,</li> <li>Breast feeding, prevention of infections</li> </ul> </li> <li>Immunization <ul> <li>Minor disorders of newborn and its management</li> <li>Levels of neonatal care (level I,II&amp; III)</li> <li>At primary, secondary and tertiary levels</li> <li>Maintenance of Reports &amp; Records</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstratio n</li> <li>Practice session</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>*Assessment of patient management problems</li> </ul>
VII	10	• Describe the identificatio n and managemen t of women with high risk pregnancy	<ul> <li>High risk pregnancy-assessment &amp; management</li> <li>Screening &amp; assessment</li> <li>Ultrasonics, cardiotomography, NST, CST,non-invasive &amp; invasive,</li> <li>Newer modalities of diagnosis</li> <li>High – risk approach</li> <li>Levels of care ; primary, secondary &amp; tertiary levels</li> <li>Disorders of pregnancy</li> <li>Hyper- emesis gravidarum, bleeding in early pregnancy, abortion, ectopic.</li> <li>Pregnancy, vesicular mole,</li> <li>Ante-partum haemorrage</li> <li>Uterine abnormality and displacement.</li> <li>Diseases complicating pregnancy</li> <li>Medical &amp; surgical conditions</li> <li>Infections, RTI(STD), UTI,HIV, TORCH</li> <li>Gynecological diseases complicating pregnancy</li> </ul>	<ul> <li>discussion</li> <li>Demonstratio</li> <li>n</li> <li>Practice</li> <li>session</li> <li>Supervised</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>

	a Describe	<ul> <li>Pregnancy induced hypertension &amp; diabetes, Toxemia of pregnancy, Hydramnios,</li> <li>Rh incompatibility</li> <li>Mental disorders</li> <li>Adolscent pregnancy, Elderly primi and grand multipara</li> <li>Multiple Pregnancy</li> <li>Abnormalities of placenta &amp; cord</li> <li>Intra – uterine growth – retardation</li> <li>Nursing management of mothers with high- risk pregnancy</li> <li>Maintenance of Records &amp; Report</li> </ul>		
VIII 10	<ul> <li>Describe manageme nt of abnormal labour.</li> <li>And Obstetrical emergencies</li> </ul>	AbnormalLabour- AssessmentAssessmentandmanagement••Disorders in labour•CPD & contracted pelvis•Malpositionsand malpresentations•Prematurelabour, disordersof•Prematurelabour, disordersof•Prematurelabour, prolonged labourof•Complicationsofthird stage: injuries•Complicationsofthird stage: nijuries•Presentation & prolapse of cord, Vasa praevia, amniotic fluid embolism ruotureof•Obstetrical procedures & operations;operations;•Inductionoflabour, forceps, vacuum version, manual removal of placenta, caesarean section, destructive 	<ul> <li>Lecture discussion</li> <li>Demonstratio n</li> <li>Practice session</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>

			* Nursing management of women undergoing Obstetrical operations and procedures		
IX	4	*Describe management of postnatal complications	Abnormalitiesduringpostnatal periods•Assessment•Assessmentandmanagement of womanwithpostnatalcomplications•Puerperialinfections,breastengorgement &infections, UTI, thrombi-Embolic disorders, Post-partumhaemorrage,Eclampsiaandsubinvolution,•Post partum Blues•Post•Post partum Psychosis	<ul> <li>discussion</li> <li>Demonstratio</li> <li>n</li> <li>Practice</li> <li>session</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
X	8	* Identify the high risk neonates and their nursing management	<ul> <li>Assessment and Management High risk newborn.</li> <li>Admission of neonates in the neonatal intensive care units protocols</li> <li>Nursing management of : <ul> <li>Low birth weight babies</li> <li>Infections</li> <li>Respiratory problems</li> <li>Haemolytic disorders</li> <li>Birth injuries</li> <li>Malformations</li> </ul> </li> <li>Monitoring of high risk neonates</li> <li>Feeding of high risk neonates</li> <li>Organization &amp; Management of neonatal intensive care units</li> <li>Maintenance of reports and records</li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstratio n</li> <li>Practice session</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessme nt of skills with check list</li> <li>Assessme nt of patient managem ent problems</li> </ul>
XI	4	* Describe indication, dosage, action, side effects & nurses responsibilities in the administration of drugs used for mothers.	<ul> <li>Pharmaco- therapeutics in obstetrics</li> <li>Indication, dosage, action contra indication &amp; side effects of drugs</li> <li>Effect of drugs on pregnancy, labour &amp; peurperium,</li> <li>Nursing responsibilities in the administration of drug in Obstetrics – Oxytocins, antihypertensives, diuretics tocolytic agents, anti-convulsants;</li> <li>Analgesics and anesthetics in obstetrics.</li> <li>Effects of maternal medication on foetus &amp; neonate</li> </ul>	<ul> <li>discussion</li> <li>Demonstratio</li> <li>n</li> <li>Practice</li> <li>session</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessme nt of skills with check list</li> <li>Assessme nt of patient management problems</li> </ul>

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
XII	10	<ul> <li>Appreciate the importance of family welfare programme</li> <li>Describe the methods of contraception &amp; role of nurse in family welfare programme</li> </ul>	<ul> <li>Family welfare programme</li> <li>Population trends and problems in India</li> <li>Concepts, aims, importance and history of family welfare programme</li> <li>National Population: dynamics, policy &amp; education</li> <li>National family welfare programme; RCH, ICDS, MCH. Safe motherhood</li> <li>Organization and administration ; at national state, district, block and village levels</li> <li>Methods of contraception; spacing, temporary&amp; permanent, Emergency contraception</li> <li>Infertility &amp; its management</li> <li>Counseling for family welfare programme</li> <li>Latest research in contraception</li> <li>Maintenance of vital statistics</li> <li>Role of national and voluntary organizations</li> <li>Role of a nurse in family welfare programme</li> <li>Training / Supervision/ Collaboration with other functionaries in community like ANMs. LHVs, Anganwadi workers, TBAs(Traditional birth attendant-Dai)</li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstratio n</li> <li>Practice session</li> <li>Supervised</li> <li>Practice</li> <li>Group Project</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessmen t of skills with check list</li> <li>Assessmen t of patient manageme nt problems</li> </ul>

REFRENCE

1. DUTTA-

-Text book of Obstetrics 4th Ed.,

-Text book of Gynecology 3<sup>rd</sup> ed.,

2. C.S.DAWN-

- Textbook of Gynecology Contraception and Demography 13th ed.,

3. BOBAK JENSEN-

- Essentials of Maternity Nursing 3<sup>rd</sup> ed.,

4. LONGMAN

- Clinical Obstetrics 9th ed.,

5. CAMPBELL

-Gynecology by ten teachers 17<sup>th</sup> ed.,

6. MYLES

- Text book of Midwifes 14th ed.,

## Practical

## **Placement: Third Year**

## Time:Practical-180 Hours(Third year)

## Fourth Year

## Practical 180 hrs ( Fourth year )

Areas	Duration (Weeks)	Objectives	Skills	Assessments	Assessment Methods
Antenatal Clinic/OPD	2	* Assessment of pregnant women	<ul> <li>Antenatal history taking</li> <li>Physical</li> <li>Examination</li> <li>Recording of weight &amp; B.P</li> <li>Hb &amp; Urine testing for sugar and albumin</li> <li>Antenatal examination- abdomen &amp; breast</li> <li>Immunization</li> <li>Assessment of risk status</li> <li>Teaching antenatal mothers</li> <li>Maintenance of Antenatal records</li> </ul>	*Conduct Antenatal *Examinations 30 • Health talk-1 • Case book recordings	*Verification of findings of Antenatal examinations * Completion of casebook recordings
Post natal ward	4	<ul> <li>Provide nursing care to post natal mother &amp; baby</li> <li>Counsel &amp; teach mother &amp; family for parent hood</li> </ul>	<ul> <li>Examination &amp; assessment of mother &amp; baby</li> <li>Identification of deviations</li> <li>Care of postnatal mother &amp; baby</li> <li>Perineal care</li> <li>Lactation management</li> <li>Breast feeding</li> <li>Babybath</li> <li>Immunization,</li> <li>Teaching postnatal mother:</li> <li>Mother craft</li> <li>Post natal care &amp;</li> <li>Exercises</li> <li>Immunization</li> </ul>	1 • Case study-	<ul> <li>Assessment of clinical performanc e Assessment of each skill with checklists</li> <li>Completion of case book recording</li> <li>Evaluation of case study and presentatio n and health education sessions</li> </ul>

Areas	Duration (week)	Objectives	Skills	Assessments	Assessment Methods
Newborn nursery	2	*Provide nursing care to Newborn at risk	<ul> <li>Newborn assessment</li> <li>Admission of neonates</li> <li>Feeding of at risk neonates</li> <li>Katori spoon, paladi, tube feeding, total parenteral nutrition</li> <li>Thermal management of neonates-kangaroo mother care, care of baby in incubator</li> <li>Monitoring and care of neonates</li> <li>Administering medications</li> <li>Intravenous therapy</li> <li>Assisting with diagnostic procedure</li> <li>Assisting with exchange transfusion</li> <li>Care of baby on ventilator</li> <li>Phototherapy</li> <li>Infection control protocols in the nursery</li> <li>Teaching &amp; counseling of parents</li> <li>Maintenance of neonatal records</li> </ul>	<ul> <li>Case study- 1</li> <li>Observation study-1</li> </ul>	*Assessment of clinical performance • Assessment of each skill with checklists Evaluation of & Observation study
Family Planning clinic	Rotation from post natal ward 1 wk	Counsel for & provide family welfare services	<ul> <li>Counselling technique</li> <li>Insertion of IUD</li> <li>Teaching on use of family planning methods</li> <li>Arrange for &amp; Assist with family planning operations</li> <li>Maintenance of records and reports</li> </ul>	-2	<ul> <li>Assessment of each skill with checklists</li> <li>Evaluation of &amp; Observation study</li> </ul>

## **MIDWIFERY & OBSTETRIC PRACTICE**

## **HOURS:**

Hours prescribed	III year (Hours)	IV year (Hours)	Integr. Practice (Hours)
Theory	90	-	-
Practical	180	180	240
TOTAL HRS:	THEORY	90 + PRACTICA	L 600

## **EXAMINATIONS:**

		TH	THEORY		PRACTICAL	
	Marks	III year	IV year	Marks	III year	IV year
Viva				50	$\checkmark$	
Midterm	50	√ √	-	50		1
Pre final	75	-	√	50	-	$\checkmark$
TOTAL	125		150			

## **ASSIGNMENTS:**

	THEORY						
NO	ASSIGNMENT	MARKS	III YEAR	IV YEAR			
1	Seminar	50		-			
2	Drug study	50	-	$\checkmark$			
	TOTAL	100	-	-			

NO	ASSIGNMENT / CLINICAL	NUMBER	MARKS	PLACEMENT
	EVALUATION			
1	Health talk	1	25	III
2	Care study: ANC	1	50	IV
	PNC	1	50	IV
	New born	1	50	IV
3	Case presentation:			
	ANC / PNC	1	50	IV
4	New born assessment	1	25	III
5	Case book	1	100	III, IV, I.P
6	Clinical evaluation:			
	ANC	1	100	III & IV
	PNC	1	100	
	Nursery	1	100	
	Labour ward	1	100	
	TOTAL	7	750	

## Evaluation

<b>T</b> / <b>T</b> /	Eval	uation		
Internal assessment Theory:			Maximum marks 25	
Mid term examination –( 3 <sup>rd</sup> year) Pre final – ( 4 <sup>th</sup> year)	50 75 125			
Out c	of 15			
Assignments: Seminar 01 (3rd year) Drug study 01 (4 <sup>th</sup> year) Out c	50 50 100 of 10			
Practical				
Case presentation 01 (4 <sup>th</sup> year) Antenatal ward / Postnatal ward			Marks 50	
Care study 03 $(4^{th} year)$ Antenatal ward- 01 $(50 mark Postnatal ward 01)$ Newborn 01	rs each)		Marks 150	
Health education 01 $(3^{rd} year)$			Marks 25	
Newborn assessment 01 (3 <sup>rd</sup> year)		Marks 25		
Case book (3rd year, 4 <sup>th</sup> year & i	nternship)		Mark 100	
Clinical evaluation 04 ANC ward 01 PNC ward 01 Nursery 01 Labor room 01 (100 marks of (3rd year, 4)			Marks 400	
Practical examination				
Viva			Marks 50	
Midterm examination			Marks 50	
Prefinal examination			Marks 50	
		Total	900	

Maximum marks = 100

## **External assessment** University examination

University examination	
Theory	Marks 75
Practical	Marks 100

## Note: Final examination will take place in 4<sup>th</sup> year

### SEMINAR EVALUATION CRITERIA

NAME :-AUDIENCE :-TOPIC :- DATE :-TIME :-MARKS :-

Sr. No. Factors/ Elements 1 2 3 4 5 Total Remarks Subject Matter Ι 1) Introduction 2) Organization of Topic 3) Presentation of Topic 4) Relevant Examples 5) Relevant Statistical date 6) Group participation 7) Control of group 8) Conclusion Π A.V. AIDS 1) Appropriate to subject 2) Proper use of A.V.Aids 3) Self – Explanatory 4) Attractive 5) Planning & Preparation 6) Use of Modern Technology III Personal Appearance 1) Voice and Clarity 2) Mannerism IV References( Books, Journals & Resource Person) V Physical facilities 1) Environment 2) Classroom Preparation

**Overall Observation** 

Signature of Teacher

Signature of the Candidate

Signature of Principal

## **Drug study**

- Index of drug
- Introduction
- Classification of drugs
- Factors affecting action of drugs
- Name of the drug (Trade & Pharmaceutical name)
- Preparation, strength and dose
- Indications and contraindications
- Actions
- Adverse effects and drug interactions
- Nursing responsibility
- Conclusion
- References

## **Evaluation crit eria**

Planning and organization	05
Content	10
Nursing responsibility	- 05
Conclusion & References	05
Total	25

#### ANC CASE STUDY / PRESENTATION FORMAT

**Identification data** Patient: Name, Age in years, Dr's unit, reg.no education, occupation, income, religion, marital status, duration of marriage Gravida, para, abortion, living, blood group Husband: Name, Age, education, occupation, income **Present complaints History of illness** Menstrual history: age of menarche, duration of menstrual cycle, duration of cycle in days, regularity, amount of flow, LMP, EDD, associated complaints **Contraceptive history:** Antenatal attendance: Date, weight, pallor, edema, BP, Ut. Ht, presentation/position, FHS, Hb, Urine albumin/sugar, treatment **Obstetric history:** H/O Previous pregnancy / deliveries, Period of pregnancy, type of labour/delivery, birth weight, PNC condition, remarks **Present pregnancy:** Date of booking, number of ANC visits, H/O minor ailments Past medical, surgical history: **Family history: Diet history:** Socioeconomic status **Personal habits Psychosocial status Physical assessment:** General examination: head to foot **Obstetric palpation**, Auscultation Conclusion **Investigation** <u>Ultrasonograhy</u> **Treatment Description of disease** Therapeutic diet plan Nursing care plan Nurse's notes **Discharge planning** Antenatal advice **Evaluation of care** References

#### PNC CASE STUDY / PRESENTATION FORMAT

**Identification data** Patient: Name, Age in years, Dr's unit, reg.no education, occupation, income, religion, marital status, duration of marriage Gravida, para, abortion, living, blood group Husband: Name, Age, education, occupation, income **Present complaints History of illness** Menstrual history: age of menarche, duration of menstrual cycle, duration of cycle in days, regularity, amount of flow, LMP, EDD, associated complaints **Contraceptive history:** Antenatal attendance: Date, weight, pallor, edema, BP, Ut. Ht, presentation/position, FHS, Hb, Urine albumin/sugar, treatment **Obstetric history:** H/O Previous pregnancy / deliveries, Period of pregnancy, type of labour/delivery, birth weight, PNC condition, Condition of new born, remarks **Present pregnancy:** Date of booking, number of ANC visits, H/O minor ailments Past medical, surgical history: **Family history: Diet history:** Socioeconomic status **Personal habits Psychosocial status Physical assessment:** Mother: General examination: head to foot **Baby: new born assessment Conclusion** Investigation **Ultrasonograhy** Treatment **Description of disease** Therapeutic diet plan Nursing care plan Nurse's notes **Discharge planning** Antenatal advice **Evaluation of care** References

#### **NEW BORN CASE STUDY FORMAT**

Name, date of birth / discharge, reg.no, Dr's unit, Mother's previous obstetric history, present pregnancy, labour history, baby's birth history General examination: head to foot Daily observation chart Nursing care plan

## EVALUATION CRITERIA CASE STUDY

Assessment / Introduction	05
Knowledge & understanding of disease / condition	15
Nursing care plan	20
Discharge plan	05
Summary & evaluation	03
Bibliography	<u>02</u>
TOTAL	50

## **EVALUATION CRITERIA CASE PRESENTATION**

Assessment / Introduction	05
Knowledge & understanding of disease / condition	10
Presentation skill	10
Nursing care plan	15
A.V. aids	05
Summary & evaluation	03
Bibliography	<u>02</u>
TOTAL	50

## **EVALUATION FORMAT FOR HEALTH TALK**

# NAME OF THE STUDENT: -----AREA OF EXPERIENCE: \_\_\_\_\_\_ PERIOD OF EXPERIENCE: \_\_\_\_\_\_ SUPERVISOR: \_\_\_\_\_\_

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5	Score
1	I) Planning and organization						
	a) Formulation of attainable objectives						
	b) Adequacy of content						
	c) Organization of subject matter						
	d) Current knowledge related to subject Matter						
	e) Suitable A.V.Aids						
	II) Presentation:						
	a) Interesting						
	b) Clear Audible						
	c) Adequate explanation						
	d) Effective use of A.V. Aids						
	e) Group Involvement						
	f) Time Limit						
	III) Personal qualities:						
	a) Self confidence						
	b) Personal appearance						
	c) Language						
	d) Mannerism						
	e) Self awareness of strong & weak points						
	IV) Feed back:						
	a) Recapitulation						
	b) Effectiveness						
	c) Group response						
	V) Submits assignment on time						

\* 100 marks will be converted into 25

## <u>NEW BORN ASSESSMENT</u> <u>Refer "child health nursing "Subject, III Year page no20to 22</u>

## Case book

30
20
05
05
05
02
05
20
05

2. All cases should be certified by teacher on completion of essential requirements.

## Midwifery & Obstetrical Nursing PRACTICAL

**Placement: Third Year** 

Time : Practical-180 Hours (Third year)

**Fourth Year** 

Practical 180 hrs (Fourth year)

Areas	Duration (Hrs)	Objectives	Skills	Assessments	Assessment Methods
Antenatal Clinic/OPD	2	* Assessment of pregnant women	<ul> <li>Antenatal history taking</li> <li>Physical</li> <li>Examination</li> <li>Recording of weight &amp; B.P</li> <li>Hb &amp; Urine testing for sugar and albumin</li> <li>Antenatal examination- abdomen &amp; breast</li> <li>Immunization</li> <li>Assessment of risk status</li> <li>Teaching antenatal mothers</li> <li>Maintenance of Antenatal records</li> </ul>	<ul> <li>Conduct Antenatal</li> <li>Examinations 30</li> <li>Health talk-1</li> <li>Case book</li> <li>recordings</li> </ul>	Verification of findings of Antenatal examinations Completion of casebook recordings
Areas	Duration (Hrs)	Objectives	Skills	Assessments	Assessment Methods
Labour room O.T.	4	<ul> <li>Assess woman in labour</li> <li>Carry out per- vaginal examinati ons</li> <li>Conduct normal deliveries</li> <li>Perform episiotom y and suture it</li> <li>Resuscita te newborns</li> </ul>	<ul> <li>Assessment of woman in labour</li> <li>Pervaginal examination s and interpretatio n</li> <li>Monitoring &amp; caring of woman in labour</li> <li>Maintenance of partograph</li> <li>Conduct normal delivery</li> </ul>	<ul> <li>Conduct normal deliveries-20</li> <li>Pervaginal examinations-5</li> <li>Perform and suture the episiotomies-5</li> <li>Resuscitate newborns-5</li> <li>Assist with caesarean Sections-2</li> <li>Witness abnormal deliveries-5</li> <li>Assist with MTP &amp; other surgical procedures-1</li> <li>Case book</li> </ul>	<ul> <li>Assessment of clinical performance with rating scale</li> <li>Assessment of each skill with checklists</li> <li>Completion of case book recordings</li> <li>Evaluation of case study &amp; presentation &amp; health education</li> </ul>

		• Assist with caesarean Sections, MTP & other surgical procedure s	<ul> <li>Newborn assessment &amp; immediate care</li> <li>Resuscitatio n of newborns</li> <li>Assessment of risk status of newborn</li> <li>Episiotomy &amp; suturing</li> <li>Maintenance of labour and birth records</li> <li>Arrange for &amp; assist with Caesarean section &amp; care for woman &amp; baby during Caesarean</li> <li>Arrange for and assist with MTP &amp; other surgical procedures</li> </ul>	recordings	sessions
Post natal ward	4	<ul> <li>Provide nursing care to post natal mother &amp; baby</li> <li>Counsel &amp; teach mother &amp; family for parent hood</li> </ul>	<ul> <li>Examination &amp; assessment of mother &amp; baby</li> <li>Identification of deviations</li> <li>Care of postnatal mother &amp; baby</li> <li>Perineal care</li> <li>Lactationmana gement</li> <li>Breast feeding</li> <li>Babybath</li> <li>Immunization,</li> <li>Teaching postnatal mother: <ul> <li>Mother craft</li> <li>Post natal care &amp;</li> <li>Exercises</li> <li>Immunization,</li> </ul> </li> </ul>	<ul> <li>Give care to post natal mothers-20</li> <li>Health talks-1</li> <li>Case study-</li> <li>Case presentation-1</li> <li>Case book recordings</li> </ul>	<ul> <li>Assessment of clinical performance Assessment of each skill with checklists</li> <li>Completion of case book recording</li> <li>Evaluation of case study and presentation and health education sessions</li> </ul>

Areas	Duration (week)	Objectives	Skills	Assessments	Assessment Methods
Newborn nursery	2	*Provide nursing care to Newborn at risk	<ul> <li>Newborn assessment</li> <li>Admission of neonates</li> <li>Feeding of at risk neonates</li> <li>Feeding of at risk neonates</li> <li>Katori spoon, paladi, tube feeding, total parenteral nutrition</li> <li>Thermal management of neonates-kangaroo mother care, care of baby in incubator</li> <li>Monitoring and care of neonates</li> <li>Administering medications</li> <li>Intravenous therapy</li> <li>Assisting with diagnostic procedure</li> <li>Assisting with exchange transfusion</li> <li>Care of baby on ventilator</li> <li>Phototherapy</li> <li>Infection control protocols in the nursery</li> <li>Teaching &amp; counseling of parents</li> <li>Maintenance of neonatal records</li> </ul>	<ul> <li>Case study-1</li> <li>Observation study-1</li> </ul>	<ul> <li>Assessment of clinical performance</li> <li>Assessment of each skill with checklists</li> <li>Evaluation of &amp; Observation study</li> </ul>
Family Planning clinic	Rotation from post natal ward 1 wk	Counsel for & provide family welfare services	<ul> <li>Counseling technique</li> <li>Insertion of IUD</li> <li>Teaching on use of family planning methods</li> <li>Arrange for &amp; Assist with family planning operations</li> <li>Maintenance of records and reports</li> </ul>	<ul> <li>IUD insertion-5</li> <li>Observatio n Study-1</li> <li>Counsellin g-2</li> <li>Simulation exercise on recording and reporting- 1</li> </ul>	<ul> <li>Assessment of each skill with checklists</li> <li>Evaluation of &amp; Observation study</li> </ul>

## **MIDWIFERY & OBSTETRIC PRACTICE**

## **HOURS:**

Hours prescribed	III year (Hours)	IV year (Hours)	Integr. Practice (Hours)
Theory	90	-	-
Practical	180	180	240
TOTAL HRS:	THEORY	<b>90</b> + <b>PRACT</b>	ICAL 600

## **EXAMINATIONS:**

		TH	EORY		PRACTICAL		
	Marks	III year	IV year	Marks	III year	IV year	
Viva				50	$\checkmark$		
Midterm	50	√	-	50		$\checkmark$	
Pre final	75	-	1	50	-	$\checkmark$	
TOTAL	125			150			

## **ASSIGNMENTS:**

	THEORY						
NO	ASSIGNMENT	MARKS	III YEAR	IV YEAR			
1	Seminar	50	$\checkmark$	-			
2	Drug study	50	-	$\checkmark$			
	TOTAL	100	-	-			

NO	ASSIGNMENT / CLINICAL	NUMBER	MARKS	PLACEMENT
	EVALUATION			
1	Health talk	1	25	III
2	Care study: ANC	1	50	IV
	PNC	1	50	IV
	New born	1	50	IV
3	Case presentation:			
	ANC / PNC	1	50	IV
4	New born assessment	1	25	III
5	Case book	1	100	III, IV, I.P
6	Clinical evaluation:			
	ANC	1	100	III & IV
	PNC	1	100	
	Nursery	1	100	
	Labor ward	1	100	
	TOTAL	7	750	

## Evaluation

	Ev	aluation			
Internal assessment					
Theory:		Max	timum marks 25		
	50				
Mid term examination $-(3^{rd} year)$	50				
Pre final – $(4^{th} year)$	75				
	125				
Out o	f 15				
Assignments:	-				
Seminar 01 (3rd year)	50				
Drug study 01 (4 <sup>th</sup> year)	50				
	100				
	100				
Out o	f 10				
Practical					
		Mor	ks 50		
Case presentation 01 (4 <sup>th</sup> year) Antenatal ward / Postnatal ward		Mai	KS 30		
Antenatai waru / Postnatai waru					
Core study 02 $(4^{\text{th}} \text{veer})$		Mort	s 150		
Care study 03 $(4^{th} \text{ year})$ Antenatal ward- 01 (50 mark	a aaab)	IVIAIK	\$ 150		
Antenatal ward- 01 (50 mark Postnatal ward 01	s each)				
Newborn 01					
Health education 01 $(3^{rd} year)$		Marl	zs 25		
Newborn assessment 01 (3 <sup>rd</sup> year)		ks 25 ks 25			
Case book (3rd year, $4^{th}$ year & in		x 100			
Case book (Sid year, 4 year & h	næmsnip)	Iviai	X 100		
Clinical evaluation 04		Marl	ks 400		
ANC ward 01		with	\$5 +00		
PNC ward 01 (100 marks	each)				
Nursery 01 (3rd year, 4					
Labor room 01					
Practical examination					
Viva (3 <sup>rd</sup> year)	Marks 50				
Midterm examination			ks 50		
Prefinal examination { (4 <sup>th</sup> Year)	)	Marl			
	/				
		Total	900		
		Maximum mar	ks = 100		
Extornal assessment					
External assessment University examination					
Theory		Marl	zs 75		
Practical	Marks 75 Marks 100				
i racilcar		IVIAII	100		

## Note: Final examination will take place in 4<sup>th</sup> year

## **SEMINAR EVALUATION CRITERIA**

NAME :-AUDIENCE :-TOPIC :- DATE :-TIME :-MARKS :-

SN	Factors/ Elements	1	2	3	4	5	Total	Remarks
Ι	Subject Matter							
	1) Introduction							
	2) Organization of Topic							
	3) Presentation of Topic							
	4) Relevant Examples							
	5) Relevant Statistical date							
	6) Group participation							
	7) Control of group							
	8) Conclusion							
II	A.V. AIDS							
	1) Appropriate to subject							
	2) Proper use of A.V.Aids							
	3) Self – Explanatory							
	4) Attractive							
	5) Planning & Preparation							
	6) Use of Modern Technology							
III	Personal Appearance							
	1) Voice and Clarity							
	2) Mannerism							
IV	References( Books, Journals & Resource							
	Person )							
V	Physical facilities							
	1) Environment							
	2) Classroom Preparation							

**Overall Observation** 

Signature of Teacher

Signature of the Candidate

Signature of Principal

## **Drug study**

- Index of drug
- Introduction
- Classification of drugs
- Factors affecting action of drugs
- Name of the drug (Trade & Pharmaceutical name)
- Preparation, strength and dose
- Indications and contraindications
- Actions
- Adverse effects and drug interactions
- Nursing responsibility
- Conclusion
- References

## **Evaluation criteria**

Planning and organization	05
Content	10
Nursing responsibility	- 05
Conclusion & References	05
Total	25

#### ANC CASE STUDY / PRESENTATION FORMAT

**Identification data** Patient: Name, Age in years, Dr's unit, reg.no education, occupation, income, religion, marital status, duration of marriage Gravida, para, abortion, living, blood group Husband: Name, Age, education, occupation, income **Present complaints History of illness** Menstrual history: age of menarche, duration of menstrual cycle, duration of cycle in days, regularity, amount of flow, LMP, EDD, associated complaints **Contraceptive history:** Antenatal attendance: Date, weight, pallor, edema, BP, Ut. Ht, presentation/position, FHS, Hb, Urine albumin/sugar, treatment **Obstetric history:** H/O Previous pregnancy / deliveries, Period of pregnancy, type of labour/delivery, birth weight, PNC condition, remarks **Present pregnancy:** Date of booking, number of ANC visits, H/O minor ailments Past medical, surgical history: **Family history: Diet history:** Socioeconomic status **Personal habits Psychosocial status Physical assessment:** General examination: head to foot **Obstetric palpation**, Auscultation **Conclusion Investigation** Ultrasonograhy **Treatment Description of disease** Therapeutic diet plan Nursing care plan Nurse's notes **Discharge planning** Antenatal advice **Evaluation of care** References

#### PNC CASE STUDY / PRESENTATION FORMAT

**Identification data** Patient: Name, Age in years, Dr's unit, reg.no education, occupation, income, religion, marital status, duration of marriage Gravida, para, abortion, living, blood group Husband: Name, Age, education, occupation, income **Present complaints History of illness** Menstrual history: age of menarche, duration of menstrual cycle, duration of cycle in days, regularity, amount of flow, LMP, EDD, associated complaints **Contraceptive history:** Antenatal attendance: Date, weight, pallor, edema, BP, Ut. Ht, presentation/position, FHS, Hb, Urine albumin/sugar, treatment **Obstetric history:** H/O Previous pregnancy / deliveries, Period of pregnancy, type of labour/delivery, birth weight, PNC condition, Condition of new born, remarks **Present pregnancy:** Date of booking, number of ANC visits, H/O minor ailments Past medical, surgical history: **Family history: Diet history:** Socioeconomic status **Personal habits Psychosocial status Physical assessment:** Mother: General examination: head to foot **Baby: new born assessment Conclusion** Investigation Ultrasonography Treatment **Description of disease** Therapeutic diet plan Nursing care plan Nurse's notes **Discharge planning** Antenatal advice **Evaluation of care** References

#### **NEW BORN CASE STUDY FORMAT**

Name, date of birth / discharge, reg.no, Dr's unit, Mother's previous obstetric history, present pregnancy, labour history, baby's birth history General examination: head to foot Daily observation chart Nursing care plan

# EVALUATION CRITERIA CASE STUDY

Assessment / Introduction	05
Knowledge & understanding of disease / condition	15
Nursing care plan	20
Discharge plan	05
Summary & evaluation	03
Bibliography	<u>02</u>
TOTAL	50

# **EVALUATION CRITERIA CASE PRESENTATION**

Assessment / Introduction	05
Knowledge & understanding of disease	/ condition 10
Presentation skill	10
Nursing care plan	10
A.V. aids	05
Over all	05
Summary & evaluation	02
Time	01
Bibliography	<u>02</u>
Т	OTAL 50

#### **EVALUATION FORMAT FOR HEALTH TALK**

NAME OF THE STUDENT: -----

AREA OF EXPERIENCE:

PERIOD OF EXPERIENCE:

SUPERVISOR:

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

SN.	Particular	1	2	3	4	5	Score
1	I) Planning and organization						
	a) Formulation of attainable objectives						
	b) Adequacy of content						
	c) Organization of subject matter						
	d) Current knowledge related to subject Matter						
	e) Suitable A.V.Aids						
	II) Presentation:						
	a) Interesting						
	b) Clear Audible						
	c) Adequate explanation						
	d) Effective use of A.V. Aids						
	e) Group Involvement						
	f) Time Limit						
	III) Personal qualities:						
	a) Self confidence						
	b) Personal appearance						
	c) Language						
	d) Mannerism						
	e) Self awareness of strong & weak points						
	IV) Feed back:						
	a) Recapitulation						
	b) Effectiveness						
	c) Group response						
	V) Submits assignment on time						

\* 100 marks will be converted into 25

# **NEW BORN ASSESSMENT**

# Similar to child health nursing

## Case book

Note: 1. Case book contents	
Antenatal examinations	30
Conducted normal deliveries	20
PV examinations	05
Episiotomy & suturing	05
Neonatal resuscitations	05
Assist with caesarian section	02
Witness / assist abnormal deliveries	05
Post natal cases nursed in hospital / health centre / home	20
Insertion of IUCD	05

2. All cases should be certified by teacher on completion of essential requirements.

# Maharashtra University of Health Sciences External Practical Evaluation Guidelines IV Basic B.Sc Nursing Subject:-Midwifery and Obstetrical Nursing 50 Marks

Internal Examiner Nursing Procedure (15 marks)	25 Marks
Planning and Organizing	5 marks
Preparation of tray	3
Environment	1
Preparation of patient	1
Execution of Procedure	7 marks
Applies scientific principles	3
Proficiency in skill	3
Ensures sequential order	1
Termination of procedure	3marks
Makes patient comfortable	1
Reports & Records	1
After care of articles	1
Viva (10 Marks)	10 marks
Normal Pregnancy and management	3
Antenatal care and postnatal care	3
<ul> <li>Mother and Child health services and family planning</li> </ul>	2
Instruments and articles	2
External Examiner	25 Marks
External Examiner Nursing Process (15 Marks)	25 Marks 15 marks
Nursing Process (15 Marks)	15 marks
Nursing Process (15 Marks) <ul> <li>Assessment</li> </ul>	<b>15 marks</b> 3
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> </ul>	<b>15 marks</b> 3 2
Nursing Process (15 Marks) <ul> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> </ul>	<b>15 marks</b> 3 2 1
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> </ul>	<b>15 marks</b> 3 2 1 1
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> </ul>	<b>15 marks</b> 3 2 1 1 3
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> <li>Rationale</li> </ul>	<b>15 marks</b> 3 2 1 1 3 2
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> <li>Rationale</li> <li>Evaluation</li> </ul>	<b>15 marks</b> 3 2 1 1 3 2 1
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> <li>Rationale</li> <li>Evaluation</li> <li>Nurses notes</li> </ul>	<b>15 marks</b> 3 2 1 1 3 2 1 2
Nursing Process (15 Marks) <ul> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> <li>Rationale</li> <li>Evaluation</li> <li>Nurses notes</li> </ul> Viva (10 Marks)	<b>15 marks</b> 3 2 1 1 3 2 1 2 1 2 <b>10 marks</b>
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> <li>Rationale</li> <li>Evaluation</li> <li>Nurses notes</li> </ul> Viva (10 Marks) <ul> <li>High Risk pregnancy and their management</li> </ul>	<b>15 marks</b> 3 2 1 1 3 2 1 2 1 2 <b>10 marks</b> 3
<ul> <li>Nursing Process (15 Marks)</li> <li>Assessment</li> <li>Nursing Diagnosis</li> <li>Goal</li> <li>Outcome criteria</li> <li>Nursing intervention</li> <li>Rationale</li> <li>Evaluation</li> <li>Nurses notes</li> </ul> Viva (10 Marks) <ul> <li>High Risk pregnancy and their management</li> <li>Management of labour and obstetric emergencies</li> </ul>	<b>15 marks</b> 3 2 1 1 3 2 1 2 1 2 <b>10 marks</b> 3 3

#### MID-WIFERY AND OBSTETRICAL NURSING PRACTICAL EXAMINATION PRACTICAL / ORAL MARK LIST

#### NAME OF THE EXAMINATION: MID-WIFERY AND OBSTETRICAL NURSING PRACTICALS

MONTH :

YEAR :

FOURTH YEAR Basic B. Sc NURSING : MARKS : 50

SUBJECT : MID-WIFERY AND OBSTETRICAL NURSING

CENTRE :

Roll No	Internal E	xaminer	External E	xaminer	Total	Total
	Procedure	Viva voce	Nursing process	Viva voce		
	15	10	15	10	50	25
				+ +		

# Signature of the Internal Examiner

Signature of the External Examiner

Date :

Date :

# **COMMUNITY HEALTH NURSING – II**

Time : Theory – 90 hours Practical – 135 hours

#### **Course description**:

This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural setting by using concept and principles of health and community health nursing

Specific objectives: At the end of the course student will be able to:

- 1. Understand the concepts, scope, principles and historical development of community health and community health nursing.
- 2. Appreciate the national health planning, polices, problems.
- 3. Describe the system of delivery of community health services in rural and urban area.
- 4. Develop understanding about community health nursing approaches, concepts and roles and responsibilities of nursing personnel.
- 5. Participate in assisting individuals and groups to promote and maintain their health.
- 6. Appreciate the national health and family welfare programme and the role of the nurse.
- 7. Understand the health agencies at the international and national level.

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
Ι	4	• Define Concepts, scope, Principles and historical development of Community Health and Community health Nursing	<ul> <li>Introduction</li> <li>Definition, concept &amp; scope of community health nursing</li> <li>Historical development of</li> <li>Community Health</li> <li>Community Health Nursing</li> <li>Pre- Independence</li> <li>Post – Independence</li> <li>Client's rights-CPA</li> <li>Professional responsibility in community health care</li> <li>Ethical principles</li> <li>Application of ethics in Community health practice</li> <li>Govt. &amp; legal influence on community health nursing</li> <li>practice</li> <li>Law in community health nursing</li> </ul>	• Lecture discussion	<ul> <li>Essay Type</li> <li>Short answers</li> </ul>

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
II	6	• Describe health plans, polices, various health committees and health problems in India	<ul> <li>Health Planning and Polices and Problems</li> <li>National health planning in India Five year Plan's</li> <li>Various committees and commissions on health and family welfare</li> <li>Central council for health and family welfare (CCH and FW)</li> <li>National Health polices (1983, 2002)</li> <li>National population policy</li> <li>Rural health mission</li> <li>Health problems in India</li> </ul>	<ul> <li>Lecture discussion</li> <li>Panel discussion</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>
III	15	<ul> <li>Describe the system of delivery of community health services in rural and urban areas</li> <li>List the functions of various levels and their staffing pattern</li> <li>Explain the components of health services</li> <li>Describe alternative systems of health maintenance</li> <li>Describe the chain of referral system</li> </ul>	<ul> <li>Iteatif problems in fidua</li> <li>Delivery of community health services</li> <li>Planning, budgeting and material management of SCs, PHC and CHC</li> <li>Rural: Organization, staffing and functions of rural health services provided by government at: <ul> <li>Village</li> <li>Subcentre</li> <li>Primary health center</li> <li>Community health center/ sub divisional</li> <li>Hospitals</li> <li>District</li> <li>State</li> <li>Center</li> </ul> </li> <li>Urban: Organization, staffing and functions of urban health services provided by government at: <ul> <li>Slums</li> <li>Dispensaries</li> <li>Material and child health centers</li> <li>Special Clinics</li> <li>Hospitals</li> <li>Corporation/ Municipality/ Board</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Visits to various health delivery systems</li> <li>Supervised field practice</li> <li>Panel discussion</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
			<ul> <li>Components of health services         <ul> <li>Environmental sanitation</li> <li>Health education</li> <li>Vital statistics</li> <li>M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act</li> <li>Family welfare</li> <li>National health programmes</li> <li>School health services</li> <li>Occupational health</li> <li>Defense service</li> <li>Institutional services</li> </ul> </li> <li>Systems of medicine and health care</li> <li>Allopathy</li> <li>Indian system of medicine and Homeopathy</li> <ul> <li>Alternative health care systems like yoga, meditation, social and spiritual healing etc.</li> </ul> <li>Referral system</li> </ul>		
IV	25	<ul> <li>Describe Community Health Nursing approaches and concepts</li> <li>Describe the roles and responsibility of Community health nursing personnel</li> </ul>	<ul> <li>Community health nursing approaches, concepts and roles and responsibilities of nursing personnel</li> <li>Approaches         <ul> <li>Approaches</li> <li>Nursing theories and nursing process</li> <li>Epidemiological approach</li> <li>Problem solving approach</li> <li>Evidence based approach empowering people to care for themselves</li> </ul> </li> <li>Concepts of primary Health Care:         <ul> <li>Equitable distribution</li> <li>Community participation</li> <li>Focus on prevention</li> <li>Use of appropriate technology</li> <li>Multi sectoral approach</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstrat ion</li> <li>Practice session</li> <li>Supervised field practice</li> <li>Participatio n in camps</li> <li>Group project</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
			<ul> <li>Roles and responsibilities of Community health nursing personnel in</li> <li>Family health services</li> <li>Information Education Communication (IEC)</li> <li>Management information System (MIS): maintenance of Records &amp; Reports</li> <li>Training and supervision of various categories of health workers</li> <li>National Health Programmes</li> <li>Environmental sanitation</li> <li>Maternal and child health and family welfare</li> <li>Treatment of minor ailments</li> <li>School health services</li> <li>Occupational health</li> <li>Organization of clinics, camps: types, preparation, planning, conduct and evaluation</li> <li>Waste management in the center, clinics etc.</li> <li>Home visit: Concept, Principles, Process, techniques: Bag Technique home visit</li> <li>Qualities of Community Health Nurse</li> <li>Job description of Community health nursing</li> </ul>		
V	15	• Describe and appreciate the activities of Community health nurse in assisting individuals and groups to promote and maintain their health	<ul> <li>personnel</li> <li>Assisting individuals and groups to promote and maintain their health</li> <li>Empowerment for self care of individuals, families and groups in –</li> <li>A. Assessment of Self and family</li> <li>Monitoring growth and development</li> <li>Mile stones</li> <li>Weight measurement</li> <li>Social development</li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstrati on</li> <li>Practice session</li> <li>Supervised field practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
			<ul> <li>Temperature and Blood pressure monitoring</li> <li>Menstrual cycle</li> <li>Breast, self examination and testicles</li> <li>Warning signs of various diseases</li> <li>Tests: Urine for sugar and albumin, blood sugar</li> <li>Seek health services for</li> <li>Routine checkup</li> <li>Immunization</li> <li>Counseling diagnosis</li> <li>Treatment</li> <li>Follow up</li> <li>Continue medical care and follow up in community for various diseases and disabilities</li> <li>Carryout therapeutic procedures as prescribed/ required for self and family</li> <li>Collection and disposable of waste at home and community</li> <li>Sensitize and handle social issues affecting health and development for self and family</li> <li>Women Empowerment</li> <li>Women and child abuse</li> <li>Abuse of elders</li> <li>Female feticide</li> <li>Commercial sex workers</li> <li>Food adulteration</li> <li>Substance abuse</li> <li>Utilize community resources for self and family</li> <li>Momes for physically and mentally challenged individuals</li> <li>Homes for destitute</li> </ul>	<ul> <li>Individual group/ family/ community health education</li> </ul>	

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
	20	<ul> <li>Describe national health and family welfare programmes and role of a nurse</li> <li>Describe the various health schemes in India</li> </ul>	National health and family welfare programmes and the role of a nurse 1. National API programme 2. Revised National tuberculosis control programme (RNTCP) 3. National Anti- Malaria programme 4. National Filaria control programme 5. National Guinea worm eradication programme 6. National Guinea worm eradication programme 7. National AIDS control programme 8. STD control programme for Control of blindness 10. Iodine deficiency disorder programme 11. Expanded programme on immunization 12. National Family welfare Programme – RCH programme historical development, organization, administration, research, constraints 13. National water supply and sanitation programme 14. Minimum Need programme 15. National diabetics control programme 16. Polio eradication: pulse polio programme 17. National Nutritional Anemia Prophylaxis programme 20. 20 point programme 21. ICDS programme 22. Mid day meal applied nutritional programme 23. National mental health programme 23. National mental health programme 4. Health Schemes - ESI -CGHS -Health insurance	<ul> <li>Lecture discussion</li> <li>Participation in national health programmes</li> <li>Field visits</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
VII	5	• Explain the roles and functions of various national and international health agencies	Health Agencies International – WHO, UNFPA, UNDP, World Bank, FAO, UNICERF, DANIDA, European, Commission (EC), Red Cross, USAID, UNESCO, Colombo plan, ILO, CARE etc. National – Indian Red Cross, Indian Council for child welfare, Family planning Association of India etc.	<ul> <li>Lecture discussion</li> <li>Field visits</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

#### **Student References (**Bibliography)

- 1) Jayawanti, TNAI Nursing Manual, TNAI publication
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- 11) Shastr , 'Preventive & Social Medicine', National Publications
- 12) Sathe, 'Epidemiology & management of Health Care', Popular Publications
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- 23) Ghai Gupta, 'Essential Preventive Medicine', Vikas Publications
- 24) Babu Sheshu, 'Review in Community Medicine', Paras Publication
- 25) Lancaster, 'Community Health Nursing Process and Practice for Promoting Health', Morby Publications
- 26) Bhalerao, 'Synopsis in Preventive & Social Medicine', National Publications
- 27) Fromer Margareg, 'Community Health care & the Nursing Process', CV Mosby & Company Publications
- 28) Clarke, 'Preventive & Community Medicine', Boston Little Brown Company.

# **COMMUNITY HEALTH NURSING – II – PRACITCAL**

Placement: Fourth Year

Time: Practical – 135 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
Community health nursing	1 wk for urban 4 wk for rural	<ul> <li>Identify community profile</li> <li>Identify prevalent communicable and non- communicable diseases</li> <li>Diagnose health needs of Individual, families and community</li> <li>Plan, provide and evaluate care</li> <li>Participate in school health programme</li> <li>Participate in national health programmes</li> <li>Organize group for self help and involve clients in their own health activities</li> <li>Provide family welfare services</li> <li>Counsel and educate individual, family and community</li> <li>Collect vital health statistics</li> <li>Maintain records &amp; reports</li> </ul>	<ul> <li>Community health survey</li> <li>Community diagnosis</li> <li>Family care: Home adaptation of common procedures</li> <li>Home visit: Bag technique</li> <li>Organize and conduct clinics antenatal, postnatal, well baby clinic, camps etc.</li> <li>Screen manage and referrals for:         <ul> <li>High risk mothers and neonates</li> <li>Accidents and emergencies</li> <li>Illness: Physical and mental</li> <li>Disabilities</li> <li>Conduct delivery at center/home: episiotomy and suturing</li> <li>Resuscitate newborn</li> <li>School Health programme</li> <li>Screen, Manage refer children</li> <li>Collaborate with health and allied agencies</li> </ul> </li> </ul>	<ul> <li>Community survey report</li> <li>Family care study-1</li> <li>Project –1</li> <li>Health talk</li> <li>Case book recording</li> </ul>	<ul> <li>Assess clinical performanc e with rating scale</li> <li>Evaluation of community survey report family care study, project and health talk</li> <li>Completion of activity record</li> </ul>

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
			<ul> <li>Counsel and teach individual, family and community about: HIV, TB, Diabetes, Hypertension, Mental Health, Adolescents, elderly's health, physically and mentally challenged individuals etc.</li> <li>Collect and calculate vital health statistics</li> <li>Document and maintain         <ul> <li>Individual, family and administrativ e records</li> <li>Write reports center, disease, and national health programme/ projects.</li> </ul> </li> </ul>		

# Evaluation

#### Internal assessment

Theory		Maximum marks 25
Midterm –	50 Marks	
Prefinals –	75 Marks	
TOTAL –	125 Marks	
Conv	vert to 15	

Assignment

Seminar – 50 Marks

### **Convert to 10 Marks**

Practical	Maximum marks 50					
Family Care Study – Health Talk – Procedure evaluation – Family Folders (5x10) – Clinical evaluation –	50 Marks 100 Marks 50 Marks 50 Marks 200 Marks					
<u>Practical examination</u> Midterm – Prefinal –	50 Marks 50 Marks					

TOTAL – 550 Marks

#### External assessment

University examination	
Theory	Marks 75
Practical	Marks 50

Below mentioned assignment have to be completed during clinical posting, however they are not for evaluation.

Group project 01(Exhibition/ Street Play/ Puppet Show) Survey report – 01 Daily diary –

### FAMILY CARE STUDY (FORMAT)

I Initial Data

- 1. Name of head of family
- 2. Address
- 3. Date of visit commenced
- 4. Date of visit conducted

#### II Bio data

Name of Family	Relation With				Socio	o Econom	ic Health						
Member	Head of												
S	Family												
		Ag	Se	Edn	Occupatio	Incom	Marital	Healt	Nutritiona	F			
		e	X		n	e	Status	h	1	P			
								Status	Status				

Immunization										
BCG	DPT Polio		Polio		Measles	Booster	Any Other	Remark		
	1	2	3	1	2	3				

### **III** Resources

- A. Community Resource used by family members
  - a. Regular
  - b. In emergencies

#### B. Financial

- a. Monthly family income
- b. Possessions
- c. Cattle & pets
- d. Numbers of dependents
- e. Monthly pattern of family expenditure
- f. i. Food
  - ii. Education
  - iii. Medical
  - iv. Electricity bill
  - v. Clothing & entertainment

## IV Environment

- A. Community
- Socio economic Status
- Cleanliness
- Water Facility
- Toilet
- Location of Slum area

- B. Family
- Environmental hygiene
- Toilets
- Sewage Sullage
- Water disposal
- C. Physical Environment
- 1. Housing location
- 2. Type of floor
- 3. Lighting
- 4. Ventilltion
- 5. Water supply
- 6. Attitude towards drinking
- 7. Waste disposal
  - Garbage
  - Latrines
  - Liquid Waste
  - Mosquitoes & fly breeds
- V Social Environment
  - 1. Type of community
- 2. Socio economic background
- 3. Relationship among family members
- 4. Relationship with neighbors
- 5. Relationship with others
- 6. Common Health Habits
  - a. In community
  - b. In family
- 7. Family concept about health
- 8. family concept about disease
  - a. In community
  - b. In Family
- 9. Festival celebration
  - a. In community
  - b. In family
- 10. Number of working mothers
  - a. In community
  - b. In family
- 11. Care during pregnancy
  - a. In community
  - b. In family
- 12. Care of infant
  - a. In community
  - b. In family
- 13. Concept about education
  - a. In community
  - b. In family
- 14. Concept about girls education
  - a. In community
  - b. In family
- 15. Knowledge & attitudes of people towards health
  - a. In community
  - b. In family

## VI Family Health

- 1. Health of family past & present
- 2. Gynaec & Obst. history of female adults

# VII. Nutrition

# **VIII.** Family life style

- a. Basic life style of family
- b. Family decision-making pattern
- c. Family relationship & communication
- d. Family response in crisis situation
- e. Family attitude towards health

Nursing Care Plan

Summary:

Conclusion :

# FAMILY CARE STUDY (EVALUATION CRITERIA) 50 MARKS

Sr.	Particular	TOTAL	MARKS	TOTAL
No.		MARK	OBTAINE	
		S	D	
Ι	Personal and professional			
	qualities			
	1. Grooming	1		
	2. Mannerisms	1		
	3. Language	1		
	4. Voice	1		
	5. Confident	1		
II	Identification of family			
	1. Type of family	1		
	2. Initial data	1		
	3. Basic information	1		
	4. Resources used	1		
	5. Environment	6		
III	FAMILY HEALTH			
	1. Health of each member	2		
	2. Gynae & Obstetric health	2		
	3. Nutritional data	2 2 2 2 2 2 2 2		
	4. Rest & sleep	2		
	5. Use of health resources	2		
	6. Family planning status	2		
	7. Health practices for each	2		
	member			
	8. Family life style	2		
IV	NURSING CARE			
	1. Identification of needs & problems	2		
	2. Aims& Objectives	2		
	3. Nursing interventions	8		
	4. Evaluation of care given	4		
	5. Self assessment	3		

#### COMMUNITY HEALTH NURSING HEALTH TALK FORMAT

Name	of the stu	dent:					
Topic:							
Group	to be tau	ght:					
A.V. a	ids:						
Area:							
Date &	Time:						
Metho	d of teach	ning:					
Langua	age:						
Aim:	-						
Specifi	c objecti	ves:					
Introdu	iction:						
	Sr.	Time	Specific	Subject matter	T/L	A.V	Evaluation
	No.		objectives	·	activity	aids	

Summary Bibliography

#### **EVALUATION FORMAT FOR HEALTH TALK**

NAME OF THE STUDENT: -----AREA OF EXPERIENCE: \_\_\_\_\_\_
PERIOD OF EXPERIENCE: \_\_\_\_\_\_
SUPERVISOR: \_\_\_\_\_\_

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5
1	I) Planning and organization					
	a) Formulation of attainable objectives					
	b) Adequacy of content					
	c) Organization of subject matter					
	d) Current knowledge related to subject Matter					
	e) Suitable A.V.Aids					
	II) Presentation:					
	a) Interesting					
	b) Clear Audible					
	c) Adequate explanation					
	d) Effective use of A.V. Aids					
	e) Group Involvement					
	f) Time Limit					
	III) Personal qualities:					
	a) Self confidence					
	b) Personal appearance					
	c) Language					
	d) Mannerism					
	e) Self awareness of strong & weak points					
	IV) Feed back:					
	a) Recapitulation					
	b) Effectiveness					
	c) Group response					
	V) Submits assignment on time					

Signature of the student

Signature of the teacher

#### EVALUATION CRITERIA FOR PROCEDURE EVALUATION USING BAG TECHNIQUE

NAME OF THE STUDENT: -----

# AREA OF EXPERIENCE:

PERIOD OF EXPERIENCE:

SUPERVISOR:

G				<b>l - 50</b>		
	5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory	/ tair, .	I = Poot		4	5
Sr. No.	Particular	1	2	3	4	3
1)	Approach to the family					
2)	Selection of procedures based on family needs					
3)	Preparation of the bag for the procedure					
4)	Caring out all the steps of procedure correctly					
5)	Scientific principles followed while doing procedure					
6)	Involvement of family while doing procedure					
7)	Post care of bag and equipment					
8)	Health education while during and the procedure					
9)	Disposal of waste					
10)	Recording and reporting					

#### FAMILY FOLDER FORMAT

Learners Name :

Family Name :

Address :

Date Of Service

Directions :

#### **BASIC INFORMATION**

Name	Age	Sex	in	Occupation Income	Education	Language Spoken	Nutritional Status		Health Problems					
			Family											

#### 2. RESOURCES (COMMUNITY RESOURCES IN EMERGENCY)

Resources Provided	Location	Member Using	Reason	Frequency

3. PHYSICAL & SOCIAL ENVIRONMENT

a) Community

b) Family

#### 4. FAMILY HEALTH

Name	Age	Height	Weight	Immunizations	Habits/	Developmental	Summary	Current
			_		Addictions	Stage	of Health	Status
							History	including
								Medications

- 5. Family Health Practice
- a. Nutritional status diet, meal pattern, shopping habits, knowledge of good nutrition.
- b. Recreation & exercise
- c. Sleeping pattern.
- d. Family use of health resource, person responsible for health care decision-making
- e. Any other attitudes, which significantly relate to health status.
- f. Family strengths & limitations related to their health practice
- 6. Family life style
- a. Basic life style
- b. Inter family relationship & communication pattern
- c. Family decision-making
- d. Family response in crisis
- e. Dominant values of family
- f. Family attitude towards health care & health care providers
- 7. Nursing Care Plan
- 8. Student remarks
- a. How did family perceive overall expenses of your visit (give supportive data)
- b. Discuss achievement of goals & nursing interventions
- c. In what aspect of nursing practice did your experience most growth & in what area would you like to improve?

# FAMILY FOLDERS 10 marks

Sr. No.	Particular	1	2	3	4	5	Score
Ι	Subject Matter						
II	Nursing Care Plan						

#### CLINICAL EVALUATION

Name of the student	
Area of experience	
Period of experience	
Supervisor	
	Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5
Ι	Personal and Professional Qualities :					
	a) Leadership					
	b) Punctuality					
	c) Grooming					
	d) Relationship with others					
	e) Attitude Towards suggestions					
II	Assessment In Home and Clinic:					
	a) History taking					
	b) Physical assessment					
	c) Assisting & guiding for investigation					
	d) Home / clinic observation of signs &					
	symptoms					
	e) Identification of needs & problems					
III	Planning					
	a) Selection of priority needs / problems					
	b) Setting objectives					
	c) Planning appropriate interventions					
	d) Resource allocation					
IV	Implementation :					
	a) Approach to family & manner of greeting					
	b) Explaining the purpose of visit to family					
	c) Providing home care					
	d) Doing simple procedure at home/Clinic					
	e) Assisting in clinical services					
	f) Giving health education in home clinic					
	g) Recording and reporting					
V	Evaluation :					
	a) Health teaching					
	b) Family care					
	c) Self assessment					
	d) Submitting assignment on time					

Remarks:

### **COMMUNITY SURVEY REPORT FORMAT**

#### INTRODUCTION

Objectives:

- \* To assess the area & identify health problems of people
- \* To understand the socioeconomic status of the community
- \* To identify the sources of health services available in community
- \* To identify various health practices prevailing in the community

Community as a place - boundaries, environment, housing

Community as a social system –recreational facilities, transportation, stores & shops, official health agencies, communication media, education, socioeconomic status, occupational status, social activities related to health.

Health problems and needs in the area Conclusion

### SURVEY REPORT

- Sr. No. Particular
  - 1 Introduction
  - 2 Community as a place
    - Boundary
    - Environment
    - Housing
  - <sup>3</sup> Social system

4

5

- Recreational facilities
- Transportation
- Stores & Shops
- Official health Agencies
- Communication media
- Education
- Socioeconomic status
- Occupational Status
- Social activities related to health
- Planning and organization
  - Formulation of objectives
  - Selection of method of presentation
  - Adequacy of content
  - Organisation of Subject matter
  - Presentation
- 6 Individual participation Submission on time

### DAILY DAIRY

NAME OF THE STUDENT: -----AREA OF EXPERIENCE: \_\_\_\_\_
PERIOD OF EXPERIENCE: \_\_\_\_\_
SUPERVISOR: \_\_\_\_\_

#### Sr. No. Particular

- 1 Activities planned
- 2 Activities done

#### ASSIGNMENT FORMAT FOR GROUP SEMINAR

- 1. Introduction to the topic
- 2. Concept, Definition
- 3. History
- 4. Subject matter
- 5. Application in nursing field
- 6. Summary
- 7. Conclusion
- 8. References

#### **VISITS SUGGESTED**

#### I Community Resources For Self & Family

- 1. Trauma center
- 2. Old Age Home
- 3. Orphanage
- 4. Home for physically & mentally challenged individuals
- 5. Home for Destitutes

#### II Social Nurse affecting health

- 1. Mahila Mandal
- 2. Food & Adulteration Lab
- 3. Community Kitchen
- 4. NARI

#### **III. Others**

- 1. Family Welfare Bureau
- 2. Industrial Visit
- 3. IEC Bureau
- 4. B.D.O.
- 5. Gram Panchayat
- 6. Zilla Parishad
- 7. Panchayat Samiti
- 8. PHC
- 9. Sub Center
- 10. Rural Hospital
- 11. Community Health Center
- 12. Anganwadi

Above visits should be completed in related subject during 4 years

#### Maharashtra University of Health Sciences External Practical Evaluation Guidelines IV Basic B.Sc Nursing Subject:- Community Health Nursing

50 Marks

Internal Examiner 25 Marks Nursing Procedure (Home visit) (15 marks) 15 marks Approach to family 3 • Selection of need based procedure 3 • Bag Technique(Skills in performing procedure) 4 • Follow the scientific principles 3 • Post care of bag and equipment 2 Viva (10 Marks) 10 Marks • Health planning and national health policies 2 3 • Family health care • Role and responsibilities of CHN in primary health care 3 National and International agencies 2 • **External Examiner** 25 Marks Nursing Process (Health Education) (15 Marks) 15 marks Need based health teaching 3 • Content, Organization and Presentation 4 • Used of A.V.aids 3 • Professional qualities 3 • Effectiveness 2 10 Marks Viva (10 Marks) • National Health and family welfare programmes 3 • Public health and community health nursing administration 3 • Health Care delivery system (Rural and Urban) 4

#### COMMUNITY HEALTH NURSING PRACTICAL EXAMINATION PRACTICAL / ORAL MARK LIST

#### NAME OF THE EXAMINATION : COMMUNITY HEALTH NURSING PRACTICALS

MONTH :

YEAR :

FOURTH YEAR Basic B. Sc NURSING :

MARKS: 50

SUBJECT : COMMUNITY HEALTH NURSING

#### <u>CENTRE :</u>

Roll No			aminer	Total	Total	
	Procedure	Viva voce	Nursing process	Viva voce		
	15	10	15	10	50	25

#### Signature of the Internal Examiner

Signature of the External Examiner

Date :

Date :

# NURSING RESEARCH AND STATISTICS

Total Hours : Theory – 45 Hour

Practical – 30 Hours per Week (Project work to be carried out during internship)

#### **Course Description:**

The course is designed to enable students to develop an understanding of basic concepts of research, research process and statistics and to enable them to conduct/participate in need based research studies in various settings. Further the students will be able to utilize the research findings to provide quality-nursing care.

Total marks - 100

Specific objectives: At the end of the course, the students will be able to:

- 1. Define the terms and concepts of nursing research.
- 2. Identify needs and scope of nursing research.
- 3. Define research problems.
- 4. Locate and list sources of literature review including operational definitions and conceptual framework.
- 5. Describe different approaches and research designs in nursing research.
- 6. Describe sample and sampling technique.
- 7. Develop tool for data collection.
- 8. Conduct pilot study to confirm reliability and validity of tool before data collection
- 9. To enumerate steps of data analysis and present data summary
- 10. Use descriptive and co- relational statistics in data analysis.
- 11. Conduct group project and write report.

Unit	Time (Hrs)	Learning Objectives	Content	Training Learning Activities	Assessment Methods
I	4	<ul> <li>Describe the concept of research, terms, need and areas of research in nursing.</li> <li>Explain the steps of research process.</li> </ul>	<ul> <li>Research and research process</li> <li>Introduction and need for nursing research.</li> <li>Definition of Research &amp; nursing research.</li> <li>Steps of scientific method.</li> <li>Characteristics of research.</li> <li>Steps of research process -overview</li> </ul>	<ul> <li>Lecture Discussion.</li> <li>Narrate steps of research process followed from examples of published studies.</li> </ul>	<ul> <li>Short answer</li> <li>Objectiv e type</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Training Learning Activities	Assessment Methods
II	3	• Identify and state the research problem and objectives	<ul> <li>Research</li> <li>Problem/Question</li> <li>Identification of problem area. &amp;Problem statement.</li> <li>Stating objectives of the research problem.</li> </ul>	<ul> <li>Lecture Discussion.</li> <li>Exercise on writing statement of problem and objectives</li> <li>Each student selects a research problem</li> </ul>	<ul> <li>Short answer.</li> <li>Objectiv e type</li> </ul>
III	3	• Review the related literature	<ul> <li>Review of Literature</li> <li>Steps in review of literature</li> <li>Identification of Publication</li> <li>Keeping a record</li> <li>Writing the review of literature</li> <li>Writing of Bibliography</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Exercise on reviewing one research report/ article for a selected research problem.</li> <li>Prepare annotated bibliography (5)</li> </ul>	<ul> <li>Short answer</li> <li>Objecti ve type</li> </ul>
IV	4	• Describe the research approach es and designs	<ul> <li>Research approaches and designs</li> <li>Historical, survey and experimental</li> <li>Qualitative and Quantitative designs</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explain types of research approaches used from examples of published and unpublished research studies with rationale.</li> </ul>	<ul> <li>Short answer</li> <li>Objectiv e type</li> </ul>
V	8	<ul> <li>Explain the sampling process</li> <li>Describe the methods of data collection</li> <li>Developing and standardizi ng an instrument</li> </ul>	<ul> <li>Sampling and data collection</li> <li>Definition of Population, Sample, Sampling criteria, factors influencing sampling process, types of sampling techniques.</li> <li>Data collection Methods and instruments</li> <li>Questionnaire, interview, records &amp; reports and other techniques</li> <li>Validity &amp; Reliability of the instrument</li> <li>Pilot Study</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Prepare the tool in respect to the selected research problem.</li> </ul>	<ul> <li>Short answer</li> <li>Objecti ve type</li> </ul>

Unit	Time	Learning	Content	Training Learning	Assessment
VI	(Hrs) 15	<b>Objectives</b>	Introduction to	Activities	Methods Short
	15	<ul> <li>Explain the use of statistics, scales of measuremen t and graphical presentation of data</li> <li>Describe the measures of central tendency and variability and methods of correlation</li> </ul>	<ul> <li>Introduction to statistics</li> <li>Definition, use of statistics, scales of measurement</li> <li>Frequency distribution and graphical presentation of data</li> <li>Mean, Median, Mode, standard deviation</li> <li>Normal probability and tests of significance</li> <li>Coefficient of correlation</li> <li>Inferential statistics and types</li> <li>Statistical packages and its application</li> </ul>	<ul> <li>Lecture, discussion</li> <li>Practice on graphical presentations</li> <li>Practice on computation of measures of central tendency, variability &amp; correlation</li> </ul>	<ul> <li>Short answer</li> <li>Objectiv e type</li> </ul>
VII	4	• Analyze, interpret and summarize the research date	<ul> <li>Analysis of Data</li> <li>Compilation, Tabulation</li> <li>Classification, summarization, presentation, interpretation of data</li> </ul>	<ul> <li>Lecture, discussion</li> <li>Preparation of sample tables</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> </ul>
VIII	4	• Communica te and utilize the research findings.	<ul> <li>Communication and utilization of Research</li> <li>Communication of research findings</li> <li>Verbal report</li> <li>Writing research report</li> <li>Writing scientific article/ paper- Critical review of published research</li> <li>&amp; Utilization of research findings</li> </ul>	<ul> <li>Lecture, discussion</li> <li>Writing group research project &amp; presentation</li> </ul>	<ul> <li>Short answer</li> <li>Objectiv e type</li> <li>Assessm ent of group research Project</li> </ul>

Research Project work to be carried out during internship

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- 8. Mahajan <u>Methods in Bio statistics</u>.
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#### Evaluation Internal assessment: 100 Marks (College level qualifying exam to appear in 4<sup>th</sup> year University Exam.)

a) Theory: Maximum marks 50

Midterm25Prefinal25

Total marks 50

**b) Project:** Maximum marks 50Assignment: Group project50

Total marks 50

# INTRODUCTION TO NURSING RESEARCH AND STATISTICS PRACTICAL EXPERIENCE GUIDELINE AND EVALUATION FOR

# 4<sup>th</sup> BSc.Nursing

#### NURSING RESEARCH: "PROJECT"

Time Allotted Practical- 45 hrs.

#### Guideline for Research Project

I Aim: Student will identify the role of nurse in conducting research, writing research proposal based on scientific steps and will analyze the data using simple statistical methods. While conducting research project.

II Objectives: Preparing nursing research proposal

- 1) To get an opportunity to select topic or problem to formulate research proposal.
- 2) To follow the steps in research while writing research proposal and conducting project.
- 3) To differentiate and plan specific design in nursing research i.e. experimental and non-experimental including methodology.
- 4) To get an opportunity to frame/construct simple tool or questionnaire to collect data.
- 5) To follow the basic principles of data analysis including simple tables and statistical methods for proceedings and interpretation of data.
- 6) To be familiar to write research report to communicate the findings including bibliography, foot notes and future recommendations.
- 7) To present nursing research proposal as group activity.
- 8) Learns to use computers.
- .III Guide line / check list to prepare / Nursing research proposal & project
  - 1) Selection of research problem : Select your interest area of research, based on felt need, issues, social concern in nursing field.
    - a) State the problem, brief concise, clear.
    - b) State the purpose of selected study & topic
    - c) State objective of study/proposal/project.
    - d) State the hypothesis if necessary (optional).
    - e) Prepare conceptual framework based on operational definition (optional).
    - f) Write scope and delimitation of Research Proposal.
- 2) Organizing for Review of Literature
  - a) It adas in to needs to conduct Research project.
  - b) To study related and relevant literature which helps to decide conceptual framework and research design to be selected for your study.
  - c) To add specific books, bulletins, periodicals, reports, published and unpublished dissertations, encyclopedia, text books.
  - d) Organize literature as per operational definition.
  - e) To prepare summary table for review of literature. (Optional)

#### 3) Research Methodology: To determine logical structure & methodology for research project

- a) Decide and state approach of study i.e. experimental or non-experimental.
- b) To define/find out variables to observe effects on decided items & procedure (optional)
- c) To prepare simple tool or questionnaire or observational check list to collect data.
- d) To determined sample and sampling method.
- i) mode of selection ii) Criterias iii) Size of sampleiv) Plan when, where and how data will be collected
- e) To test validity of constructed tool (To check content in tool in relation to stated objectives) with experts / teachers opinion.
- t) To check reliability by implementing tool before pilot study (10% of sample size)
- g) To conduct pilot study by using constructed tool for 10% selected sample size.

#### 4) Data Collection: To implement prepared tool

- a) To implement constructed tool
- b) Decide location
- c) Time
- d) Write additional information in separate exercise book to support inferences and interpretation.
- 5) Data analysis and processing presentation
  - a) Use appropriate method of statistical analysis i.e. frequency and percentage.
  - b) Use clear frequency tables, appropriate tables, graphs and figures.
  - c) Interpretation of data:
    - i) In relation to objectives
    - ii) Hypothesis (Optional)
    - iii) Variable of study or project (Optional)
    - iv) Writing concise report
- 6) Writing Research report

a) Aims:

- i) To organize materials to write project report
- ii) To make comprehensive full factual information
- iii) To use appropriate language and style of writing
- iv) To make authoritative documentation by checking footnotes, references & bibliography
- v) To use computers.
- b) Points to remember
  - a) Develop thinking to write research report.
  - b) Divide narration of nursing research report.
  - c) Use present tense and active voice
  - d) Minimize use of technical language
  - f) Use simple, straightforward, clear, concise language
  - g) Use visual aids in form of table, graphs, figures
  - h) Treat data confidentially
  - i) Review, rewrite if necessary

### **EVALUATION CRITERIA FOR PROJECT REPORT**

Maximum Marks: 100

Sr. No.		Criteria			Ra	tin	g		Remarks
NO.			1	2		3	4	5	
Ι	State	ement of the problem							
	1.	Significance of the problem selected							
	2.	Framing of title and objectives							
II	Lite	rature Review							
	3.	Inclusion of related studies on the topic, and its relevance							
	4.	Operational definition							
III	Rese	earch Design							
	5.	Use of appropriate research design							
	6.	Usefulness of the research design to draw the inferences among stud variables / conclusion							
IV	Sam								
	7.	Identification and description of the target population							
	8.	Specification of the inclusion and exclusion criteria							
	9.	Adequate sample size justifying he study design to draw conclusions.							
V	Data	a Collection Procedure							
	10.	Preparation of appropriate tool							
	11.	Pilot study including validity and reliability of tool							
	12.	Use of appropriate procedure / method for data collection							
VI	Ana	lysis of Data & Interpretation							
	13.	Clear and logical organization of the findings							
	14.	Clear presentation of the tables (Title, table & Column heading)							
	15.	Selection of appropriate statistical tests							

Sr.					R	atin	g		Remarks
No.		Criteria	1	2	Т	3	4	 5	
Vll	Ethic	cal Aspects							
	16.	Use of appropriate consent process							
	17.	Use appropriate steps to maintain ethical aspects							
		and principles (physical harm etc.)							
VIII	Inter	Interpretation of the fmdings							
	18.	Consistent and appropriate discussion of the Results							
IX	Conc	Conclusion							
	19.	Summary and recommendations for to Nursing Practice / Education / Administration							
X	Prese	entation I Report writing							
	20.	Organization of the project work including							
		Language and style of presentation							
		Maximum marks							100
		Marks obtained							
		Marks sent to University							/ 50

Remarks by the Supervisor / Guide

Date:

Signature

Signature of the students Date

# **MANAGEMENT OF NURSING SERVICE & EDUCATION**

Total hours: Theory: 90 Hrs

(Class 60 + Lab 30 hrs)

## **Course Description**:

This course is designed to enable students to acquire in-depth understanding of management of hospital services, management of nursing services and nursing educational programmes. This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the Nursing profession.

## Specific objectives: At the end of the course student will be able to

- 1. Understand the principles and functions of management
- 2. Understand the elements and process of management
- 3. Appreciate the management of nursing services in the hospital and community.
- 4. Apply the concepts, theories and techniques of organizational behaviour and human relations.
- 5. Develop skills in planning and organizing in service education
- 6. Understand the management of nursing educational institutions.
- 7. Describe the ethical and legal responsibilities of a professional nurse
- 8. Understand the various opportunities for professional advancement.

	Tiı	me			Teaching	Assessment
Unit	(H	rs)	Objectives	Content	Learning	methods
	Th.	Pr.			activities	
I	(4) 1 1 1 1 1		<ul> <li>Explain the principles and functions of managemen t</li> </ul>		<ul> <li>Lecture Discussion</li> <li>Explain using organizatio n chart</li> </ul>	• Short answers
II	<ul> <li>(6)</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> </ul>		Describe elements and process of management	<ul> <li>Management Process</li> <li>Planning, mission, philosophy, objectives, operational plan</li> <li>Staffing: Philosophy, staffing study, norms, activities, patient classification system, scheduling</li> <li>Human resource management, recruiting, selecting, deployment, retaining, promoting, superannuation.</li> <li>Budgeting: Concept, principles, types, cost benefit analysis audit</li> <li>Material management: equipment and supplies</li> <li>Directing process (Leading)</li> <li>Controlling: Quality management</li> <li>Program Evaluation Review Technique (PERT), Bench marking, Activity Plan (Gantt Chart)</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Simulated Exercises</li> <li>Case studies</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> </ul>

Unit	Tin		Objectives	Contont		Teaching		Assessment methods
	(Hr Th.	s) Pr.	Objectives	Content		Learning activities		methods
	(8) 1 1 1 2 1 2	5	To understand the modern concepts, components and changing trends in hospital organization	<ul> <li>Hospital Organization</li> <li>Definition, types and functions of hospital</li> <li>Governing body- Hospital administration</li> <li>Control &amp; line of authority</li> <li>Hospital statistics including hospital utilization indices</li> <li>Role of hospital in comprehensive health care</li> <li>Development of new management practices: Marketing of Hospitals, Specialty Hospitals</li> </ul>	•	Preparation of organizatio n chart of hospital	•	Essay type Short answers MCQ
	<ul> <li>(8)</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> <li>1</li> </ul>	20	Describe the management of nursing services in the hospital and community	<ul> <li>Management of nursing services in the hospital</li> <li>Planning</li> <li>Hospital &amp; patient care units including ward management</li> <li>Emergency and disaster management</li> <li>Human resource management</li> <li>Recruiting, selecting, deployment, retaining, promoting, superannuation</li> <li>Categories of nursing personnel including job description of all levels</li> <li>Patients/ population classification system</li> <li>Patients/ population assignment and nursing care responsibilities</li> <li>Staff development and welfare programmes</li> <li>Budgeting: Proposal, projecting requirements for staff, equipments and supplies for</li> <li>Hospital and patient care units</li> <li>Emergency and disaster management</li> <li>Material management: Procurement, inventory control, auditing and maintenance in</li> <li>Hospital and patient care units</li> <li>Emergency and disaster management</li> </ul>	•	Lecture Discussion Demonstra tion Case studies Supervised practice in ward- writing indents, preparing rotation plan and duty roaster, ward supervisio n Assignme nt on duties and responsibi lities of ward sister Writing report Preparing diet sheets	• • •	Essay type Short answers Assessmen t of problem solving exercises Assessmen t of the assignment s Performanc e evaluation by ward sister with rating scale

Unit	Tin (Hr Th.		Objectives	Content	Teaching Learning activities	Assessment methods
	2			<ul> <li>Directing &amp; Leading: delegation, participatory management</li> <li>Assignments, rotations, delegations</li> <li>Supervision &amp; guidance</li> <li>Implement standards, policies, procedures and practices</li> <li>Staff development &amp; welfare</li> <li>Maintenance of discipline</li> <li>Controlling/ Evaluation</li> <li>Nursing rounds/ visits, Nursing protocols, Manuals</li> <li>Quality assurance model, documentation</li> <li>Records and reports</li> <li>Performance appraisal</li> </ul>		
V	(5) $1$ $1$ $1$ $1$ $1$ $1$ $(5)$	5	<ul> <li>Describe the concepts, theories and techniqu es of</li> <li>Organiza tional behavior and human relations</li> </ul>	<ul> <li>Organizational behavior and human relations</li> <li>Concepts and theories of organizational behaviors</li> <li>Review of channels of communication</li> <li>Leadership styles, Power, types</li> <li>Review of motivation: concepts and theories</li> <li>Group dynamics</li> <li>Techniques of:</li> <li>&gt; Communication and</li> <li>&gt; Interpersonal relationships</li> <li>&gt; Human relations</li> <li>Public relations in context of nursing</li> <li>Relations with professional associations and employee union</li> <li>Collective bargaining</li> </ul>	<ul> <li>Discussion</li> <li>Role plays</li> <li>Group games</li> <li>Self assessmen t</li> <li>Case discussion</li> <li>Practice session</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessmen t of problem solving</li> </ul>
VI	(5) 1 1 1 1 1 1	5	Participate in planning and organizing in-service education program	<ul> <li>Nature &amp; scope of in-service education program</li> <li>Organization of in-service education</li> <li>Principles of adult learning</li> <li>Planning for in-service education program, techniques, methods, and evaluation of staff education program</li> <li>Preparation of report</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Plan and conduct an education al session for in- service nursing personnel</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assess the planning and conduct of education al session</li> </ul>

VII	(10)	Describe	Management of Nursing	• Lecture	• Essay
		management	educational institutions	Discussion	type
	1	of Nursing	• Establishment of nursing	• Role plays	Short
		educational	educational institution – INC	Counselin	answers
		institutions	norms and guidelines	g session	

Unit	Tin (Hr		Objectives	Content	Teaching Learning	Assessment methods
	Th.	Pr.			activities	memous
	1 n. 1 1 1 1 1 3 1 1 1 1 1	Pr.		<ul> <li>Co-ordination with         <ul> <li>Regulatory bodies</li> <li>Accreditation</li> <li>Affiliation – Philosophy/ Objectives, Organization</li> <li>Structure</li> <li>Committees</li> <li>Physical facilities</li> <li>College / School</li> <li>Hostel – Students</li> <li>Selection</li> <li>Admission procedures</li> <li>Guidance and counseling</li> <li>Maintaining discipline- Faculty and staff</li> <li>Selection</li> <li>Recruitment</li> <li>Job description</li> <li>Placement</li> <li>Performance appraisal</li> <li>Development and welfare</li> <li>Budgeting</li> <li>Equipments and supplies: audio visual equipments, laboratory equipments, books, journals etc.</li> <li>Curriculum: Planning, Implementation and Evaluation</li> <li>Clinical facilities</li> <li>Transport facilities</li> </ul> </li> </ul>	Group exercises	
				reports – Administrative, Faculty, Staff and Students.		
VIII	(10) 4 1		<ol> <li>Describe the ethical and legal responsibilitie s of a professional nurse</li> <li>Explain the Nursing practice standards</li> </ol>	<ul> <li>Nursing as a Profession</li> <li>Nursing as a Profession</li> <li>Philosophy; nursing practice</li> <li>Aims and Objectives</li> <li>Characteristics of a professional nurse</li> <li>Regulatory bodies; INC, SNC Acts:- Constitution, functions</li> <li>Current trends and issues in Nursing</li> <li>Professional ethics</li> <li>Code of ethics; INC, ICN</li> <li>Code of professional conduct; INC, ICN.</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Case discussion</li> <li>Panel discussion</li> <li>Role plays</li> <li>Critical incidents</li> <li>Visit to INC/ SNRCs</li> </ul>	Short answers Assessme nt of critical incidents

Unit	Tin (Hr		Objectives	Content	Teaching Learning	Assessme nt			
	Th.	Pr.	Objectives	Content	activities			8	
IX	(4) 1 1 1 1 1		Explain various opportunities for professional advancement	<ul> <li>Practice standards for nursing; INC</li> <li>Consumer Protection Act</li> <li>Legal aspects in Nursing</li> <li>Legal terms related to practice; Registration and licensing</li> <li>Legal terms related to Nursing practice; Breach and penalties</li> <li>Malpractice and Negligence</li> <li>Professional Advancement</li> <li>Continuing education</li> <li>Career opportunities</li> <li>Collective bargaining</li> <li>Membership with Professional Organizations; National and International</li> <li>Participation in research activities</li> <li>Publications; Journals, Newspaper etc.</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Review/ Presentatio n of published articles</li> <li>Group work on maintenanc e of</li> </ul>	• Short answer s			
					bulletin board				

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- 2. Shakharkar, B M. Principles of Hospital Administration and Planning, Jaypee Brothers: Banglore, 1998.
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- 11. Hersey, P. ,Blanchard, H K & Johnson, E D. <u>Management of Organizational Behavior</u>, Pearson Education Indian Branch: New Delhi, 2002.
- 12. Barret, Jean. <u>Ward Management and Teaching</u>, 2<sup>nd</sup> edn, English Book Society: New Delhi, 1967.

# Evaluation

# Internal assessment

Theory:	Maximum marks 25			
Midterm		50		
Prefinal		75		
	Total marks 125			
	Out o	f 15		
Assignment:				
Seminar		100		
Ward management	25			
Diet sheet		25		
Clinical evaluation	100			
	Total marks	250		
	Out of 10	)		
External assessment				

University examination Theory

Marks 75

Examination	Sec – A	Sec - B	Sec - C	Total	Duration
Marks allotted					
Mid term	10	20	20	50	2 hours
Pre-final	15	30	30	75	3 hours
Final	15	40	20	75	3 hours

## ASSIGNMENT FORMAT FOR GROUP SEMINAR

- 1. Introduction to the topic
- 2. Concept, Definition
- 3. History
- 4. Subject matter
- 5. Application in nursing field
- 6. Summary
- 7. Conclusion
- 8. References

# **EVALUATION CRITERIA**

Subject:Topic:Name of the student:Group:

Date: Time: Total Marks: 100 Marks allotted:

S No	Criteria	1	2	3	4	5	Remarks
Ι	Subject Matter						
	1. Introduction						
	2. Organization of Content						
	3. Presentation of topic						
	4. Relevant examples						
	5. Relevant statistical data						
	6. Group participation						
	7. Control of group						
	8. Conclusion						
II	A V Aids						
	9. Appropriate toTopic						
	10. Self Explanatory						
	11. Useful						
	12. Attractive						
	13. Planning and preparation						
	14. Use of appropriate technology						
III	Physical facilities						
	15. Environment						
	16. Classroom preparation						
	17. Classroom management						
IV	Personal Qualities						
	18. Voice and clarity						
	19. Mannerism						
	20. References						

# **Guidelines for Ward Management Report**

- 1. Introduction
  - ➢ Name of the ward
  - Duration of experience with dates
  - Objective of ward administration experience
- 2. Organization chart of the ward
  - Draw the organization chart of the ward and hospital depicting staff position along with communication channels and hierarchical lines
- 3. Ward lay out and physical facilities of the ward
  - Describe the ward lay out and physical facilities available and compare it with the standards of an ideal ward
- 4. Reports and Records
  - > Describe the various reports and records maintained in the ward
  - Study these documents critically for completeness, accuracy and relevance and give your suggestions and recommendations.
- 5. Procedures & Policies
  - > Study the policies and procedures and critically evaluate them
  - > Indenting drugs, stores, supplies & describe them briefly
  - Admission & discharge and transfer
  - Visitors
  - Outpass, absconding
  - Critically ill patient, Death
  - > Treatments
  - Emergency care
  - > SOP for Anaphylaxis, HIV infections, Needle stick injuries, Hospital waste management
  - Security of the ward
  - ➢ Fire drills
  - Preparation of diet sheet
- 6. Classify the various types of drugs, stores, supplies and equipments in the ward Study the procedure for maintenance, store and supplies
- 7. Enlist the suggestions and recommendations
- 8. Conclusion

# **EVALUATION CRITERIA**

1.	Comprehensive	: 5
2.	Clear & Relevant	: 5
3.	Critical analysis	: 5
4.	Suggestions & Recommendations	: 5
5.	Conclusion	: 5
	Total	25

## **GUIDELINES FOR ASSIGNMENTS: DIET SHEET**

# 1. Diet sheet

- a) Daily basis
  - Study the different types of hospital diets & their dietary allowances and write a brief report
  - > Notes the prescribed diet for each patient
  - Records in diet sheet
- b) Give references and illustrations (Figure, graph and picture)
- c) Conclusion (Highlight learning achieved)

# **EVALUATION CRITERIA**

1.	Clarity and comprehensiveness	: 5
2.	Accuracy of diet sheet	: 5
3.	Preparation of diet sheet	: 5
4.	Reference & Illustration	: 5
5.0	Conclusion	: 5

Total: 25

#### **BASIC B Sc NURSING**

# LAB EVALUATION : WARD ADMINISTRATION

Total Marks : 100 Placement:

S No	Criteria	4	3	2	1
Ι	Professional Appearance				
	1. Is well groomed & neat uniform				
	2. Is able to maintain good poise				
II	KNOWLEDGE				
	3. Has knowledge regarding nursing responsibilities in				
	a. Organization & planning in days work				
	b. Meeting emergency needs				
	c. Providing comprehensive patient care				
	d. Indenting, maintaining & dispensing of drugs				
	e. Holding of inventories and care of equipments				
	4. Has knowledge of various records related to patient care.				
	5. Has knowledge of communication process				
III	PRACTICE				
	6. Is able to communicate effectively with different health				
	team members				
	7. Is able to coordinate with healthy member				
	8. Is able to plan & conduct clinical teaching programmes				
	9. Is able to conduct incidental teaching at the bed side				
	10. Is able to render nursing according to identified nursing				
	needs & problems				
IV	LEADERSHIP				
	11. Is able to inspire confidence and has patience in dealing				
	at all times				
	12. Is enthusiastic and approachable				
	13. Is willing to accept consequences of decision and action				
	14. Is able to accept leadership roles voluntarily				
	15. Co-operative and maintains good IPR				
	16. Avails opportunities for personal & professional growth				
	17. Practices democratic approach in all dealings				
V	<b>RECORDING, REPORTING AND EVALUATING</b>				
	18. Able to record & report all relevant facts accurately				
	19. Evaluate objectively				
	TOTAL				L

#### **GRADING**:

# KEY:

- 1. A+ : 80% & above
- 2. A : 70 79%
- 3. B : 60 69%
- 4. C : 50 59%
- 5. D : Below 49%

- 4 Always
- 3-Most often
- 2 Occasionally
- 1-Seldom

Student's Name:

# MARKS OBTAINED

Pen picture of student

Signature of student

Signature of clinical supervisor

Signature of Coordinator

Signature of Principal

# **GUIDELINES FOR LAB / PRACTICAL EXPERIENCE**

- ✤ Admission and discharge and transfer of patients
- ✤ Assignment of duties in ward
- Preparation of duty roaster
- Supervision of nursing care
- Indenting of drugs, stores and supplies
- ✤ Maintenance of dangerous drugs Indenting, Storing, Accounting, Recording
- ✤ Diet Maintenance of diet sheet
- Inventories Expendable and non-expendable
- Repair and replacements
- ✤ Ward report Written and Oral reports
- Supervision and guidance of paramedical staff and domestic staff

## **Evaluation formats for Nursing service Administration and Education**

- 1. Duties and responsibilities of ward sister 25 mark
- 2. Planning and implementation of an in service education programme 25 mark
- 3. Performance appraisal preparation of format 25mark

#### Assessment of group assignment

Sr.	Particulars	Total
	Objectives	02
1)	Contents	
	✤ Adequacy	3
	<ul> <li>Organization</li> </ul>	3
	✤ Relevance	3
	✤ Illustration	2
2)	Presentation	
	✤ Clarity	2
	<ul> <li>Appropriate use of AV aids</li> </ul>	3
	<ul> <li>Group Participation</li> </ul>	3
3)	Conclusion and summary	2
4)	Reference	2
	Total	25

# **Internship (Integrated Practice)**

Sr. No	Subject	Theory	Practical (In hrs)	In weeks
1.	Midwifery and Obstetrical nursing		240	5
2.	Community Health Nursing II		195	4
3.	Medical Surgical Nursing (adult And Geriatrics) with nursing administration		430	9
4.	Child Health Nursing		145	3
5.	Mental Health Nursing		95	2
6.	Research Project		45	1
	Total Hours		1150	24

## Note:

- 1. Internship means 8 hours of integrated clinical duties in which 2 weeks of evening and night shift duties are included.
- 2. Recommended hours of theory should be completed as day system/ block system prior to each posting.
- 3. Internship should be carried out as 8 hours per day @ 48 hours per week
- 4. Students during internship will be supervised by nursing teachers
- 5. Fourth year final examination to be held only after completing internship.

#### Obstetrical Nursing – Practical - 5 weeks (240 hours)

Tractical 5 weeks (210 hours)						
Area	Duration in	Objective	Skills	Assignment	Assessment	
	weeks				methods	
Labour ward	2	Provide	Integrated	Completion	Assess	
		comprehensive	practice	of other	clinical	
Neonatal	1	care to		essential	performance	
intensive		mothers and		requirements.	with rating	
care unit/		neonates		Case book	scale	
NICU	2			recordings	Completion	
				_	of case book	
Antenatal					recordings	

#### Community Health Nursing II – Practical- 4 weeks (195 hours)

Tractical Tweeks		(=> =	nouisj			
Area	Duratio		Objectives	Skills	Assessment	
	n					
Urban	4 Weeks		Provide comprehensive care to individual, family and community	Integrated practice and group project- / research project 1 in urban		Assess clinical performance with rating scale Evaluation of project

# **Medical Surgical Nursing I and II** Practical – 430hours (9 weeks)

Practical -					1
Areas	Duratio n (in week)	Objectives	Skills	Assignment	Assessmen t Method
Medical surgical ward	4	<ul> <li>Learn the skills of nursing management</li> <li>Provide comprehensive care to patient with medical surgical conditions including emergencies</li> </ul>	Integrated     practice	<ul> <li>Making duty roaster, diet sheet, maintaining inventory, performance appraisal and in-service education.</li> <li>Clinical rounds</li> <li>Bed side case presentations</li> </ul>	<ul> <li>Assess clinical perform ance with rating scale</li> <li>Checkin g with supervis or</li> </ul>
ICU./ CCU,/	2	<ul> <li>To gain proficiency in ICU nursing</li> <li>Develop advance skill in special procedures used in critical care unit.</li> <li>Identify potential problems and provide accordingly</li> <li>Skills in setting and handling ventilator</li> <li>Administer injection in infusion pump.</li> <li>Record accurately findings and medications.</li> <li>Develop IPR with family members.</li> </ul>	<ul> <li>Assist in arterial puncture for blood gas analysis.</li> <li>Perform ECG and interpret accordingly</li> <li>Conduct and analysis pulse oximetry</li> <li>Care with artificial airway.</li> <li>Assist in endotrach eal intubation</li> <li>Setting up ventilator</li> <li>Giving care in ventilator.</li> <li>Drug sheet</li> <li>Observati on of special procedure in OT.</li> </ul>	<ul> <li>Arterial puncture – 5</li> <li>Taking out ECG stripe –5</li> <li>Tracheal suction – 5</li> <li>For all assigned patients.</li> <li>Oxygen administration by CPAP mask and use Ambu bag.</li> <li>Assessment for all assigned patient</li> <li>Nursing care in ventilator</li> <li>Drug sheet</li> </ul>	<ul> <li>Record book</li> <li>Checkin g with supervis or</li> </ul>

Neuro ICU,	1	<ul> <li>Develop skill in neurological assessment.</li> <li>Give care to the patient with head injury and spinal injury.</li> <li>Care with chest surgery and cranial surgery.</li> </ul>	<ul> <li>Assess neurologic al status.</li> <li>Implement care to head injury spinal injury patients.</li> <li>Drug sheet.</li> <li>Pre and postoperati ve care with neuro surgery patients.</li> </ul>	<ul> <li>Assessment for all assigned patients.</li> <li>Nursing care plaln-2</li> <li>Drug sheet</li> </ul>	<ul> <li>Record book.</li> <li>Observati on checklist.</li> </ul>
OT laprosco pic orthoped ic Eye ENT	2	<ul> <li>To gain proficiency in OT nursing</li> <li>Develop advance skill in special procedures used in OT.</li> <li>Identify potential problems and provide accordingly</li> <li>Skills in setting the trolley</li> <li>Record accurately findings and medifications.</li> <li>Develop IPR with family members.</li> <li>Acquint with OT technique</li> </ul>	<ul> <li>Identify instruments</li> <li>Assist in OT set up</li> <li>Supervise sterilization</li> <li>Assist in OT table lay out.</li> <li>Observe immediatel y after operation</li> <li>Supervise infection control</li> </ul>	• Assist – 5 cases	<ul> <li>Record book</li> <li>Checking with supervisor</li> </ul>

## Mental Health Nursing

Tractical- 2 weeks- (95 hours)							
Area	Duration	Objective	Skills	Assignments	Assessment		
Psychiatry	2 weeks	Provide	Integrated	<ul> <li>Journal</li> </ul>	Assess		
ward		comprehensive	Practice	present	clinical		
		care to patients		ation -1	performance		
		with mental			with rating		
		health			scale		
		problems					

#### Practical- 2 weeks- (95 hours)

# **Child Health Nursing**

Practical- 3 weeks- (145 hours)

Area	Duration	Objective	Skills	Assignments	Assessment
Pediatric medicine ward / ICU	1 week	Provide comprehensive care to children with medical conditions	Integrated Practice	Bedside nursing rounds	Assess clinical performance with rating scale
Pediatric surgery ward / ICU	1 week	Provide comprehensive care to children with surgical conditions	Integrated Practice	Bedside nursing rounds	Assess clinical performance with rating scale
NICU	1 week	Provide intensive care to neonates	Integrated Practice	Bedside nursing rounds	Assess clinical performance with rating scale

## **Research Project:**

Practical - 45 Hours (1 week)

Selecting and conducting small group research project (The number of students in a group should not exceed 10). Group project may be conducted in community setting during their clinical experience in community phase or during their clinical experience in the wards.

Group studies may include, studying existing health problems and practices, nursing procedures, health records and patient records etc.